$2 MILLION DOLLAR PRICE DROP ONLY AT VARSITY CHRYSLER SEE PAGE 29 FOR DETAILS

Calgary metro

★ NEW AMERICA ★
What this means metroNEWS

Your essential daily news | WEEKEND, NOVEMBER 10-13, 2016

High 12°C/Low 1°C Mostly sunny

Felix, 5, and Max, 3, listen to their mother Heather Vetsch as she reads a soldier's profile at the Field of Crosses Memorial in Calgary.
ELIZABETH CAMERON/METRO

THE CHANGING FACE OF REMEMBRANCE DAY

metroNEWS

ARE YOU READY!
1,2&3 BEDROOM TOWNHOMES FROM THE $230s
403.455.2100
LaurelsCalgary.com

Laurels OF SADDLESTONE
ASHBURY OF SADDLESTONE

SPORTING LIFE SOUTHCENTRE

NOW OPEN. 100 ANDERSON ROAD SE, CALGARY, T2J 3V1 TEL: 403-313-4477

metro NEWS
Your essential daily news
Metro returns on Monday.

PC insider backs Jansen harassment allegations

LEADERSHIP RACE

Staffer knew of acts against Jansen before she withdrew

Kevin Maimann
Metro | Edmonton

A Jason Kenney supporter says Calgary-North West MLA Sandra Jansen's allegation she was harassed by a group within the PC party she was campaigning to lead are completely true and need to stop.

Warren Mitchell, who served as former Premier Alison Redford's social media manager, says a faction of Alberta conservatives are harassing and mistreating women in the party — and he's sick of it.

"I'm not a Sandra Jansen supporter at all," Mitchell said Wednesday. "That being said, she has absolutely become a lightning rod, almost a proxy for Alison Redford and for every single event that spun out of Alison Redford's time in office.

"It has been the exact same pattern of harassment born out over again."

> **It has been the exact same pattern of harassment.**
> Warren Mitchell

Jansen and former PC MLA Donna Kennedy-Glans were the only two women in the party's leadership race. Both announced Tuesday they were withdrawing.

Jansen cited harassment for her decision – including insults being scrawled on her nomination forms, "filth" directed at her on social media and volunteers from another campaign chasing her down halls "attacking" her for her pro-choice views.

She added in a statement Kenney had brought "Trump-style politics" to Alberta.

Kennedy-Glans said she did not experience the type of harassment described by Jansen.

Kenney issued a statement Wednesday condemning "disrespectful comments" and suggesting no member of his campaign staff has engaged in personal attacks against other candidates.

"Such conduct is even more egregious when directed at women," he said, in the statement. "We need more women involved in politics, and a civil public discourse is important to achieve that goal.

"If anyone supporting my campaign has made personally disparaging remarks about other candidates, I would ask them to apologize, and to participate in a positive and respectful manner."

Progressive Conservative candidates Jason Kenney, left, and Sandra Jansen at a party leadership forum in Red Deer on Saturday. THE CANADIAN PRESS/ DEAN BENNETT

Mitchell said sources in the party made him aware of actions against Jansen before she withdrew.

He posted strong words to Facebook Tuesday, after the Kenney campaign released a statement about Jansen's withdrawal that, in Mitchell's view, avoided direct acknowledgement of the harassment allegations.

Mitchell said Kenney has not done enough to stand against those supporters.

"Unfortunately for [Kenney], people with these ideas of how to treat women in politics like crap, to dehumanize them, to belittle them, to threaten them, they are a part of our supporters," he said.

"It's partisan politics — perception is reality. If you don't stand up to your own supporters when they are misbehaving, that behaviour becomes the lens through which you are viewed."

Alberta Premier Rachel Notley said the PC party needs to seriously investigate what happened.

"If a party or a campaign cannot conduct itself in a way to ensure the most basic of rules around inclusivity — for instance anti-harassment — then quite frankly that party or that campaign is not equipped to govern the province," she said Wednesday.

COURTS

'She never said yes directly'

A man facing trial for the second time in a high-profile sexual assault case said Wednesday his accuser never directly told him it was OK for the two of them to have sex in a bathroom at a house party.

Alexander Scott Wagar, 29, was being cross-examined by Crown prosecutor Janice Walsh, who questioned him about whether he asked the alleged victim at any time if she wanted to have sex with him, or if he felt he needed to do so.

"You made those decisions?" Walsh asked.

"I made those decisions. She never said do this or do that. She never said no. She never said 'Stop, I don't want to do this'," answered Wagar.

"But she never said yes?"

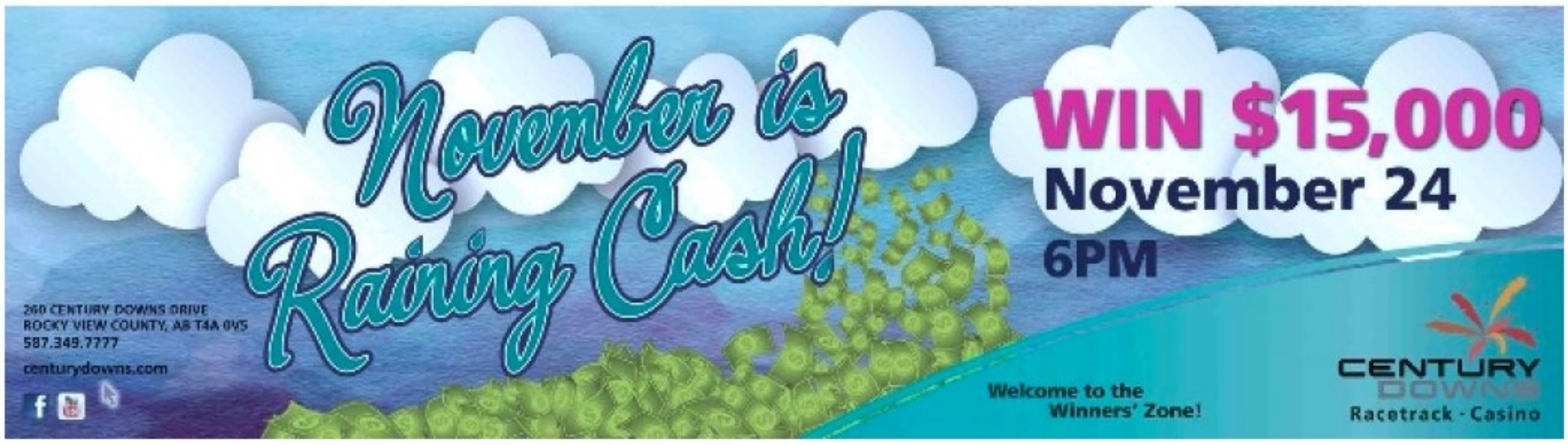
"No," he said.

"She never said yes directly."

During the original trial, Robin Camp, who was then a provincial court judge, asked the complainant why she couldn't just keep her knees together and told her "pain and sex sometimes go together."

Camp acquitted Wagar in 2014, but the verdict was overturned on appeal and a new trial was ordered.

Wagar has insisted during the retrial that the sex was consensual. He testified the two had been smoking pot in the bathroom before it happened and he decided to "go for it." THE CANADIAN PRESS



Stats say fewer collisions but pedestrians at risk

SAFER MOBILITY PLAN

Council bats around ideas on improved road safety

Helen Pike
Metro | Calgary

On the road to pedestrian safety, many have cried out for statistics, data and analysis.

City administration presented the annual update on the safer mobility plan Wednesday, and it showed promising stats, but council's debate indicated a need for more action in the battle for road safety for all.

"We know what doesn't work then, from a lot of this data," said Coun. Druh Farrell. "Looking at this heat map, it's evident where we have problems."

Farrell asked why the city still builds infrastructure in the "same old way" if the data is showing us it's not working, and can even be dangerous.

"We are continually reviewing our standards," said senior traffic safety engineer Tony Churchill. "We're developing proactive processes to make sure that we're building infrastructure as safe as we can.

The city is looking into road safety as infrastructure is designed, so they can ensure motorists, pedestrians and cyclists are safe.

Overall, the city has seen a "sharp decline" between 2015 and 2014 in terms of fatal collisions, according to Churchill.

In the pedestrian realm, there was an eight-per-cent drop in collisions, fatalities remained unchanged, injury collisions were down 11 per cent and the collision rate per capita was down 12 per cent.

One area we're seeing more crashes was on the cyclist side, up 35 per cent over 2014 numbers – but taking into account downtown's 40 per cent increase in bike traffic, administration noted the trend in collisions per trip are down.

The decline in pedestrian incidents, and crashes in general, were attributed to educational factors, enforcement and even the economy.

Compared to Edmonton, Ottawa and Toronto, Calgary's casualty collision rate per 100,000 is 25.2, one of the lowest and almost half of the rate in Toronto.

Despite these figures, the societal cost of collisions is estimated at an alarming $1.02 billion.

"Kudos to city administration," said Coun. Sean Chu. "In conjunction with the city police, you both are doing a great job to keep the collision numbers low. Can we improve? Of course we can, but is it possible to have zero collisions? I doubt it."

ROAD SAFETY

Use cameras, Farrell says

Coun. Druh Farrell wants the city to install red-light and speed cameras more widely.

"I know it's controversial, but they work," said Farrell. "I think we're beyond that discussion, and if they can save lives I think they could be justified."

HELEN PIKE/METRO

A city report pegs the societal costs of traffic collisions at $1.02 billion in 2015. METRO FILE

BRIDGELAND

Police nab 25 in drug bust

The Calgary Police Service has laid 25 charged against seven Calgarians following a two-month long operation targeting drug activity along the river pathway in Bridgeland.

Police started by focusing in on the area using officers from the Mountain Bike Unit, Drug Unit and District 3 Patrol to identify people believed to be selling or possessing drugs along the pathway.

During the operation, officers seized a total of 10.4 grams of crack cocaine worth of $1,050, 11 fentanyl pills worth $220, 6.6 grams of marijuana worth around $200, and more than $6,000 in cash.

Charged as a result of the operation is Prince Chea, 26, Khamis Wolter, 25, James Lamin, 31, Susan Seymour, 52, Frank Goh, 23, Vincent Walker, 55, and Christopher Sterling, 38. METRO

TRANS-CANADA HIGHWAY

Pedestrian hit, killed

Police think a pedestrian may have been impaired by drugs or alcohol when he was struck and killed while walking on the Trans-Canada Highway west of Calgary.

Investigators shut down the eastbound lanes of the highway for about four hours after the 37-year-old man died early Wednesday morning.

Cochrane RCMP say a cab driver called just after midnight and said a man he had picked up had attacked him before he managed to force him out of his vehicle.

THE CANADIAN PRESS

Get the whole picture for $~~50~~ $25.

Now you can get the best TV experience AND blazing-fast internet for our best price yet.
With the Essentials, 6 theme packs and exclusive 4K* content, you'll be proud to show it off.

Get **Optik TV® and Internet 50** for

$~~130~~ $25/mo.

for 6 months when you sign up for 2 years†

Regular bundled price $130/mo.

Learn more at **telus.com/thebest**,
call **310-MYTV (6988)** or visit a TELUS store.

TELUS
the future is friendly®

TELUS STORES

North East

Country Hills Town Centre

Marlborough Mall

Sunridge Mall

1353 32nd Ave. NE

2520 23rd St. NE

North West

Beacon Hill Shopping Centre

Market Mall

North Hill Centre

South East

Chinook Centre

Deerfoot Meadows

Shepard Centre

Southcentre Mall

409 East Hills Blvd. SE

4410 50th Ave. SE

4825 Macleod Trail S

6039 Centre St. S

6100 Macleod Trail S

7825 Flint Rd. SE

South West

Bow Valley Square

The Core

Shawnessy Shopping Centre

Westbrook Mall

Westhills Town Centre

321 6th Ave. SW

2008 33rd Ave. SW

Airdrie

30 Market Blvd.

Cochrane

201 Grand Blvd. W

Okotoks

31 Southridge Dr.

118 Elizabeth St.

Rocky View County

CrossIron Mills

Strathmore

55 Wheatland Trail

*4K television required to watch 4K. Optik 4K PVR and Internet 50 or above required to watch 4K on Optik. Minimum system requirements apply. Subscription to corresponding channels required, not available with all channels. Final eligibility for the services will be determined by a TELUS representative. For more information, visit telus.com/4k. †Offer available until November 15, 2016, to residential customers who have not subscribed to TELUS TV, Internet or Home Phone in the past 90 days. Cannot be combined with other promotional offers. TELUS reserves the right to modify channel lineups and packaging, and regular pricing without notice. HDTV-input-equipped television required to watch HD. The Essentials or Lite is required for all Optik TV subscriptions. Internet access is subject to usage limits; additional charges apply for exceeding the included data. Cancellation fee will be $15 multiplied by the number of months remaining in the term, plus applicable taxes. Free installation and equipment rental are not available with Lite. If you downgrade to Lite, regular rental fees will apply starting in the month of the downgrade and cancellation fees will apply as above. TELUS, the TELUS logo, Optik, Optik TV, the future is friendly and telus.com are trademarks of TELUS Corporation, used under licence. All copyrights for images, artwork and trademarks are the property of their respective owners. All rights reserved. © 2016 TELUS.

Calgary's newest skatepark is showing cracks in the clamshell portion of the bowl. ELIZABETH CAMERON/FOR METRO

Cracks showing in new skatepark

RAMP REPAIR

City will look into a fix but park will remain open

Helen Pike
Metro | Calgary

Skate on a crack, and you may just break your back.

One of Calgary's newest skateparks has been open for business since March, but the new park smell hasn't been enough to keep the pavement surface smooth for users.

Currently, the city is investigating what may have caused a number of cracks on the "clamshell" portion of the bowl to figure out what kind of repair could be made to remedy the imperfections.

The park will remain open, and according to city spokeswoman Lisa Fleece, planners aren't too concerned about the damage.

Fleece said the capital projects division of the city has been aware of the cracks for a week and are working with the consultant to find the cause.

"The crack is big enough for your skateboard truck to get stuck," said Zev Klymochko, of the Calgary Association for Skateboarding Enthusiasts. "It would cause the rider to stop and likely fall off."

Klymochko said he hasn't ridden on the strip since taking photos of it to let his membership know of the danger, but is comfortable in calling the clamshell "close to unusable," and potentially dangerous in its current state.

He said CASE wants the city to fix it as soon as possible while the weather is still good, rather than waiting until spring.

Fleece said the city is still assessing the issue to come up with a fix.

This isn't the first time the city has had issues with the project. During construction, the contractor had to redo a cement pour for part of the bowl after the steel coping around the bowl wasn't covered the first time around.

> **The crack is big enough for your skateboard truck to get stuck. It would cause the rider to stop and likely fall off.**
> Zev Klymochko

At the time, the city said the work didn't "meet design specifications," so the contractor was asked to redo it.

Klymochko said the cracked portion in question wasn't redone during construction.

Aesthetics Today

Skinpossible® LASER & LIGHT SOLUTIONS

3 WAYS TO GET RID OF WRINKLES & SCARS!

ROBERTA SEGAR
Certified Laser Specialist

Wouldn't it be great if we could toss ourselves in the dryer for ten minutes and come out wrinkle-free? Few things cause us to age in appearance more that wrinkles.

What causes wrinkles and fine lines?

Many factors contribute to their development. Genetics, lifestyle habits such as smoking and diet, and environment all play a role. Most people will develop wrinkles eventually but some will wrinkle prematurely and to a greater extreme. The biggest contributing factor that is preventable is sun exposure. Development of wrinkles can be delayed with daily use of SPF, a healthy lifestyle and skincare that includes retinol. What can be done to get rid of wrinkles once you have them? Getting rid of wrinkles is possible with lasers!

Laser treatments can safely and effectively:

- Minimize wrinkles & fine lines
- Soften deep lines & wrinkles
- Remove sun damage & age spots
- Improve acne and other scars
- Stimulate collagen to tighten skin
- Erase textural irregularities
- Reduce pore size

Several types of lasers can be used to smooth out wrinkles and other textural irregularities of the skin. The treatments are either ablative or non-ablative. Non-ablative treatments deliver energy beneath the surface of the skin non-invasively. Ablative treatments penetrate into the skin and are more invasive requiring a few days of downtime. Ablative treatments can deliver superior results and are done with lasers known as a CO2 or an Erbium Yag. Both of these lasers are excellent and Skinpossible has both. We also have a non-ablative alternative for people who do not want the downtime of the more aggressive options.

1) Deep Fractionated Resurfacing:

During a deep resurfacing treatment thousands of very narrow perforations are created in the skin utilizing a very narrow laser microbeam about the width of a human hair. The laser scans one small area at a time and delivers heat so quickly that the tissue is literally vaporized to remove columns of tissue. This initiates the body's natural wound healing response which heals the surrounding zone of affected skin by creating new collagen. Within a period of five days post treatment the damaged skin exfoliates and a new layer of skin develops to reveal a smoother, healthier, clearer complexion. Over the next few months a new collagen foundation develops to further tighten the skin, improve skin texture and tone, and pull out lines and wrinkles. Deep laser skin resurfacing offers all of these benefits in a single treatment, with minimal downtime! Deeper wrinkles, particularly those around the mouth, and acne scars may require additional treatments.

2) Microlaser Peels:

This treatment is more superficial, but allows us to deliver a greater number of fractionated perforations or even a complete peel. It offers the same benefits as deep resurfacing but to a lesser degree. The superficial nature of a microlaser peel allows us to treat the skin on the neck and chest and go right up to the eye lashes with the use of intraocular shields. For people with only minor textural irregularities it is an excellent option that is less invasive. An added benefit of a laser peel is that it can literally peel off sun damage.

Deep Resurfacing can be combined with a microlaser peel to compound the benefits of both treatments. Every treatment is customized based on the condition of the skin on various areas of the face, neck or chest. We can treat more aggressively with deep perforations where lines and wrinkles are more pronounced. We can also cause more peeling where necessary to remove darker spots of sun damage where it appears. Which laser we use, the CO2 or the Erbium Yag, is determined based on skintype.

3) Full-Field Resurfacing:

Deep wrinkles such as lip lines may require a more aggressive treatment that actually peels off a thin layer of skin. Five to seven days of downtime can be expected after this treatment.

While all of these treatments do require some downtime it's not uncomfortable downtime. Think of it as an opportunity to have some personal time to accomplish projects at home or simply relax. It's not "stay in bed" downtime, but more like "stay at home" and paint your living room downtime. It's amazing what a week off work can do. For your face and your living room!

There are other laser clinics so why choose Skinpossible?

Because not all treatments work equally well. At Skinpossible we pride ourselves in offering only the very latest in breakthrough technologies. We have more technology than any other clinic in Calgary and all of our technology is tier-one within its class.

Our style of consultation is educational. During a consultation we take the time to thoroughly explain your options and make sure you have all of the information you need to make an informed decision. No pressure. No obligation. Consultations are free and so is parking.

Before **After**

Visit our website to learn more!

Book Your *FREE* Consultation Today!

403.719.6523 | skinpossible.ca

1800-194 Ave SE, Calgary AB | Chaparral Valley Professional Building

Find out what's Possible!

Botox | Dermal Fillers | Acne and Scars
Ultherapy *Skin Tightening and Lifting*
Laser Skin Resurfacing *Wrinkles & Scars*
CoolSculpting *Permanent Fat Reduction*
Laser Skin Tightening
SmoothLiftin *Intra-oral Facelift*
Skin Rejuvenation *Safe for Dark Skin*
Stretch Marks Reduction
Abdominal and Thigh Rejuvenation

Fastest Laser Tattoo Removal *Picosure*
Laser Nail Fungus Removal
IntimaLase *Laser vaginal tightening*
IncontiLase *Laser urinary incontinence*
NightLase *Laser treatment for snoring*
Phototherapy *Sun Damage, Age Spots, Rosacea*
Laser Vein Removal *Face or Legs*
Laser Hair Removal *Painless and Faster*
Hydrafacial *Cleansing, Exfoliates, Extracts & Hydrates*
Medical Peels | Celazome medical skincare

©Skinpossible 2016

The nipple finally freed at Taboo

SCENE YYC

New rules mean women can now bare it all

Aaron Chatha
Metro | Calgary

It may come as a shock, but this year will actually be the first time women can go full frontal at the Taboo: Naughty but Nice Show.

In previous years, laws prevented performers at the adult show from baring it all — they had to wear pasties with bikinis or bras.

"They didn't even allow side boob," laughed show director Kevin Blackburn.

To the joy of all Calgary nip and trick lovers, the Alberta Gaming and Liquor Commission changed their policy just after last year's show — allowing both men and women a new kind of freedom.

"That's obviously going to enhance the stage show and enhance the risqué-ness of the show in general," Blackburn said.

"You can go to a strip club and all that, but it's going to be done a lot differently at our show. It's going to be done elegant — we're looking forward to it being done tastefully and classy."

The annual Taboo show puts a focus on the many aspects of sex. COURTESY TABOO SHOW

Boudoir photographer Mark Laurie has been an exhibitor at the show since the very beginning, and he feels it's matured significantly since it started 16 years ago.

There's something for everyone.

"It's a really well-rounded show," said Laurie. "If you're a really tame person and you want to dip your toe in it, there's some things there, and if you want to be hard-core, there's the S&M tent."

Laurie loves coming every year to show off what his own photography can do to help people increase their self-confidence.

There will be special guest stars, like Body Heat, an all-male performing revue, Dr. Jess O'Reilly, a sexologist, and unique performers, like fire dancers.

> "You can go to a strip club and all that, but it's going to be done a lot differently at our show. It's going to be done elegant.
> Kevin Blackburn

Blackburn said people have changed, and the show has changed with them, in the last 16 years.

"What's changed the most — 16 years ago when we started this show, sex wasn't mainstream," he said.

"You couldn't pull up a porn video on your cellphone. Everything is so much more mainstream now, that it really changes people's outlook. They may say, 'Oh, this show isn't as taboo as it used to be.' That's not the truth — people have become more educated and they're around all this adult stuff way more than they used to be."

The Taboo show takes place Nov. 10 to 13. For more information, visit tabooshow.com.

SATURDAY, NOVEMBER 12 ONLY!

20x

THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND $50 OR MORE† ON ALMOST ANYTHING IN THE STORE.

FREE feels good

PLUS GET MORE POINTS & MORE SAVINGS ON THE STUFF YOU WANT

THREE EASY STEPS...

1. GET OUR APP or visit myoptimum.ca
2. LOAD YOUR DIGITAL COUPONS
3. USE YOUR OPTIMUM CARD

Download on the App Store

ANDROID APP ON Google play

PLUS 1 DAY SALE These SATURDAY ONLY Specials - November 12

2/$5

COCA-COLA or **PEPSI**
BEVERAGES 6 x 710mL
Selected Types
+ Deposit & Enviro Levy where applicable or 3.49 each. Limit 4
Rest of Week 3.49

4.99 EACH

CASHMERE, **PUREX** (12 Roll) or **ROYALE** (8 - 12 Roll) BATHROOM TISSUE
Selected Types
Limit 4. After limit 6.49
Rest of Week 6.49

8.99 EACH

MOTRIN PLATINUM MUSCLE & BODY (18's) or **TYLENOL** EXTRA STRENGTH EZ TABS (150's)
Limit 4. After limit 9.99
Rest of Week 9.99

3.77 EACH

AXE (473mL), **NIVEA** (500mL) or **ST. IVES** (709mL) BODY WASH
Selected Types
Limit 4. After limit 3.99
Rest of Week 3.99

4.77 EACH

HEAD & SHOULDERS SHAMPOO (380mL - 400mL), **gō2b** or **DOVE** HAIR CARE PRODUCTS
Selected Types & Sizes
Limit 4. After limit 4.99
Rest of Week 4.99

40% EACH

QUO
COSMETIC BRUSHES
Selected Types

4.99 EACH

BELLE COLOR HAIR COLOUR
Selected Types
Limit 4. After limit 5.49
Rest of Week 5.49

4.49 EACH

ROYALE (6's) or **KLEENEX** (3's - 6's)
FACIAL TISSUE
Selected Types
Limit 4. After limit 4.99
Rest of Week 4.99

4.99 EACH

BOUNCE FABRIC SOFTENER SHEETS (70's), **TIDE** LAUNDRY DETERGENT (1.09L) or **DOWNY** LIQUID FABRIC SOFTENER (1.02L - 1.23L)
Selected Types
Limit 4. After limit 5.99
Rest of Week 5.99

2.99 EACH

LIFE BRAND MOUTHWASH (1L), **COLGATE** MAX WHITE TOOTHBRUSH (1's) or OPTIC WHITE TOOTHPASTE (75mL)
Selected Types
Limit 4. After limit 3.49
Rest of Week 3.49

2/$4

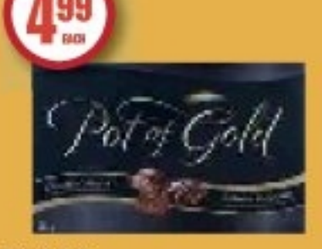
CHEETOS (245g - 310g), **RUFFLES** (245g) or **SUNCHIPS** (225g)
Selected Types
or 3.29 each. Limit 4
Rest of Week 3.29

1.88 EACH

WONDER
WHITE or WHOLE WHEAT BREAD 570g
Selected Types
Limit 4. After limit 1.99
Rest of Week 1.99

3.99 EACH

KRAFT SPREADS (500g) or PEANUT BUTTER (750g - 1kg)
Selected Types
Limit 4. After limit 4.99
Rest of Week 4.99



4.99 EACH

POT OF GOLD
CHOCOLATES 200g - 283g
Selected Types
Limit 4. After limit 5.99
Rest of Week 5.99

SHOPPERS DRUG MART

Prices and Shoppers Optimum Bonus Points® in effect Saturday, November 12, 2016 while quantities last. We reserve the right to limit quantities. *Our Regular Price. †Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd.

WEEKEND EVENTS CRAFT AND SHOP TILL YOU DROP

Thursday: Telus Spark – Cocktail Science

Some people think mixing a good drink is an artform, but the folks at Telus Spark have it down to a science. Learn all about the science (and art) of a great cocktail — as well as how alcohol affects your body — during the science centre's 'Adults Only' night. Spark suggests buying tickets in advance via the centre's website. Tickets are $20.

Friday: Artisans' Fair – Fort Calgary

Once Remembrance Day services are over, it's kosher to go Christmas shopping. You can do both at Fort Calgary this Friday. A Remembrance Day service will be held at 10:30 a.m., followed by an Artisans' Fair running from 11 a.m. to 5 p.m. Look for hand-made, one-of-a-kind gifts from local artists. Admission is free with a non-perishable item for the Veteran's Food Bank.

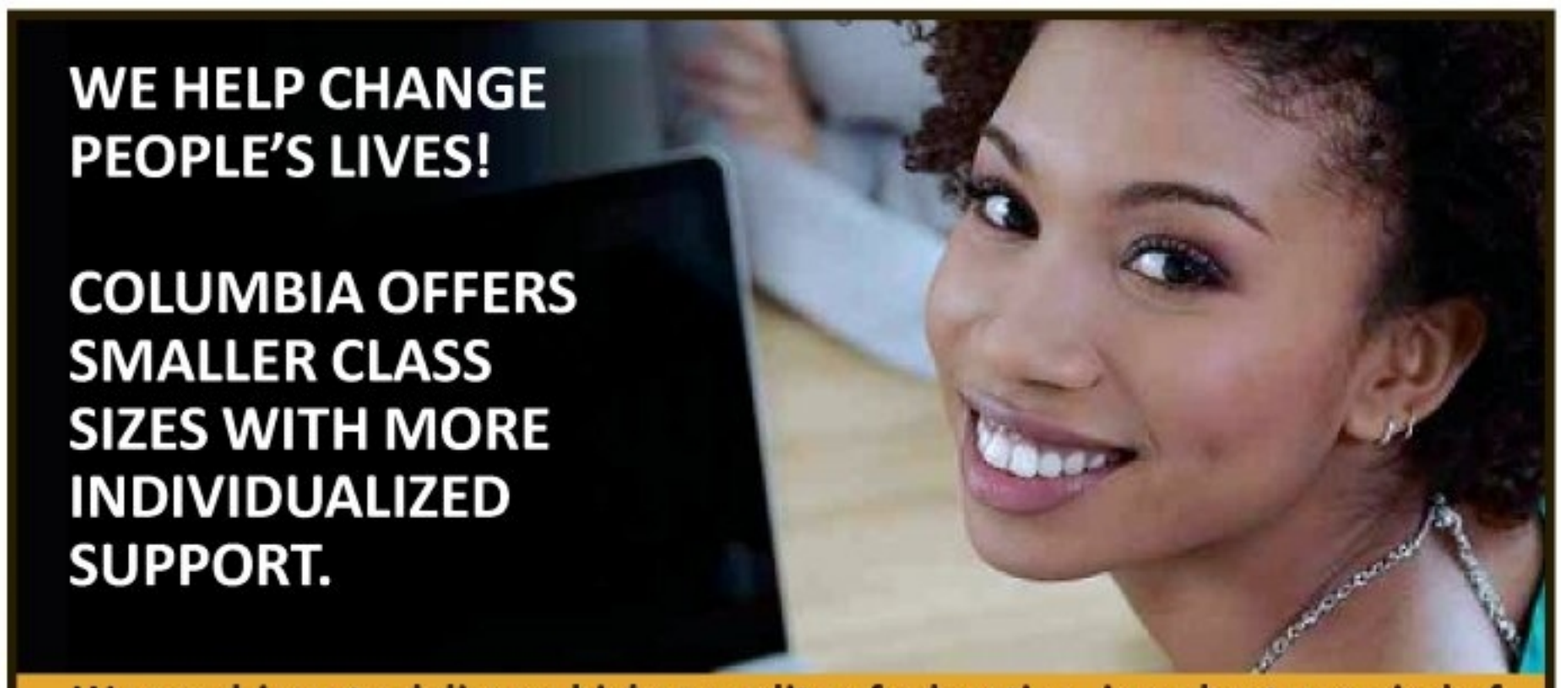
Saturday: Mozart's Requiem

Calgary Philharmonic Orchestra is offering up a masterpiece by one of the masters. Mozart's Requiem was actually composed while he lay on his deathbed. The work will be paired with Beethoven's Fourth Piano Concerto. The night begins with a pre-concert Chat at 7:05 at the Jack Singer Concert Hall. Tickets range in price from $20 to $80. Visit calgaryphil.com for details.

Sunday: glassblowing

Ever wanted to see the art of glassblowing up close? Bee Kingdom Glass is hosting their winter open house this weekend and artists Phillip Bandura and Ryan Fairweather will show off their wares. It runs from 12 p.m. to 5 p.m. at their Mount Pleasant studio. Admission is free and you can find them at 427 22 Avenue NW.

AARON CHATHA/METRO



We are driven to deliver a higher quality of education, in a shorter period of time, save students money, and help them to find a better job.
We are caring, respectful, and focused on each learner's employment success.

PROGRAMS OFFERED:
- Practical Nurse Professional
- Health Care Aide Professional
- Dental Assistant Professional
- Dental Administration Professional
- Administrative Assistant Professional
- Accounting Assistant Professional
- Education Assistant Professional
- Human Services Professional
- Legal Assistant Professional
- Justice and Public Safety Professional
- Sales & Service
- Trades
- Transportation & Warehouse
- Bookkeeping
- Child Care Assistant
- Language Instruction for Newcomers to Canada (LINC)
- English as a Second Language (ESL)

COURSES OFFERED:
- Security: Alberta Basic Security Training, Verbal Judo, Professional Investigator, Pressure Point Control Tactics
- Medical: Wound Care, CPNRE Preparation, and Medication Administration
- Dental Assistant Continuing Education
- Professional Skills Development
- ESL Evenings
- Upgrading

Over 40,000 students' lives changed

COLUMBIA COLLEGE CALGARY

- Starting salary up to $30/hr
- Upgrading courses are available
- Student loans may be available
- Employment support services after graduation

Canada

www.columbia.ab.ca/m
Call now: 403.235.9300
or Walk-in hours are:
Monday - Thursday (8:30 am - 5:00 pm)
Friday (8:30 am - 4:30 pm);
Saturday (8:00 am - 1:00 pm)
802 Manning Road NE, Calgary AB

Quality education that works for you & employers.

Kylie Toh, founder of Chiq Geek, said the Geeky Summit has been a dream since the organization started. AARON CHATHA/METRO

Women geek out

SCENE YYC

Tech summit to inspire female entrepreneurs

Aaron Chatha
Metro | Calgary

Kylie Toh wants to put Calgary on the map as a forward thinking, tech driven city with Geeky Summit — Alberta's first women-focused tech conference.

Toh, founder of Chiq Geek, said the conference is meant to inspire women entrepreneurs and to teach them some knew skills.

The best way to inspire them? Show them that failure is not the end.

> **The mindset of celebrating imperfection really helps our community build courage.**
> Kylie Toh

The theme is 'celebrating imperfections.'

"That mindset of celebrating imperfection really helps our community build courage," said Toh.

Take one of the main speakers at Geeky Summit — Nikki Durkin.

At 18, she started 99Dresses — an online fashion trading platform. It took off, she moved from her home in Australia to the Silicon Valley, raised capital and created a team around her.

Then, the company failed.

"She had spent four years of her life, uprooted herself, moved countries and then it was just gone," said Toh. "So Nicky wrote this blog post about what it's like to fail."

The blog post went viral, and not only did Durkin pick herself up, but she's already working on her next company.

Toh said what many people don't realize is that failure is almost like a badge of honour in the startup community. Entrepreneurs rarely succeed on their first try, but successful ones take the skills they learned and apply them going forward.

Other speakers include Chelsea Klukas, a senior designer with Amazon, and Reena Bains, and engineer with Slack.

Geeky Summit takes place on Nov. 16 at Telus Spark. The morning will consists of speakers and fireside chats, while the evening will be filled with more hands-on, practical workshops.

For more information, visit www.thechicgeek.ca.

LEXUS
OF CALGARY

EXPERIENCE *VIP SERVICE*

2016 Lexus RC-F

Stk# 3587A 18,134KM
Navigation system with remote touchpad interface, back up camera, power moonroof, heated and ventilated sport front seats with 8-way power adjustments, heated leather wrapped steering wheel, dynamic radar cruise control, blind spot monitor system, rear cross traffic alert, lane departure alert, and much more!

$68,220

2016 Lexus ES300h

Stk# 3528A 4,683KM
eated woodgrain and leather tilt and telescoping steering wheel, driver seat memory, voice activated navigation system, back up camera and in dash single DVD system

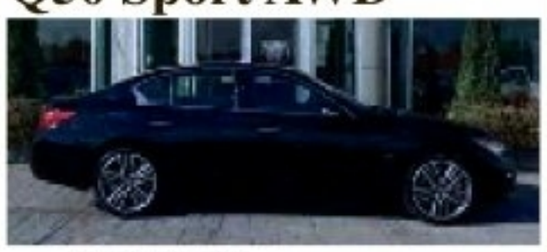
$42,171

2015 Lexus RX350 Sportdesign AWD

Stk# 160608A 72,113KM
Premium saddle tan/black leather, heated and ventilated front seats, driver seat memory system, active front headrest whiplash protection, power moonroof

$35,998

2015 Infiniti Q50 Sport AWD



Stk# 3580A 12,740KM
Sunroof, heated front seats, auto dimming rearview mirror, sport tuned suspension, paddle shifters, cruise control, rearview camera, twin touch screen displays

$41,880

2014 Lexus CT 200h Touring Pkg

Stk #3586a 66,024KM
Heated front seats, power windows, power locks, LED headlamps, fog lamps, tilt and telescopic steering wheel, power moonroof, Bluetooth, satellite radio, and much more!

$26,420

2016 Mercedes-Benz E400 4-Matic

Stk# 160731A 37,296KM
18" wheels, keyless entry and ignition, rear view camera, front seat memory functions, power front seats, auto dimming mirrors, heated seats, split folding rear seats, COMAND with navigation

$49,998

2013 Lexus LS460 F-Sport

2 TO CHOOSE FROM

Stk# 3570A 57,560KM
Front and rear adaptive variable suspension with TMS and front & rear air suspension, voice activated HDD navigation system with back up camera, intuitive park assist sensors

$56,899

2015 Lexus LX570 Executive Package

Stk# 3549A 26,441KM
Rear seat entertainment system, radar cruise control, illuminated scuff plates, heated wood and leather steering wheel, park assist sensors, heated and air conditioned front seats, HDD navigation system with back up camera, and much more!

$83,988

2015 Lexus RC350 F-Sport Series II

Stk# 3527A 13,815KM
Mark Levinson surround sound audio system, driver seat memory, intuitive parking assist, dynamic radar cruise control, heated and ventilated 8 way power adjustable driver and front passenger seats, power moon roof, back up camera

$51,698

2014 Infiniti G50 Sport AWD

Stk# 3593A 82,000KM
Deluxe Touring & Technology Package, Heated Leather, Power Moonroof, Keyless Entry & Much More!

$32,966

2016 Lexus RX350 F-Sport Series III SAVE $5000

2 TO CHOOSE FROM

Stk# 160428A 9,898KM
Premium Black leather, panoramic roof, panoramic surround view monitor, non-touch power back lift gate, wireless phone charger, 15 speaker Mark Levinson surround sound

$62,821

2013 Lexus RX F-Sport AWD

3 TO CHOOSE FROM

Stk# 160582A 63,160KM
Voice-activated HDD navigation system with back up camera, heads up display, sport tuned suspension with front and rear lower lateral performance dampers, F-sport exclusive front fascia, HID headlights, 19" dark finish wheels, exclusive steering wheel with paddle shifters, exclusive shift lever, and much more!

$38,420

Lexus of Calgary Legendary VIP Services to all guests that purchase a pre-owned Lexus vehicle:

- *Valet Service*
- *Lexus Loaner Vehicles*
- *Interior and Exterior Cleaning*
- *Stone Chip Windshield Repair*
- *Barista Bar*
- *Luxurious Customer Lounge*
- *Invitations to VIP Events*

LEXUS *Certified* PRE-OWNED

ONLY AT YOUR LEXUS DEALER

Shadrak Lagadi
Pre-Owned Specialist
403 809 6741

Timmy Su
Pre-Owned Specialist
403 618 9891

Alyc Keith
Pre-Owned Sales Manager

22 Heritage Meadows Road SE

403-22 Lexus (403-225-3987) **www.lexusofcalgary.com**

AMVIC Alberta Motor Vehicle Industry Council

All prices are plus GST. See dealer for details.
Some vehicles not exactly as shown.

ADVANCE YOUR HEALTH CAREER. KEEP YOUR DAY JOB.

Post-Diploma Bachelor of Health Sciences
Public Health major | Health Leadership minor
University of Lethbridge Calgary Campus

This two-year program builds on your existing health or human services diploma to give you the skills for a career in front-line management. We offer evening and weekend classes, so you can earn your paycheque while you earn your degree.

If you are a pharmacy technician, practical nurse, massage therapist, paramedic, respiratory therapist or laboratory technician and would like to advance your career, apply by December 1, 2016.

Apply by December 1 for Spring 2017
uLethbridge.ca/future-student

University of Lethbridge
Calgary Campus

Honouring the young who served

The changing face of **Remembrance Day**

Veterans of recent wars feel overlooked next to seniors

Lucie Edwardson
Metro | Calgary

Hundreds of crosses line Memorial Drive in the days running up to Remembrance Day.
ELIZABETH CAMERON/FOR METRO

The faces of Canadian veterans are changing.

They're still your neighbours, they're still your countrymen, but they aren't all what is typically celebrated each Remembrance Day: vets of the Second World War.

The 28-year-old who live next door, cracks jokes and has two small children? He served in Afghanistan.

The 45-year-old woman you work with who is a gardening enthusiast and carpools to the office with you? She served in Bosnia.

Veterans aren't exclusively from the Second World War, yet those who served elsewhere, and in more recent years are often overlooked on the day we're meant to thank them for their sacrifices.

Many younger veterans who spoke with Metro don't even think of themselves as veterans.

Phil MacAulay, president of the Royal Canadian Legion Branch 1 in Calgary said the death of Master Corporal Nathan Cirillo — who was gunned down in a terrorist attack at Parliament in 2014 — brought the importance of recognizing young veterans to the forefront.

"People are realizing it's not all men in their 70s, 80s, and 90s," he said.

Further, MacAulay said sending troops to Afghanistan also opened the eyes of Canadians, as they saw thousands of soldiers leave, and fewer return.

"They became more aware that our soldiers really are put in harm's way — these young men and women made that real for many Canadians," he said. "It caused an outpouring of support for them."

Joey Bleviss, chief administrative officer for the Calgary Poppy Fund, said that sentiment is "the nature of the beast," but wants younger veterans to know their service hasn't gone unnoticed.

"Anybody that's signed up and served is a veteran," he said. "Whether you've served in Afghanistan or Kabul or on a peacekeeping mission— as far as we're concerned you're a veteran."

MacAulay said he understands many young veterans deal with mental and physical challenges in returning to civilian life, but often push them aside so they can continue to work and provide for their young families.

"They're too proud in a lot of ways, because they're not used to asking for help — they're usually the ones giving the help," he said. "They need to know they too can reach out to the legions, the Military Family Resource Center and other organizations — because that is what they are there for."

Blevis said he's sorry if the younger veterans don't see themselves as the definition of a veteran, but said the Poppy Fund is there to help all who have served—no matter what their age.

"We try to do the best that we can by them and for them," he said.

> **Whether you've served in Afghanistan or Kabul or on a peacekeeping mission— as far as we're concerned you're a veteran.**
> Phil MacAuley

COMMEMORATION

Remembrance Day ceremonies in Calgary

The Military museum
Time: 10:30
The museum asks that individuals attending the ceremony bring a non-perishable food donation for the Veterans' Food Bank. The ceremony generally draws hundreds, including many military personnel. The museum will be open regular 9-5 hours Remembrance Day.

Field of Crosses Memorial Project
Time: 10:30 AM
Members of the public are welcome to attend any of the ceremonies, or to visit the site at any time to walk among the 3,200 white crosses.

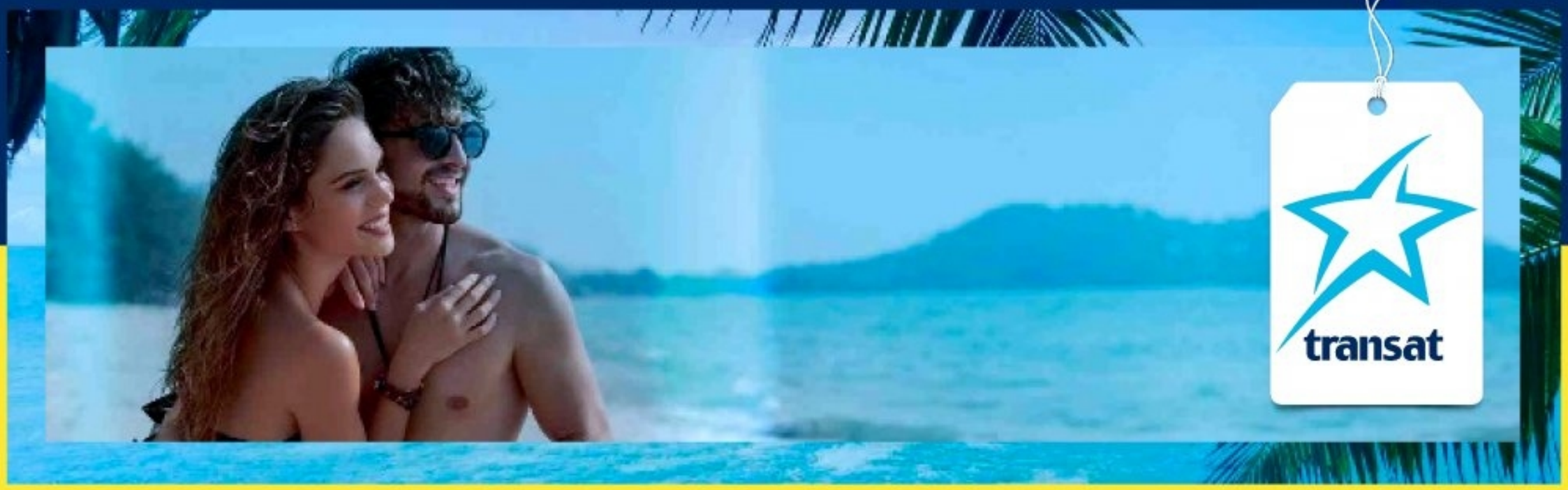
Public parking is available at the west end of the park.

Central memorial Park
Time: 10:30-12:00 p.m.
This annual ceremony will feature the Calgary Highlanders Parade. The statue in front of the Memorial Park Library was erected in 1924 by the Imperial Order of the Daughters of the Empire to honour the soldiers who fought in WWI. The equestrian statue was erected as a tribute to all Albertans who fought in the Second Boer War.

Aerospace Museum Ceremony
Time: 10:20 – 11:15 p.m.
The service is scheduled to take place outside and the museum will be open following the ceremony until 4 p.m. with admission by donation. The museum recommends attendees arrive early to obtain parking.

Battalion Park Ceremony
Time: 10:30-12:00 p.m.
For the fifth year in a row the Kings Own Calgary Regiment is hosting their Remembrance Day ceremony. There will be a wreath laying, speeches and a short ceremony.

YYC Calgary International Airport
Time: 10:30 in Concourse A departures level.
There will be a Remembrance Day ceremony at YYC Calgary International Airport for airport travellers and employees who wish to pause and remember those who have served in past conflicts, and honour the men and women who serve our country today. The ceremony will consist of a procession led by the Calgary International Airport Pipe Band and Honour Guard and will end at the Montana's Cookhouse.
METRO



Sun-filled Package Sale | SAVE UP TO $1000† PER COUPLE!

Sun packages flights, transfers & all inclusive resort

LUXURY VACATIONS

Riviera Nayarit
$1099
Grand Sirenis Matlali Hills Resort & Spa 4 1/2★
7 nts | Jan 7, 12
+ $408 txs/fees

Varadero
$1199
Paradisus Varadero 5★
7 nts | Jan 9, 16
+ $343 txs/fees

Riviera Maya
$1499
Luxury Bahia Principe Akumal Don Pablo Collection 5★
7 nts | Jan 7, 14, 21
+ $396 txs/fees

FAMILY VACATIONS

Varadero
$869
Meliá Peninsula Varadero 4 1/2★
7 nts | Dec 5, 12
+ $343 txs/fees

Riviera Maya
$1199
Azul Fives, A Gourmet Inclusive Resort by Karisma 5★
7 nts | Dec 7
+ $396 txs/fees

Punta Cana
$1249
Luxury Bahia Principe Fantasia Don Pablo Collection 5★
7 nts | Jan 6
+ $452 txs/fees

SUN SAVVY

Santo Domingo‡
$699
BelleVue Dominican Bay 3★
7 nts | Dec 2, 9
+ $452 txs/fees

Los Cabos
$799
Royal Decameron Los Cabos 4★
7 nts | Dec 3, 10
+ $414 txs/fees

Jamaica
$849
Royal Decameron Montego Beach 4★
FREE Upgrade to Ocean View Room
7 nts | Dec 1, 8
+ $474 txs/fees

CHRISTMAS VACATIONS

Riviera Nayarit
$1299
Royal Decameron Complex 4★
7 nts | Dec 29
+ $408 txs/fees

Punta Cana
$1399
VIK Hotel Arena Blanca 3 1/2★
Superior Garden View Room
7 nts | Dec 30
+ $452 txs/fees

Huatulco
$1549
Las Brisas Huatulco 4★
7 nts | Dec 22
+ $395 txs/fees

Visit transat.com or contact your travel agent for more great deals.

marlin travel | BAHIA PRINCIPE HOTELS & RESORTS

Book a **Bahia Principe Hotels & Resorts** vacation package by November 30th and get a **$100 Gift Card** towards your next Transat vacation*!
visit www.marlintravel.ca

†Savings of up to $1000 per couple is applicable to Paradisus Varadero, Grand Sirenis Matlali Hills Resort & Spa, Royal Decameron Complex and Luxury Bahia Principe Akumal Don Pablo Collection, for departure dates listed above. Savings reflected in advertised price. Sun-Filled Package Sale is valid on new individual bookings made between November 4 to 21, 2016, for travel November 4, 2016 to April 30, 2017 on select destinations and departure/return dates. ‡Santo Domingo flights are in/out of Punta Cana with roundtrip transfers included. Flights are from Calgary via Air Transat in economy class. Prices shown are per person, based on double occupancy in lead room category, unless otherwise stated. Space and prices are subject to availability at time of booking and subject to change without prior notice. Limited seats available at prices indicated: 20 per departure. Prices advertised are valid from November 10 to 14, 2016 only. Taxes and fees are extra and noted above. Travel Agency fees may apply. For full descriptions and terms and conditions, refer to transat.com. Transat is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in British Columbia (Reg #2454) with offices at 1090 West Pender Street, Suite 1110, Vancouver, BC, V6E 2N7. *Restrictions apply. Receive a $100 promotional travel gift card for all new Bahia Principe Hotels & Resorts bookings with Transat, made between November 1-30, 2016. The Marlin Travel Promotional Card is issued by Home Trust Company. Marlin Travel is a division of Transat Distribution Canada Inc. ON Reg. #50015084, BC Reg. #23567. Head Office: 191 The West Mall, Suite 700, Etobicoke, ON, M9C 5K8.

How one man's tears unshackled him

Clarence Wolfleg inside the Iniikokaan Aboriginal Centre at Bow Valley College in Calgary.
ELIZABETH CAMERON/FOR METRO

The changing face of **Remembrance Day**

Emotional story of Clarence Wolfleg

Elizabeth Cameron
For Metro | Calgary

Clarence Wolfleg joined the military, as his father had during the Second World War, when he was barely 17. His grades had been slipping, so he visited his school counsellor and said he needed a breather from school.

"He asked me what I was going to do, and I said I wanted to join the military."

As a six-year-old boy at Old Sun Indian Residential School, Wolfleg recalls peering out his dorm's window and seeing his older brother, a cadet, marching with his regiment on the school's field.

"I told my friends, I'm going to be a soldier when I grow up. I'm going to be a leader, too," Wolfleg said.

"My older brothers never told me how to survive in residential school, but they told me not to cry if I was in trouble. So, I shut my tears down," Wolfleg recalls.

Because he was underage, he had to forge his father's signature to join the military.

Four days later, he shipped out to Shilo, Man., for boot camp.

He served in the Canadian Regular Forces with the 1st Regiment, Royal Canadian Horse Artillery.

He plotted targets for NATO's European missions during the Cold War, and served as a Peacekeeper in Libya, Germany and Cypress.

Five years later, he returned home and became the chief of the Blackfoot Tribal Police.

His emotions from his time in service remained locked away, just like his memories of residential school.

As a police officer, he saw people on his reserve, which was 'dry' before his time in the military, now dying from their struggles with alcohol. He was often the one to place the deceased in body bags.

The emotions were becoming too much to bear. He got used to numbing his pain with alcohol.

"I told myself, don't shed a tear. Don't show your emotion — be strong."

Several years later, he found himself falling apart, and sought treatment in Claresholm for his growing alcohol dependency.

A young woman at the treatment centre, addicted to alcohol and drugs, couldn't stop crying during group therapy sessions.

"One day I got so annoyed, and I asked her, why do you have to cry so much? I have had tough times, but you don't see me crying," Wolfleg recalls.

The woman looked him straight in the eye, and suggested he try it sometime.

Suddenly, in that moment, his emotions unleashed, and he found himself openly sobbing.

"I couldn't stop. I was unloading all my emotions from the time I was six years old."

Wolfleg said releasing those tears saved his life. Crying allowed him to start the healing process.

"I felt like a little boy again."

Southgate
CHEVROLET BUICK · GMC

BLACK FRIDAY EVENT

20% OF MSRP CASH CREDIT ON ALL ELIGIBLE VEHICLES

ON NOW UNTIL NOVEMBER 30

SOUTHGATECHEVROLET.COM

2016 GMC SIERRA
DENALI CREW CAB 4WD

STK #216608

ULTIMATE DENALI PACKAGE. 22" WHEELS, SUNROOF, NAVIGATION, POWER ASSIST STEPS, HEATED & VENTILATED SEATS & LOTS MORE!

MSRP: $74,245

CASH PRICE **$55,995** | OR FINANCE FOR **$365**/BW

0% FOR **84** MONTHS

2016 CHEVROLET CRUZE 2LS LIMITED

MSRP: $22,125 STK # 216090

CLEARANCE PRICE **$17,495** | FINANCE FOR **$105**/BW

@2.49% for 84 MONTHS

2016 CHEVROLET TRAX LT AWD

MSRP: $31,650 STK # 216319

CASH PRICE **$25,995** | OR FINANCE FOR **$159**/BW

@0% for 84 MONTHS

2017 CHEVROLET EQUINOX LS AWD

MSRP: $31,505 STK # 217120

CASH PRICE **$25,895** | OR FINANCE FOR **$166**/BW

@ 0% FOR 84 MONTHS

2016 CHEVROLET SILVERADO 2LT CREW CAB Z71

MSRP: $56,905 STK # 216607

CASH PRICE **$43,495** | OR FINANCE FOR **$278**/BW

@0% for 84 MONTHS

2016 ALL-NEW CHEVROLET CRUZE LT

MSRP: $24,140

CASH PRICE **$19,995** | OR FINANCE FOR **$131**/BW

@.99% FOR 84 MONTHS STK # 216367

2016 CHEVROLET MALIBU LT

MSRP: $28,325

CASH PRICE **$23,395** | OR FINANCE FOR **$153**/BW

@ 0.0% FOR 84 MONTHS STK # 216578

2016 BUICK ENCORE CONVENIENCE FWD

MSRP: $32,070

CASH PRICE **$25,965** | OR FINANCE FOR **$154**/BW

@ 0.0% FOR 84 MONTHS STK # 216537

2017 GMC TERRAIN SLE-1 AWD

MSRP: $33,385

CASH PRICE **$27,395** | OR FINANCE FOR **$176**/BW

0.0% FOR 84 MONTHS STK # 217057

2016 BUICK ENVISION PREMIUM II AWD

MSRP: $54,785 STK # 216603

CASH PRICE **$44,495** | OR FINANCE FOR **$299**/BW @ **0%** FOR **84** MONTHS

2.0L TURBO, NAV, SUNROOF, HEATED SEATING, REMOTE START, LOADED!!!

2016 CHEVROLET TAHOE LTZ

MSRP: $85,710 STK # 216544

CASH PRICE **$64,995** | OR FINANCE FOR **$472**/BW @ **1.99%** FOR **84** MONTHS

SUNROOF, NAV & ENTERTAINMENT SYSTEM, 22" WHEELS, ADAPTIVE CRUISE CONTROL, FULLY EQUIPPED

Southgate
CHEVROLET BUICK GMC

403-538-0644

SOUTHGATECHEVROLET.COM

AMVIC Alberta Motor Vehicle Industry Council

13103 Lake Fraser Drive SE

PRICES AND PAYMENTS INCLUDE ALL ADMINISRATION FEES AND TAXES EXCLUDING GST. ALL FINANCE PAYMENTS ARE 182 BI-WEEKLY. FINANCE PAYMENTS INCLUDE SCOTIA BANK CARD BONUS ON '16 CRUZE LT, MALIBU, TRAX & ENCORE $500, '17 EQUINOX, TERRAIN, '16 ENVISON & TAHOE $750, '16 SILVERADO & SIERRA $1,000. COST OF CREDIT '16 CRUZE #216090 $1,576.53, '16 TAHOE $5,733.81. ALL FINANCE PAYMENTS ARE ZERO DOWN PAYMENT, OAC, VEHICLE'S NOT EXACTLY AS ILLUSTRATED OFFER ENDS 11/30/2016. SUBJECT TO ERRORS OR EMISSIONS.

CRIME PREVENTION

Theft-proof poppy boxes working well

Brodie Thomas
Metro | Calgary

The theft-proof poppy boxes dreamed up by retired Calgary wrestler Dan Kroffat seem to be doing the trick in Cochrane.

Kroffat said 50 prototypes were made up and placed in various businesses around the community by Royal Canadian Legion Branch 15.

The design features a metal cable that allows the box to be locked to a surface, preventing crimes of opportunity.

Dave Usherwood, poppy campaign chair and first vice president of the Cochrane Legion, said so far, no boxes have gone missing in the community.

Most years they would lose between three and five poppy boxes to theft.

"What I'm noticing is that we're seeing more larger bills," said Usherwood. "Instead of coins, we're seeing a good number of five-dollar bills."

While he can't attribute that solely to the new boxes, he suspects it's helping.

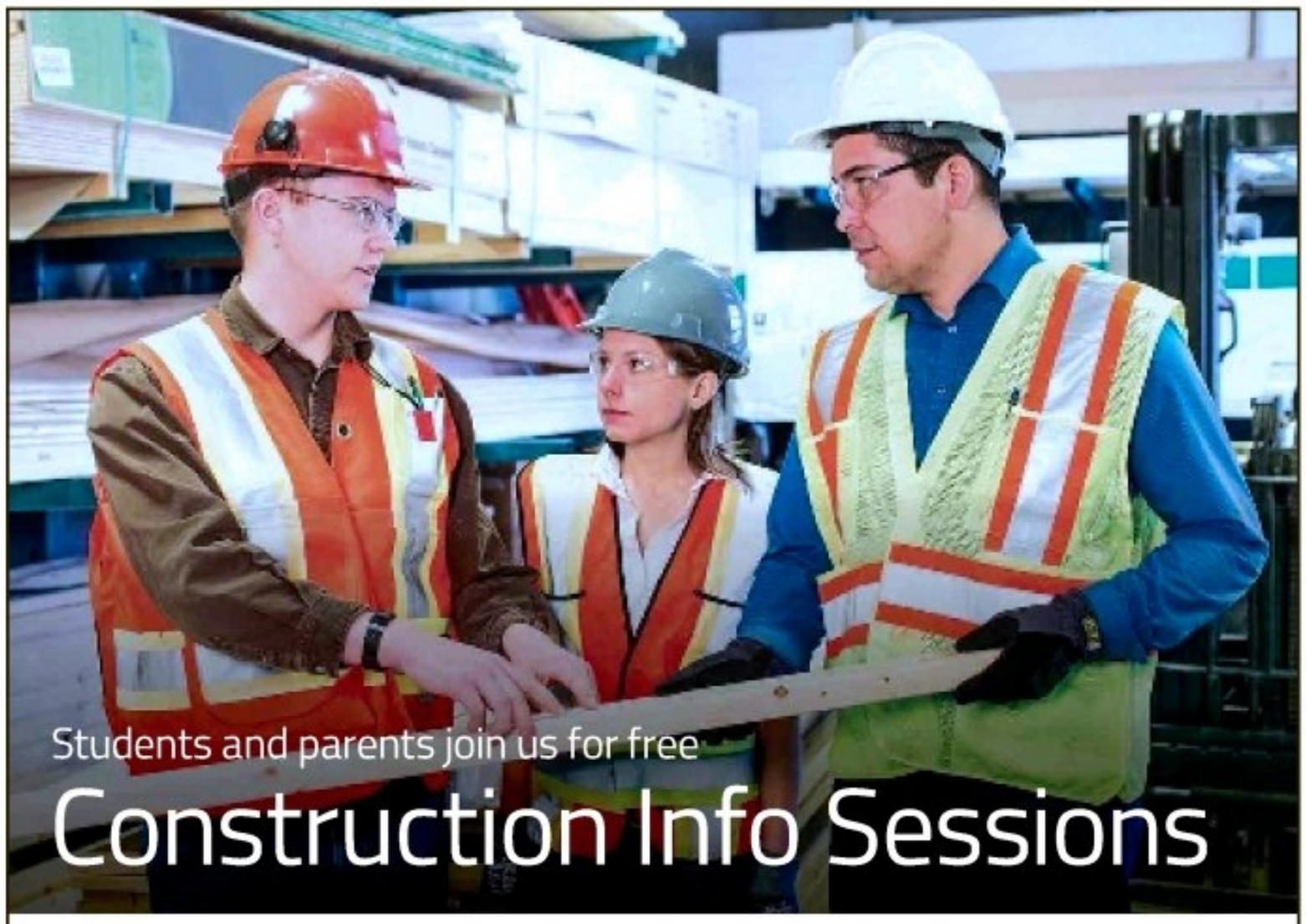
Usherwood said for now, the boxes are only being used by his legion, but he's been getting requests from other legions around the province for them.

Kroffat said he's still working to make his idea a reality for other legions.

"My real hopes are that we can get these boxes right across Canada," he said.

Kroffat has a potential sponsor who may be willing to pick up the cost of manufacturing more of the boxes to get them into other markets.

"There'll be no cost to the legions or the veterans whatsoever," said Kroffat. "This will all be a grassroots initiative sponsored by corporations."



Choosing the program that's right for you is a big decision. That's why SAIT offers free information sessions — your golden opportunity to discover your program options, ask questions, and sometimes, tour our campus.

BACHELOR OF SCIENCE IN CONSTRUCTION PROJECT MANAGEMENT

There is a growing need for trained professionals able to play leadership roles on construction project teams. Developed with industry for industry, this four-year degree combines the technical education and management training you need to compete in this high-demand sector. Learn more about this unique program at our next FREE information session.

SCHOOL OF CONSTRUCTION — DEGREE, DIPLOMAS AND FAST-TRACK

Are you looking for a career, not just a job? Do you want to design, engineer or survey communities, facilities and structures? Then join us at one of our FREE program information sessions to learn more about taking the next step with SAIT:

- Architectural Technologies
- Civil Engineering Technology
- Bachelor of Applied Technology Geographic Information Systems (GIS)
- Engineering Design and Drafting Technology
- Geomatics Engineering Technology
- Process Piping Drafting certificate — 34-week Fast-Track

SCHOOL OF CONSTRUCTION — TRADES

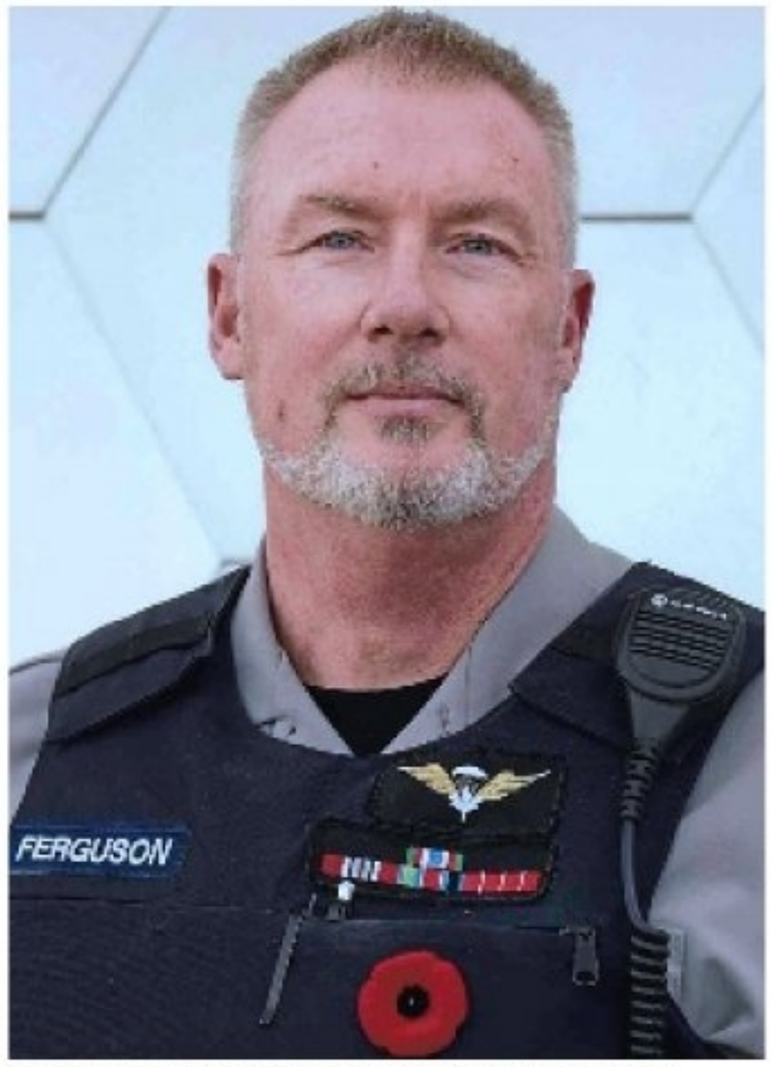
Considering a career in the skilled trades but not sure where to start? Join us for a FREE information session and learn how to jumpstart your journey with our pre-employment training programs:

- Cabinetmaking
- Carpentry
- Plumbing
- Refrigeration and Air Conditioning
- Sheet Metal
- Steamfitter-Pipefitter

Join us Tuesday, Nov. 15 in the Lower Level Atrium of the Aldred Centre. Doors open for check-in at 5:30 pm, information sessions begin at 6 pm.

Confirm your attendance and program of choice by visiting the events calendar at sait.ca, calling 403.284.8367 or emailing construction.info@sait.ca.

SAIT School of Construction

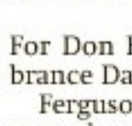


Sgt. Don Ferguson now works as a Peace Officer for the Calgary Humane Society. ELIZABETH CAMERON / FOR METRO

Remembrance Day isn't easy

The changing face of **Remembrance Day**

Ceremonies can trigger post traumatic stress disorder



Lucie Edwardson
Metro | Calgary

For Don Ferguson, Remembrance Day can be difficult.

Ferguson is a Canadian veteran who served in the military from 1984 until 2003. He did tours in the Golan Heights (Syria and Israel), as well as a tour in the former Yugoslavia (now Bosnia) in 1995.

"It was an interesting time," said a sombre Ferguson.

The sergeant said in 2003 he was medically released from the military due to his post traumatic stress disorder (PTSD).

"People don't realize that Remembrance Day can be really tough — especially the days leading up to it," he said. "It brings back all those memories and can be triggering. For a number of years I had difficulty even attending Remembrance Day ceremonies because it was just that uncomfortable for me."

Ferguson said living with PTSD has been a big struggle in his life.

"It was a huge blow. For me personally, I feel as a soldier you're expected to be mentally and physically tough," he said. "To have your own mind betray you is very hard."

Ferguson said some of the hardest memories stem from his time in Bosnia. He said Canadian forces were regularly under direct fire.

"It's not typically something that's mentioned in the history books," he said.

The 50-year-old said it was an eye-opening experience, but also one that weighs on him heavily.

"The most difficult thing was having the governments agree that what was happening there wasn't a genocide — I witnessed it," he said. "There is this sense of guilt we weren't able to do more."

Ferguson said although he wouldn't consider more recent conflicts — like Bosnia, Afghanistan, or Syria — forgotten, he sees far less emphasis on them compared to the Second World War.

Ferguson said following his release in 2003 he was well supported by the military. Through his disability payments he was able to return to school and train for a new career.

NISSAN

Innovation that excites

FINAL CLEARANCE • FINAL CLEARANCE • 2016

MY CHOICE sales event

CLICK AND CLAIM

CHOOSE FROM **4** GREAT OFFERS WITH PURCHASE

- BONUS WINTER TIRES WITH PURCHASE
- BONUS REMOTE STARTER
- $500 PRE-PAID CREDIT CARD
- 3 YEAR PRE-PAID MAINTENANCE

0% FINANCING FROM

84 MONTHS ON SELECT MODELS OAC

— OR —

UP TO **$14,000** OFF IN DISCOUNTS

NISSAN

Fish Creek Nissan

1.888.773.5460 | www.FISHCREEKNISSANCALGARY.CA

14750 Macleod Trail South, Calgary, AB T2Y 2E7

Vehicles for illustration purposes only. Choose one of the following four options upon new vehicle purchase: bonus winter tires (value of $600), or bonus remote starter (value of $550), or $500 pre-paid credit card, or 3-year pre-paid maintenance (value of $525). Finance from 0% for up to 84 months is available on 2016 Nissan Micra, Versa Note, Sentra, and Juke SV FWD. Discounts up to $14,000 is on 2016 Titan XD Diesel Platinum model stock # 1601-102. Offers expire November 30, 2016. One grand prize available to be won consisting of a $30,000 CAD credit towards vehicle purchase at Fish Creek Nissan (either a refund of previous purchase or credit towards future purchase). No purchase necessary, skill testing question required, odds of winning depend on number of entries, contest open to majority of legal residents of Alberta.
For full contest rules and regulations, visit 14750 Macleod Trail South Calgary, AB T2Y 2E7. Contest Closes December 10, 2016.

AMVIC Alberta Motor Vehicle Industry Council

Three-time veteran reflects

The changing face of **Remembrance Day**

'It was worth it': Chris Hamilton on Afghanistan

Elizabeth Cameron
For Metro | Calgary

> People talk to me like I was a victim of some sort of mismanaged debacle, but I understand why we were there and believe we were doing the right thing. Chris Hamilton

Chris Hamilton's first impression of Afghanistan was an early morning ramp ceremony, in which a soldier killed in combat is escorted to the plane which will take their body home.

Hamilton's flight had arrived in the middle of the night. As he stood at attention on the tarmac, the sun began to rise, and he saw Afghanistan for the first time. Reality began to sink in.

"I had an idea of what was going to happen, but it was a steep learning curve," Hamilton said.

Hamilton joined the Canadian Regular Forces in 2005, just as the Canadian military was starting its mission in Afghanistan.

His first deployment to Afghanistan, at age 23, was in March 2008. He was a trained combat engineer, one of the soldiers tasked with locating and clearing IED's from the roads. That first tour lasted nearly seven months.

"When I joined I knew I would be deployed, but I didn't exactly anticipate going to an active war zone right away," he said.

"You can never be fully prepared for it."

He returned to Afghanistan a year later for a second tour.

"That one was less eventful, but more stressful, because I was in a leadership role," he said.

His third tour was in 2013, and lasted five months.

Now 29, with three tours under his belt, Hamilton felt it was time to retire from the military.

"I had decided while I was on tour that it was my last rotation in Afghanistan. I wanted to leave on a high note, before I started to hate it," he said.

Hamilton defends Canada's role in the Afghanistan conflict, and said he looks back on his experiences in a positive light.

"People talk to me like I was a victim of some sort of mismanaged debacle, but I understand why we were there and believe we were doing the right thing. I was just happy to be a part of it."

He said there is quite a bit of distance between most Canadians and the military.

"The military is so far removed from most Canadians' realities. People are curious, they don't know what really went on," he said.

He described coming home from tours with a police escort through the streets of Edmonton, where people lined the streets to welcome the soldiers home.

What does he want Canadians to know?

"It was worth it."

Chris Hamilton, who served three tours in Afghanistan, at his home in Calgary.
ELIZABETH CAMERON/FOR METRO

HUGE SAVINGS! ASK ABOUT Trico Red Card rewards

Viridian Condos — BY TRICO —

Starting From The Low $200's

Down Payment Assistance Available!

MOVE IN BEFORE CHRISTMAS!

>> Quick Possessions Available! <<

Visit our Sales Centre at 101 & 103, 12 Sage Hill Terrace NW or viridiancondos.ca

FEATURED SUITE

SUITE 205
UNIT B
16 Sage Hill Terrace
862 SQ.FT.

IMMEDIATE POSSESSION

This Unit Includes:
- Upgraded Laminate Throughout
- Gorgeous Jasmine Colour Package With Light Floors & Dark Cabinets
- Heated Underground Parking
- In-Floor Heating

NOW: $260,850
$275,850* Plus GST. Includes House & Red Card Rewards.

FEATURED SUITE

SUITE 105
UNIT B2
16 Sage Hill Terrace
852 SQ.FT.

IMMEDIATE POSSESSION

This Unit Includes:
- Kitchen Faucet Upgrade & Beautiful Chai Colour Package
- Laminate Flooring
- Knock-Down Ceiling
- In-Floor Heating

NOW: $255,450
$270,450* Plus GST. Includes House & Red Card Rewards.

* Plus GST. Prices includes house & Red Card Rewards. Prices subject to change without notice. E&OE. Some conditions apply.

Soldier looks back on her time as cook at sea

The changing face of **Remembrance Day**

She spent more than 30 years with the Naval Reserves

Josie Lukey
For Metro | Calgary

Katherine Boggs said the military taught her great communication and leadership skills that has helped in her life out of the reserves as a mother to her young son, Hendrick. ELIZABETH CAMERON/FOR METRO

For Lt. Katherine Boggs, there's something powerful about standing on the deck of a massive ship watching the sunrise along Canada's eastern seaboard.

Which is why when Boggs joined the Canadian Armed Forces, she signed up with the Naval Reserves as a cook as one of only three career options offered to females at the time.

"We didn't have many choices when we were females back in 1984 because the white paper that said we could become whatever we wanted didn't come into effect until 1987 — so I had a choice between three things, cook, finance clerk and pay clerk — and I wanted to go to sea." said Boggs.

In her more than 30 years with the Naval Reserves in the Canadian Armed Forces, Boggs has been up and down the Canadian coastlines cooking several meals all day for crew members, soldiers and passengers on board.

Boggs said she served at a time there wasn't very many women at all in the military and was mostly kept out of harm's way — which is also one of the reasons Boggs doesn't consider herself a veteran.

"Even though I've been in the military for 30 years and I've certainly dealt with my series of hardships, I don't consider myself a Veteran" said Boggs.

According to Boggs, she faced a lot of transitions being a woman in the military as the forces shifted their definition for females who signed up over the years. As a result, Boggs said it's only recently she's seen more females sign up for military — estimating that close to half of the Calgary reserve unit now is female.

Nonetheless, Boggs said she doesn't see herself as breaking any glass ceiling as she makes her transition out of the military. She's currently a professor of earth sciences at Mount Royal University.

"It's been unique," she said.

"Things have changed an awful lot. Back in the day we put up with a lot more than we do today, but I'd say that all of society has changed quite significantly in 30 years."

WHERE ARE YOU GOING TO COLLEGE THIS FALL?

Discover your opportunities at Academy of Learning Career College

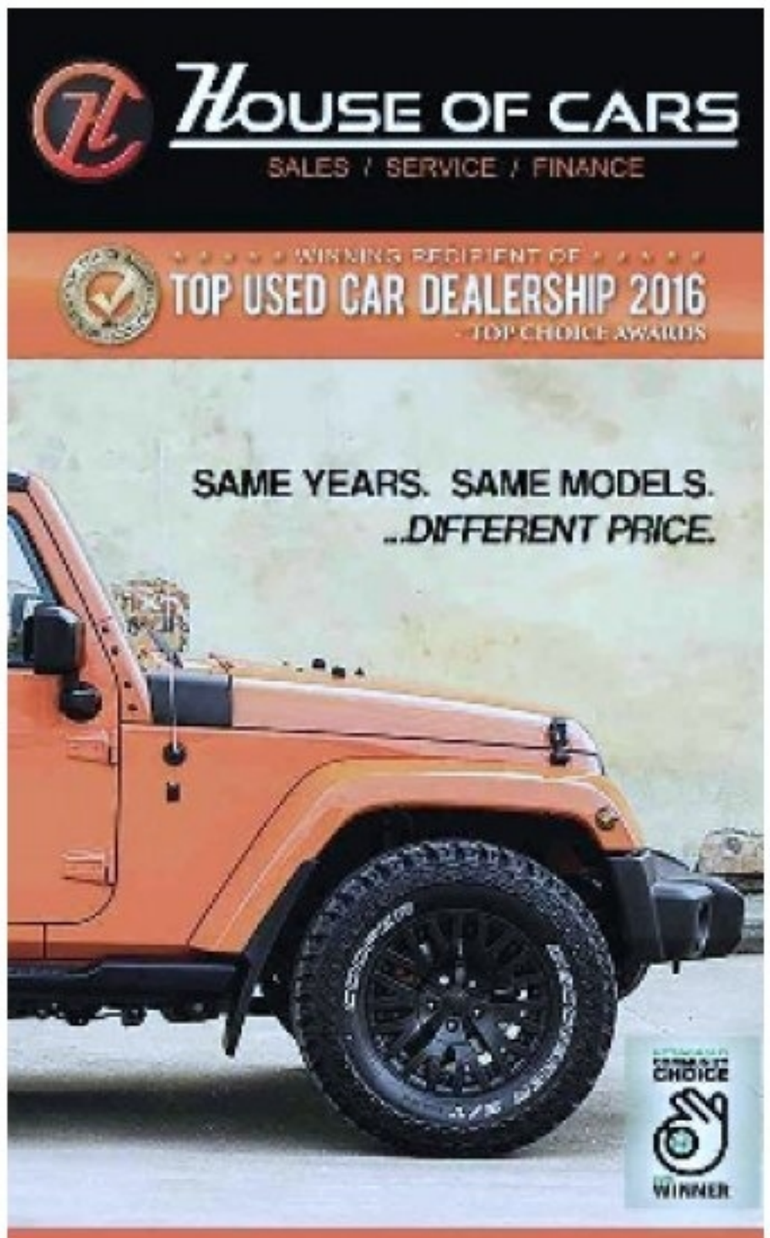
CAREER PROGRAMS IN:

- Healthcare
- Business
- Accounting
- Technology
- Legal
- Hospitality Management
- Insurance
- Marketing
- Web Design
- and more!

BE JOB READY IN 6 TO 12 MONTHS

CALGARY NE (403) 569-8973
CALGARY SOUTH (403) 252-8973
RED DEER (403) 347-6676

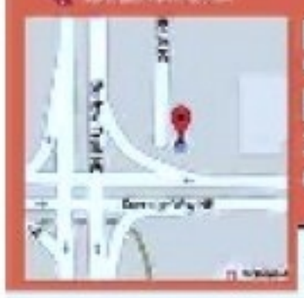
Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca



SAVE MONEY. BUY PRE-OWNED.
Let someone else worry about depreciation.
Check out our lineup of 2016 models!

GET INTO YOURS WITH ZERO MONEY DOWN!
APPLY TODAY! DRIVE TODAY!

Terms & Conditions may apply. Prices are based on vehicles only. Lubrico warranty, after market products & GST extra (O.A.C.). All vehicles come with full mechanical fitness assessment. Vehicles Carproof & warranty is available. Vehicle pictured is not an accurate representation of any vehicle being sold. Financing is available. Your ability to obtain financing as well as the APR, term and other finance offer specifics, can only be determined based on your credit worth result after submitting a credit application. Each individual credit will result in different bi-weekly payments and cost of credit amounts. House of Cars Inc. is an AMVIC licensed automobile retail dealer.



587-352-7307
HOUSE OF CARS (BARLOW TR)
2410 - 24th Street N.E.
Calgary, AB T1Y 3N7
Get Social With Us!
/houseofcarscalgary @hoc_calgary

Easy 30 Second Online Application
WWW.HOUSEOFCARSCALGARY.COM
Chinook 403 454 5794 | Barlow Trail 587 352 7307 | Macleod Trail 403 457 2244 | Medicine Hat, AB 587 289 0981

RALLY AT CITY HALL

'We're sad about this turn of events'

Helen Pike
Metro | Calgary

In the wake of America's election, some Calgarians are shaken.

Donald Trump was elected to be the United States' 45 president.

And to combat feelings of isolation, disbelief and shock, a number of like-minded citizens against "xenophobia, racism and misogyny," came together Wednesday in a spur-of-the-moment rally in front of city hall.

"We're sad about this turn of events and what it means for us and the world," said Jillian Ratti, one of the organizers. "We want to talk about our values of inclusion and tolerance, and how we can move forward in promoting those values over the ones that seem to be prevailing right now."

Ratti ran federally as an NDP candidate for Calgary Centre, and is involved in local politics. She clarified this event is non-partisan, and not meant to look down on the United States – she simply wants people to stand up against the rise of the regressive rhetoric Trump campaigned on.

Across the U.S., Americans have taken to the streets to protest the president-elect, chanting "not our president;" even though Donald Trump won the election with 290 Electoral College votes against Clinton's 232 (16 more to be counted).

Ratti said so far, she's had mixed response about the rally. People are interested, but a number of people she's approached just want to be by themselves, and aren't feeling like they can engage in immediate activism – the result of the election is just too heavy.

"There's going to be room for future work, once people have the chance to sort out everything," Ratti said.

Caliph Hazrat Mirza Masroor Ahmad visited Calgary on Wednesday. AARON CHATHA/METRO

Vow to ban Muslims 'only tactics'

DIVERSITY

Caliph says he's confident Trump won't follow through

Aaron Chatha
Metro | Calgary

The world head of the Ahmadiyya Muslim sect doesn't believe president-elect Donald Trump will follow through on his promises to ban Muslims from entering the U.S.

"What he was saying was only election campaign tactics," said Caliph Hazrat Mirza Masroor Ahmad during a visit the Calgary on Wednesday.

The Caliph expanded by telling a group of reporters that Muslims, by the majority, are a peace-loving community that would never "react against the government." Outside of a few isolated incidents, the Caliph does not believe anti-Muslim sentiment or violence against Muslims will spike following Trump's election win.

However, not all young Muslims share the Caliph's optimism.

Student activist Aisha Sajid said there's been an undercurrent of hate and Islamophobia throughout the election – one that does transcend borders.

"There are racists and bigots and white extremists – they've always been around, but this election validates their feelings in a way, which is actually quite scary," she said.

Shahtaj Shahid, a Calgary student, said she was devastated to hear about Trump's victory.

"I could see a lot of sadness and fear in all communities today," she said. "Muslims are constantly fighting to end Islamophobia. This situation

> **I could see a lot of sadness and fear in all communities.**
> Shahtaj Shahid

definitely feels like that one level in a game you can't get through."

Shahid feels Trump's rhetoric encourages racism, but believes most of Canadians veer away from that mentality.

Sajid believes the way forward is to promote more minorities – women and people of colour – to step into leadership roles, which will affect public perceptions.

Canadian assaulted on U.S. election night

CALGARY

Gay filmmaker says he was assaulted by homophobes

Aaron Chatha
Metro | Calgary

Calgary film producer Chris Ball is coming back from America's presidential election with five staples holding together the gash on top of his head.

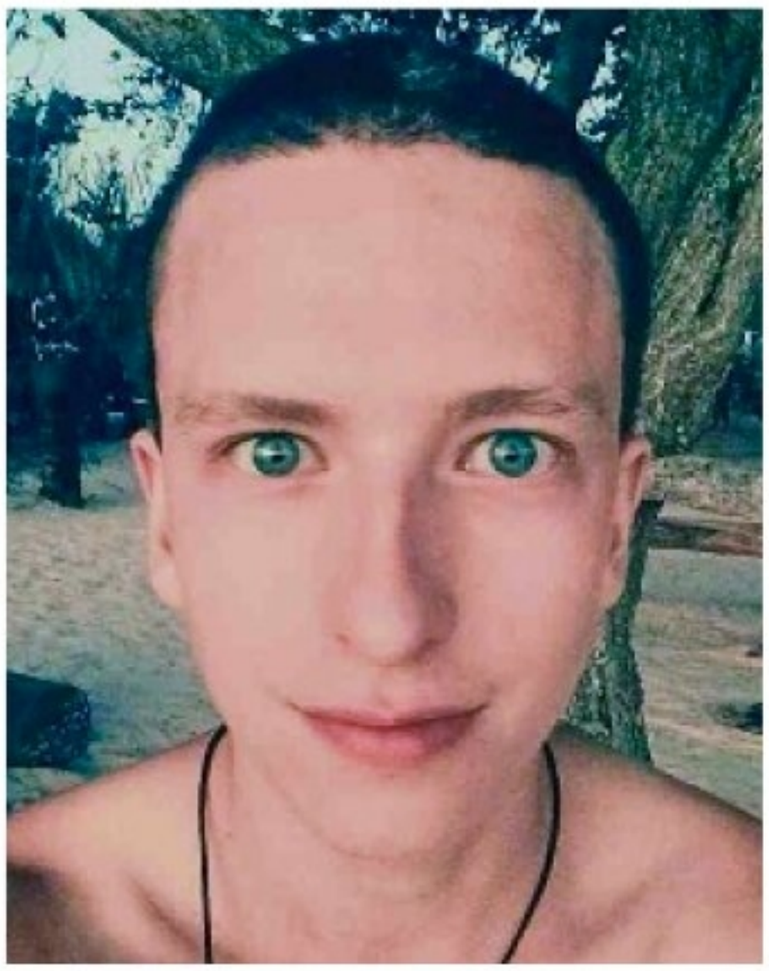
Ball spent the evening in a Santa Monica, Calif. bar watching poll results come in. As the election progressed, he said attitudes in the bar became more and more heated — on both sides of the campaign.

"People started launching homophobic slurs at me from afar," he said. "I mean, I kind of got into it, but I didn't want to provoke them."

They were saying things like, 'We got a new president you f--king faggots.'

When he later left the bar, alone, he was walking through an alley when he was jumped by a group of men — one of which smashed a bottle over his head.

He fell back, his head smashing against the concrete, where he blacked out.



Calgary filmmaker Chris Ball says he was assaulted after results on U.S. election night. He says was left with five staples in his head — but said the bloody picture makes it look worse than it really was. Despite it all, he remains in 'pretty good spirits.'
FACEBOOK

"When I came to, I remember waking up and wiping the blood from my eyes. I called some friends, they picked me up and I went right to the hospital," he recalled.

He was stitched up at the hospital and said he's feeling fine.

Santa Monica police were not immediately available to confirm details of Ball's account.

In retrospect, Ball doesn't think it was really a political issue — it was a hate issue, fuelled by the charged atmosphere of the election night, with a group of drunk people who used Trump's rhetoric as an excuse to get in a fight. He feels it could very well have been a Clinton supporter, or just someone else with a homophobic attitude on any other night; it's an ongoing issue.

METRO ASKS

How do you feel about the result?

ALL PHOTOS: JENNIFER FRIESEN/FOR METRO

It just shows how big of a divide there is in America right now. And that's the scary part. My prayers go out to them.

Saad Pasha

It's pretty bad; he's an idiot. I think that he's going to make a lot of stupid decisions and probably screw up the economy.

Trevor Vandenakker

I'm the eternal optimist, so after listening to what Obama said and what Hillary said, I'm confident that they'll help Trump out with this transition.

Dr. Carole-Lynne LeNavenec

It's absolutely insane. I don't think it'll be as chaotic as people think, because a lot of it does have to go through the Senate and House.

Juliana Gonzalez

ECONOMICS

Bitcoin surges as markets worldwide plummet over election uncertainty

Aaron Chatha
Metro | Calgary

The U.S. election results have proven to be a boon to local Bitcoin investors — the value of the digital currency jumped up three per cent as the election results rolled in on Tuesday night.

This is while other markets around the globe were taking a downward turn.

Benjamin Perrin, Bitcoin investor and organizer of Calgary's Bitcoin meet-up group, said the currency has often become a hedge for market uncertainty.

Bitcoin also made a jump during the Brexit vote.

For a long-time investor like Perrin, the spike was kind of expected.

"You do see new people coming in, and they're freaking out over a $30 or $40 price swing. You get a lot of, 'Oh, you must be new here.'"

Perrin feels Bitcoin is almost like an "out" for people who want to protect themselves from uncertainty in the current system.

After the initial shock of the Trump presidency, Perrin thinks, Bitcoin values will return to business as usual.

He doesn't plan on suddenly selling his Bitcoins to capitalize. The currency has been increasing in value since 2015, and he's looking at a long-term investment.

"Anybody who's a professional day trader that's trying to ride the volatility — they're having a fantastic time."

Rob Anders said he previously went to a Trump rally in Iowa when Trump was campaigning for the nomination. METRO FILE

Rob Anders stumps for the Donald

GOING SOUTH

Controversial figure aligns with Trump on gun rights, tax

Josie Lukey
For Metro | Calgary

Rob Anders was sitting in a Carl's Jr. in Tucson, Ariz. eating a hamburger with an 83-year-old "biker momma" when he realized how much of an impact he made.

Driving all the way down from Calgary to Tucson, Anders had one purpose in mind: stump for Trump.

So on the day leading up to the election, Anders stopped in at the Republican office in Pima County where he called hundreds of people to educate and remind them to get their ballots in by 7 p.m. the following day. He also drove Americans to polling stations on election day — including his newfound biker momma friend.

"I would have liked to have spent more time helping out their cause. Had I been able to, I would have spent weeks," said Anders.

> **I would have liked to have spent more time helping out their cause.**
> Rob Anders

His decision to roll down to the U.S. to support now President-elect Donald Trump was spurred by his belief in lower taxes and second amendment rights.

Often a controversial Canadian political figure, Anders said he was motivated to help because of Trump's proposed tax cuts — something he wanted to ensure Americans were able to enjoy.

Anders is also president of the Firearms Institute for Rational Education, and said having the right to own a firearm is fundamental.

"I think that freedom of speech, freedom of assembly and freedom of worship, are all dependant upon the ability to defend oneself and to have a firearm. (Trump) was very strong with regard to his thoughts on that," said Anders.

On election night, Anders said he spent the night anxiously waiting for the results to come in and when the Trump presidency was announced, he cheered with a number of supporters.

"I was shouting 'Trump' when he got the win," said Anders.

"You could feel the enthusiasm."

Economist Glen Hodgson believes that though the Keystone pipeline is back on the table, Donald Trump may put up a few barriers. AARON CHATHA / METRO

Expect conditions if Keystone approved

ECONOMY

Experts say Trump's tactics create new issues

Aaron Chatha
Metro | Calgary

A Keystone pipeline might be back on the table after President Donald Trump takes office, but Trump himself may present a few new hurdles in the process.

Even though Trump indicated during his campaign that he would be in favour of Keystone, economist Glen Hodgson, with the Conference Board of Canada, said the President-elect has proven to be a very shrewd negotiator.

"Trump is all about the art of the deal and maximizing his own advantage," Hodgson said. "We shouldn't be surprised if more conditions are put on the table."

Hodgson has a feeling that proponents of the projects will have to reconsider the business model, in terms of ownership, supply, governance structure and other elements.

But it's better than a straightforward 'no.'

As far as a Trump presidency's larger impact on Alberta's economy — it's a bit of a question mark. Hodgson said Trump's campaign was more about the movement, but the few clear points Trump did make were in relation to pulling out of NAFTA and the Trans-Pacific Partnership.

That roll back of access in trade — it's hard for Hodgson to pinpoint the exact ramifications of that.

"But any time you have a U.S. government that's not an advocate of free trade, that's probably not in Alberta's long-term interest," he said.

But while Hodgson fears for what obstacles Trump would create, Todd Hirsch, chief economist at ATB Financial, is a little more optimistic.

"I have to allow myself to believe he will be a more reasonable president than he was candidate," said Hirsch.

In a general sense, however, Hirsch said Trump is keen to move America into a more isolationist position — which is bad news for Canadians, who rely so much on trade with the U.S.

If there's a silver lining, the situation could force Canada and Alberta to not have such a heavy reliance on the States as our single trade partner.

"The mood in that country has shifted, the president has shifted," Hirsch said. "Now, I think Alberta and Canada — we need to do a lot of work in strengthening our trade ties with other trading blocks and countries in the world."

LEADERSHIP

'One step back' for women in public life

Alberta Premier Rachel Notley says Alberta will continue to work with the United States and will wait to see if new economic opportunities arise from Donald Trump's election victory.

She also says Hillary Clinton's presidential run was inspiring, but her failed bid reflects that much remains to be done for women in public life.

"There was much hope that we would have seen a female president of the United States for the first time. I think a lot of people were surprised that we didn't," Notley told reporters Wednesday.

"(But) these kinds of issues never go forward on a straight trajectory. It's one of those things: two steps forward, one step back.

"Now (with Clinton's defeat) we're seeing a bit of a step back, but overall I think we're still making progress forward."

Notley said work must continue to promote and celebrate the role of women not only in politics, but in other fields as well.

"I believe that more and more people want to see greater inclusivity in their leadership, whether in the private sector on in the public sector," she said.

"I think this applies not only to women in relation to men, but also to other minority groups."

The Alberta premier also said the province will continue to push for a pipeline to coastal ports for its oil.

THE CANADIAN PRESS

> **There was much hope that we would have seen a female president...**
> Rachel Notley, Alberta Premier

HOUSE OF CARS
SALES / SERVICE / FINANCE
WINNING RECIPIENT OF
TOP USED CAR DEALERSHIP 2016
TOP CHOICE AWARDS

GET ONE STEP CLOSER TO YOUR DREAMS
WITH OUR EXCLUSIVE CREDIT REBUILDING PROGRAM!
We'll help you get the vehicle you want, at a price you can afford while helping you rebuild your credit. It's a no-brainer if you ask us.

JOIN OUR FRIENDS & FAMILY $500 REFERRAL PROGRAM
"They buy the car, you get the cash...it's really that simple!"

Terms & Conditions may apply. Prices are based on vehicles only. Lubrico warranty, after-market products & GST extra (O.A.C.). All vehicles come with full mechanical fitness assessment. Vehicle Carproof & warranty is available. Vehicle pictured is not an accurate representation of any vehicle being sold. Financing is available. Your ability to obtain financing as well as the APR, term and other finance offer specifics, can only be determined based on your credit worthiness after submitting a credit application. Each retail vehicle credit will result in different bi-weekly payments and cost of credit amounts. House of Cars Inc. is an AMVIC licensed automobile retail dealer.

403-457-2244
HOUSE OF CARS (MACLEOD TR)
3909 Macleod Trail South
Calgary, AB T2G 2R4
Get Social With Us!
/houseofcarscalgary @hoc_calgary

Easy 30 Second Online Application
WWW.HOUSEOFCARSCALGARY.COM
Chinook 403 454 5794 | Barlow Trail 587 352 7307 | Macleod Trail 403-457-2244 | Medicine Hat, AB 587 289 0981

What a Trump win means for Canada

Canada's close relationship with America has been rattled by the election of Donald Trump. Canadians are worried about how Trump's campaign promises — if fulfilled — could reverberate north of the border. Here are the key issues to watch and what Trump has said about each.

TORSTAR NEWS SERVICE

1 TRADE

Trump made radically overhauling U.S. trade arrangements a key issue in his campaign, and this issue could have the greatest effect on Canada after he takes power. The president-elect campaigned on a pledge to force Canada and Mexico to renegotiate the North American Free Trade Agreement, to provide greater benefits to U.S. businesses.

If the countries don't agree on a new deal, Trump has promised to leave NAFTA completely. Combined with a pledge to withdraw from Trans-Pacific Partnership talks and take a more aggressive line on trade with China, Trump pitched isolationism and independence as a way to increase jobs, fix crumbling infrastructure, even reduce crime.

Approximately $51 billion in goods cross the Canada-U.S. border per month, according to TD Economics.

2 CLIMATE CHANGE

Hard-won progress in the fight against climate change will be dramatically rolled back if president-elect Donald Trump sticks to his word.

Trump vowed to back the United States out of the 2015 Paris agreement, a landmark international climate treaty aimed at curbing emissions and limiting global temperature increases.

The United States and China, the world's two largest emitters of greenhouse gasses, were crucial to reaching the deal.

GETTY IMAGES

3 FOREIGN POLICY

Canada is re-engaging with the UN on climate change, Syrian refugees, and peace operations, just as Trump has signalled America is hunkering down to look after itself.

Trump promised to stem not just Mexican immigration but to ban Muslims from entering the U.S. Canada accepted nearly 34,000 Syrian refugees since November 2015. Mexicans will soon be able to travel more freely to Canada.

4 ECONOMY

Global financial markets twitched early Wednesday on news that Trump had emerged the surprise victor.

But Trump's long-term plan to boost the U.S. economy — creating 25 million jobs and spurring growth through tax cuts and infrastructure spending — could help boost Canada's economic fortunes, too, if the president-elect can make it happen, said Craig Alexander, senior vice-president and chief economist at the Conference Board of Canada.

"That should help lift economic growth and to the extent that happens, that's really good for Canada," Alexander said.

The election of a Republican president and a Republican-controlled Congress may also breathe new life into the Keystone XL pipeline.

5 THE BORDER

Trump vows to build a wall on the U.S.-Mexico border but rejected a wall on the border with Canada as too long, too expensive, and unnecessary.

Yet it's far from clear if a Trump administration will honour deals to ensure a thinner border to the north. Canada and the U.S. have a "perimeter" approach to economic and border security that saw countless security screening procedures harmonized. Bills to enable more information-sharing on entries and exits, and more pre-clearance of cross-border travellers are now before Parliament and the U.S. Congress. Canadian Ambassador David McNaughton is "quite optimistic" a lame-duck Congress will pass the necessary legislation before a new administration takes over.

CHARLESGLEN TOYOTA

Your Dealer for the People

GETTOYOTA.COM

2015 TOYOTA COROLLA LE

LE CVT. Touchscreen display, heated seats, keyless entry! Only 50,540 kms. # 5372
WAS: $17,900
GREAT DEAL!
SPECIAL PRICING $15,888

2015 SUBARU WRX STI

Sport Tech-Package, Turbo AWD, Heated Leather, and Navigation! 50,7600 kms # 161321A
WAS: $38,900
STi Tech AWD!
SPECIAL PRICING $37,888

2013 VW JETTA TRENDLINE

Automatic, 4Cylinder, Fuel efficient, 5-passenger, only 57,353 KM # 161146A.
WAS: $13,900
REDUCED PRICE!
SPECIAL PRICING $11,888

2013 HONDA CRV EX-L

AWD, Heated Leather, Moon-roof, and 4Cylinder! Only 92,092 KM #161064A
WAS: $24,900
BLOWOUT PRICE!
SPECIAL PRICING $20,888

2009 TOYOTA RAV4 AWD LE

4Cylinder, All-Wheel Drive, Low cost maintenance, and great value! 130,199 KM, Fresh Arrival #170088A
FRESH TRADE!
$14,888

2011 TOYOTA SIENNA LE AWD

Power sliding rear doors, V6 AWD, Charlesglen Original, 7-Passengers, and Power seats!, Gold #161283A 86,181 KM
AWD VAN!
$24,888

2012 TOYOTA RAV4 V6 SPORT

The last of the V6 RAV4's. RARE. Low kilometers, and Leather! 42,330 KM RARE UNIT # 170149A
RARE V6 SPORT!
$23,888

2013 TOYOTA TACOMA TRD SPORT

Double Cab, TRD Sport, Bed cover, 4.0L V6 4X4!!, only 70,220 KM #170084B
TRD SPORT!
$33,888

CHARLESGLEN TOYOTA | 7687 - 110 AVE NW CALGARY, AB | CALL US AT 403.241.0888 | VISIT US ONLINE AT GETTOYOTA.COM

All Prices are plus $588 dealer fee and $6.25 AMVIC Fee and GST. Please see Dealer for Details.

The hilly landscape of Cape Breton could entice people away from Trump's America. TORSTAR NEWS SERVICE FILE

Immigration panic possible: Experts

POLITICS

Trump's win may have Americans looking north

A Donald Trump presidency could prompt a flow of politically motivated American emigrants akin to that of the Vietnam war era, though passionate first impulses to leave may cool as the new leader's agenda unfolds, say political observers and immigration experts.

Donald Savoie — a Canadian political economist who was at his second home in Florida as the vote occurred — says some U.S. citizens may consider applying to move to Canada if Trump follows through on proposed policies such as mass deportations of illegal immigrants or the reopening of international trade agreements.

"There's no question some Americans will say, 'we can't live under these circumstances' and we may see what we saw in the ... late '60s during the Vietnam war," he said in a telephone interview from Florida.

"I wouldn't take that to the bank right away ... But if he does what he says he wants to do there's no question there will be a bit of chaos."

However, the process of trying to gain permanent residency in Canada is a tough one for Americans fleeing because of political unease, say immigration lawyers.

Lee Cohen, who specializes in refugee law in Halifax, said Americans shouldn't be deluded into believing that gaining residency status in Canada is easy just because of the two countries' good relations, proximity and similar lifestyles.

"It's a big deal and it's a very onerous process," he said. "This notion that's floating around there that all Americans have to do is drive to Canada and buy a farm and live there is just completely wrong and misdirected."

He said the application and assessment process can drag on for years, be costly and involve various documents, including birth and police certificates, medical records, passports and possibly interviews. He said it's likely anyone fleeing Trump's America would apply under an economic category, but might have to have a job offer, Canadian work experience or a skilled trade.

> **"Some Americans will say, 'We can't live under these circumstances.'**
> Donald Savoie

The website for Citizenship and Immigration Canada crashed Tuesday night due to heavy traffic, but the agency did not say whether that was due to excessive traffic from would-be U.S. emigrants.

The site had been restored to intermittent service by Wednesday afternoon.

Savoie says if the situation deteriorates to the point where wealthy and well-educated Americans wish to move to underpopulated parts of Canada, he thinks the benefits would likely be outweighed by the political and economic problems.

"It will be nothing to celebrate," he said.

Adding another potential, but unlikely wrinkle to the emigration puzzle is whether a refugee claim could be made if Trump proceeds with some on his campaign promises concerning reproductive rights, same-sex unions, health care and any other issues that could open the door to a human rights challenge.

"The notion of making a successful refugee claim from America under any previous American administration? Unthinkable," Cohen said. "But in a Trump world, if he does what he says he's going to do it opens up that discussion and it would be very interesting."

THE CANADIAN PRESS

Interest in 'moving to Canada' spikes

Irene Kuan
Metro | Toronto

Americans threatened to move to Canada as soon as they heard Donald Trump was in the running to become their next president. This may be why the Canadian Immigration website crashed on Tuesday night, when he beat Hillary Clinton and was voted President-elect.

The search term "moving to Canada" spiked at the stroke of midnight on Nov. 9, and again at 4 a.m. EST, according to Google Trends, but data shows both Americans and Canadians were looking up the topic.

The trends chart also showed people in Minnesota, Washington and New Hampshire — all blue states — searching the term.

Although mostly Americans were searching the term, it was also trending among Canucks, specifically in the British Columbia cities of Coquitlam, Langley, Delta, Richmond and Vancouver.

Hillary Clinton speaks on Wednesday after her defeat in the U.S. election. AFP/GETTY IMAGES

One day, 'hardest glass ceiling' will shatter

Parents grapple with explaining Trump win

The incendiary U.S. election is proving to be a challenging teachable moment for some Canadian parents struggling to explain the surprising results to their curious children.

But at least they can comfort their youngsters with the fact they live in a country that has embraced much different values than the divisive ones that marked the U.S. campaign, says Oakville, Ont., dad Jason Little.

The morning after America elected Donald Trump as its next president, Little says his nine-year-old daughter stunned him by asking whether the Republican leader would start a world war.

"I only cared about baseball at that age. It's just really a hard conversation to start," says Little.

His daughter had been following Hillary Clinton's bid to become the country's first female president, and while she wasn't discouraged by her loss, she was feeling "disappointed, sad, angry, all at the same time."

In her concession speech, Clinton seemed to acknowledge the potential impact of her defeat on young girls who might be demoralized by the vote.

Trump's bewildering victory caught many by surprise — pollsters, political pundits and even many prominent Republicans who dismissed the possibility that the former reality TV star and real estate mogul could harness broad support, especially as scandal after scandal mounted.

It was an especially polarizing campaign given Trump's oft-coarse posturing that included a litany of offensive comments about women, Muslims, Mexicans and immigrants; comments that would get any school kid sent to the principal's office. THE CANADIAN PRESS

TALK ABOUT IT

York University education professor Carl James says it's tempting for any child to view his win as a sign that bad behaviour is rewarded. But that also makes this a great time to talk to children about the hard fact that discrimination exists and can be pervasive.

Clinton urges unity among divided nation

Gone was the ballroom with a soaring glass ceiling, the confetti and the celebrity guest stars. Instead, Hillary Clinton looked out to a group of grief-stricken aides and tearful supporters, as she acknowledged her stunning loss of the presidency to Donald Trump.

"This is painful," Clinton said, her voice crackling with emotion, "and it will be for a long time." But she told her faithful to accept Trump and the election results, urging them to give him "an open mind and a chance to lead."

Before Clinton took the stage at a New York City hotel, top aides filed in, eyes red and shoulders slumped, as they tried to process the celebrity businessman's shocking win after a campaign that appeared poised until Election Day to make Clinton the first woman elected U.S. president.

Clinton, who twice sought the presidency, told women: "I know we have still not shattered that highest and hardest glass ceiling. But someday, someone will and hopefully sooner than we might think right now." Her remarks brought to mind her 2008 concession speech after the Democratic primaries in which she spoke of putting "18 million cracks" in the glass ceiling.

> To all the little girls who are watching this, never doubt that you are valuable. Hillary Clinton

"To all the little girls who are watching this, never doubt that you are valuable and powerful and deserving of every chance and opportunity in the world to pursue and achieve your own dreams," she said as her husband, former President Bill Clinton, stood wistfully by her side.

In perhaps a subtle nod to bridging the red state and blue state divide, Clinton wore a purple blouse and a dark blazer with a purple lapel while her husband wore a purple tie.

Flanked by her husband, daughter Chelsea Clinton and running mate Virginia Sen. Tim Kaine, Clinton said she had offered to work with Trump on behalf of a country that she acknowledged was "more deeply divided than we thought." THE ASSOCIATED PRESS

Obama promises peaceful transition

In an awkward political ritual, President Barack Obama urged the nation Wednesday to join him in rooting for President-elect Donald Trump's success, even as he and his shell-shocked aides prepared to watch a successor undo much of their work.

Conceding Hillary Clinton's loss, Obama vowed to do all he could to facilitate a smooth transition and to ensure Trump would be well-positioned to run the country. He'd congratulated Trump by phone and invited him to sit down together at the White House.

"We all want what's best for this country," Obama said.

Obama delivered his sunny call for unity while standing in the Rose Garden, much as his predecessor President George W. Bush did after Obama's victory in 2008. It was a symbolic moment meant to signal the calm transfer of power from one president to the next.

But it was also a bit of counselling for devastated Democrats. Obama spoke to more than a hundred of his White House staffers, who stood silently, dazed, some crying. THE ASSOCIATED PRESS

President Barack Obama, together with Vice President Joe Biden, addresses the nation after Donald Trump was elected. AFP/GETTY IMAGES

NISSAN 2016 CLEARANCE FINAL DAYS

NISSAN
innovation that excites

YOUR LAST CHANCE TO GET INTO A 2016 WITH UP TO

$14,000^ IN CASH REBATE ON SELECT 2016 TITAN XD MODELS

OR GET FINANCING FROM **0%†** APR FOR UP TO **84** MONTHS ON SELECT MODELS

NOW ALL HONDA, TOYOTA, HYUNDAI, MAZDA AND NISSAN OWNERS GET EXCLUSIVE ACCESS TO OUR **LOYALTY PROGRAM.**

GET UP TO A **$2,016** LOYALTY/CONQUEST CASH**
WHEN FINANCING OR LEASING WITH NCF

SENTRA®

1.8 SR model shown▲

CLEARANCE CASH	OR GET FINANCING FROM
UP TO **$3,750*** ON 2016 SENTRA S MT	**0%†** APR FOR **84** MONTHS ON 2016 SENTRA SR CVT MOONROOF PACK

JUKE®

Juke Nismo model shown▲

CLEARANCE CASH	OR GET FINANCING FROM
UP TO **$6,000*** ON 2016 JUKE SL AWD	**0%†** APR FOR **84** MONTHS ON 2016 JUKE SV FWD

ROGUE®

SL AWD Premium model shown▲

STANDARD RATE FINANCE CASH	OR GET FINANCING FROM
UP TO **$5,000*** ON 2016 ROGUE SL PREMIUM	**0%†** APR FOR **72** MONTHS ON 2016 ROGUE SV AWD MOONROOF & FAMILY & TECH

PATHFINDER®

Platinum model shown▲

STANDARD RATE FINANCE CASH	OR GET FINANCING FROM
UP TO **$6,000+** ON 2016 PATHFINDER PLATINUM	**0%†** APR FOR **60** MONTHS ON 2016 PATHFINDER PLATINUM

TITAN XD®

Platinum Reserve model shown▲

CASH REBATE	PLUS LOYALTY/CONQUEST CASH
UP TO **$14,000^** ON 2016 TITAN XD DIESEL PLATINUM RESERVE	**$1,000** WITH CASH PURCHASE OR FINANCING THROUGH NCF

ALREADY DRIVING A NISSAN? OUR LOYALTY PROGRAM HAS GREAT OFFERS!
VISIT CHOOSENISSAN.CA OR YOUR LOCAL RETAILER

STADIUM NISSAN

2420 Crowchild Trail NW, Calgary, Alberta, T2M 4N5

1-844-757-6690

www.stadiumnissan.com

AMVIC Licensed. Offers available from November 1-30 2016. *Fully stackable clearance cash discount of $3,750/$6,000 will be deducted from the negotiated selling price before taxes and is applicable only to customers purchasing, financing or leasing any new 2016 Sentra S MT (C4LG56 AA00)/2016 Juke SL AWD (N5XT16 AA00). +Standard rate finance cash discount of $5,000/$6,000 will be deducted from the negotiated selling price before taxes and is applicable only to customers financing any 2016 Rogue SL AWD Premium (Y6DG16 BK00)/2016 Pathfinder Platinum 4x4 (5XEG16 AA00) through NCF at standard rates. The cash discounts cannot be combined with lease or finance subvented rates or with any other offer. ^$14,000 Cash Rebate is applicable on the cash purchase of a 2016 Titan XD Diesel Platinum Reserve (3CPD96 AA00/AA50) which will be deducted from the negotiated selling price before taxes. Cash rebate is not combinable with lease and finance offers. †Representative finance offer based on a new 2016 Sentra SR CVT Moonroof Pack (C4SG16 AA00)/2016 Juke SV FWD (N5RT56 AA00)/2016 Rogue SV AWD Moonroof & Family & Tech (Y6CG16 NV10)/2016 Pathfinder Platinum (5XEG16 AA00). Selling price is $23,324/$22,074/$34,319/$48,319 financed at 0% APR equals 84/84/72/60 monthly payments of $278/$263/$477/$805 monthly for an 84/84/72/60 month term. $0 down payment required. Cost of borrowing is $0 for a total obligation of $23,324/$22,074/$34,319/$48,319. Includes $1,000/$500/$500/$1000 special finance cash. **Loyalty/Conquest Cash("Offer") is available only to eligible customers who, in the 90 days preceding the date of lease/finance of an Eligible New Vehicle (defined below), have leased or financed a 2007 or newer Nissan, Honda, Toyota, Mazda or Hyundai brand vehicle (an "Existing Vehicle") within past 90-days. Eligibility for the Offer will be determined by Nissan Canada Inc. ("NCI") in its sole discretion. Proof of current ownership/lease/finance contract will be required. Offer is not transferrable or assignable, except to the current owner's spouse or a co-owner/co-lease of the existing vehicle (either of whom must reside within the same household as the intended recipient of the offer). Individuals who purchased/leased a vehicle under a business name can qualify for the program provided that the new deal is not a fleet deal and that the individual can provide valid documentation that they are the registered primary owner of the business. If the eligible customer elects to lease or finance a new and previously unregistered model year 2016 Nissan brand vehicle (excluding NV, Fleet and daily rentals) (an "Eligible New Vehicle") through Nissan Canada Finance Inc. (collectively "NCF"), then he/she will receive a specified amount of NCF Loyalty/Conquest Cash, as follows: (I) 2016 ALTIMA ($2,016); (II) 2016 MICRA/VERSA NOTE/SENTRA ($500); (III) 2016 JUKE/ROGUE ($600); (IV) 2016 PATHFINDER ($800); (V) 2016 TITAN XD ($1,000); (VI) 2017 TITAN HALF TON ($1,000). Loyalty/Conquest Dollars will be applied after taxes. Offer is combinable with other NCF incentives, but is not combinable with the Nissan Loyalty program. Offer valid on vehicles delivered between November 1-30, 2016. ▲Models shown $17,524/$30,854/$37,469/$49,319/$77,021 Selling price for a new 2016 Sentra S MT (C4SG56 AA00)/2016 Juke Nismo AWD (N5ZT16 AE00) /2016 Rogue SL AWD Premium (Y6DG16 BK00)/ 2016 Pathfinder Platinum 4x4 (5XEG16 AA00)/ 2016 Titan XD Diesel Platinum Reserve (3CPD96 AA50). Offers include freight and PDE charges ($1,600/ $1,750/ $1,795/$1,795/$1,795) air-conditioning levy ($100), applicable fees, manufacturer's rebate and dealer participation. License, registration, insurance and applicable taxes are extra. Offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Vehicles and accessories are for illustration purposes only. See your dealer or visit Nissan.ca/Loyalty. See your participating Nissan retailer for complete details. Certain conditions apply. ©2016 Nissan Canada Inc.

Supporters of Donald Trump react to early results on election night. AFP/GETTY IMAGES

White votes fuelled win

DATA

Demographics similar to Brexit support

A white voter movement came out and staged its own version of Brexit on Tuesday by supporting U.S. President-elect Donald Trump and his xenophobic, anti-free trade ways, polling data show.

It wasn't just the white, disaffected male and female voter without a college degree who voted for Trump. So did the white middle class of both sexes and the wealthy, according to U.S. election exit data compiled by CNN based on 24,537 people leaving 350 voting stations.

White voters made up 70 per cent of the total election votes. Of the white support, 58 per cent voted for Trump while 37 per cent went for Hillary Clinton, the data show.

African-Americans made up 12 per cent of the vote and of those 88 per cent supported Clinton and eight per cent Trump. Of Latin American voters, which made up 11 per cent of the vote — 65 per cent voted Clinton and 29 per cent went Trump.

White, non-college educated support for Trump was expected and so was the support for him among wealthier whites, said Melissa Williams, a University of Toronto political science professor.

"But the base, the core of the support is of white, middle income people of both sexes. The extent of which women in that cohort ended up supporting Trump is a bit surprising," said Williams, who is spending this year as a senior democracy fellow at the Harvard Kennedy School.

Among white men, 63 per cent went for Trump while 31 per cent voted for Clinton. Among the women, 53 per cent went Trump and only 43 per cent voted Clinton.

"It clearly is a white voting block. The demographic profile of Trump supporters is very similar to that of Brexit supporters," Williams said.

"When the working class is angry, facing a bleak future, it is very easy for elites to mobilize racist sentiments, find a racialized scapegoat and turn that anger away from elites and towards a racialized scapegoat. That is the dynamic we saw in the Brexit and Trump campaigns," Williams said.

"Brexit was the first brick that was knocked out of the establishment wall. A lot more were knocked out last night," Farage told Time magazine on Wednesday.

This truly is a transnational phenomenon, agreed Williams.

"We have been witnessing the rise of right wing, populist; I call them white wing populist movements across advanced democracies. There is something structural going on here that is common to the U.S. and many European countries, including the U.K.," she said.

Growing wealth inequality, the growth of the one per cent top income earners against the 99 per cent, played a role and Clinton did not appeal to those young, millennial voters who supported Democratic primary candidate Bernie Sanders. "They trusted Bernie because he has been hammering inequality forever," said Williams.

Trump was not the perfect candidate, but his voters accepted that early on and he had the perfect message for his base, agreed Connor Whitworth, a consultant at Navigator. That was a message of fear, anti-immigration, of calling Mexican immigrants rapists and criminals and of building walls between America and Mexico.

TORSTAR NEWS SERVICE

Here's how America voted:
Compiled by CNN

RACE

70%

White: 70 per cent
37 Clinton | 58 Trump

11%

Latino: 11 per cent
65 Clinton | 29 Trump

GENDER

48%

Males: 48 per cent
41 Clinton | 53 Trump

52%

Females: 52 per cent
54 Clinton | 42 Trump

AGE

18-29

19 per cent
55 Clinton | 37 Trump

30-44

25 per cent
50 Clinton | 42 Trump

INCOME

Under $50K

36 per cent
52 Clinton | 41 Trump

Over $50K

64 per cent
47 Clinton | 49 Trump

Jacquie Buckley, left, a retired member of the Canadian military, poses with her daughter Teresa Steeves, right, and her grandson Mason Rafuse-Steeves in Calgary. JEFF MCINTOSH/THE CANADIAN PRESS

Ex-soldier fears pain has legacy

REMEMBRANCE

Sgt. Buckley sees signs of disorder in her child, grandkid

When retired soldier Jacqueline Buckley sees her grandson get angry, she can't help but think of her own capacity to explode with rage. She also thinks of the fury that can be unleashed by his mother, her daughter.

The former sergeant believes this is the legacy of her post-traumatic stress disorder, a harrowing psychological wound she was diagnosed with in 2009.

She notes that her own military dad was a stoic man who refused to discuss what he did during postings to Germany and Cyprus. Their cold relationship was not unlike the one she would forge with her own kids.

"I knew he loved me but I don't think I ever felt it," says Buckley, who lives in Carstairs, Alta.

Now she frets over the fate of her daughter's hyperactive toddler, a rambunctious boy who she suspects may have behavioural issues, as well as his 12-year-old half-sister. Buckley believes they're hobbled by a rocky childhood in which their young mother fell in and out of violent relationships and became addicted to oxycodone and heroin.

Buckley blames part of those struggles on her own poor caregiving skills, which she says went south in 1998. She was part of a grisly mission to analyse dental remains of the victims of Swissair Flight 111, the airliner that smashed into the ocean near Peggys Cove, N.S.

Today, Buckley suspects her children and grandchildren are suffering from a condition sometimes referred to as vicarious trauma, compassion fatigue or secondary PTSD. THE CANADIAN PRESS

CORRECTIONS

Reopening prison farms gets support

Public consultations carried out by the federal government suggest there is "strong support" for reopening prison farms that were shut down across the country six years ago.

The Liberal government is currently carrying out a feasibility study on penitentiary farms and is looking in particular at the possibility of reopening two in the Kingston, Ont., area.

The 2010 closure of the country's prison farms by the then-Conservative government — six in total operating at institutions in New Brunswick, Ontario, Manitoba, Saskatchewan and Alberta — was highly controversial.

Opponents argued the decision was made without properly considering the essential skills the farms taught participating inmates. There was also criticism that local community members had not been adequately consulted.

THE CANADIAN PRESS

ONLY AT VARSITY CHRYSLER

$2 MILLION DOLLAR PRICE DROP

OVER 240 NEW 2016 CLEARLY DISCOUNTED BY AN AVERAGE OF $8400! TAKE THE SALE PRICE OR TAKE THE DISCOUNT AS CASH-BACK!

RAM 1500 REGULAR CAB
STK 300376

$68 PER WEEK
WAS $33,215
PRICE DROP $23,998
TAKE THE DISCOUNT $9,217 OR TAKE THE CASH

RAM 1500 CREW CAB 4X4
STK 261524

$92 PER WEEK
WAS $48,640
PRICE DROP $32,998
TAKE THE DISCOUNT $15,642 OR TAKE THE CASH

RAM 1500 QUADCAB SXT 4X4
STK 568083

2017 MODEL LEASE SPECIAL
0% $319 PER MONTH!

VIEW OUR SPECIALS AT VARSITYCHRYSLER.COM

Varsity CHRYSLER DODGE JEEP RAM
403-730-4000
665 GODDARD AVENUE NE

2016 RAM PAYMENTS BASED AT 3.49% OVER 96 MONTHS. 2017 RAM LEASE PAYMENTS BASED AT 0% OVER 24 MONTHS. RESIDUAL OF $25474.40 , EX. 1500 RC COST OF BORROWING OF $3854.20 AND TOTAL OBLIGATION OF $29739.84. FIRST AND LAST PAYMENT AND TAXES DUE AT SIGNING ON THE LEASE.. ALL REBATES AND ALL BONUS CASH TO DEALER ON ALL RAMS. ALL PAYMENTS INCLUDE FEES. GST EXTRA. SEE DEALER FOR DETAILS.

‘Afghan Girl’ returns home

AFGHANISTAN

Famed photo subject was deported from Pakistan

Afghan President Ashraf Ghani, right, gives an apartment key to “Afghan Girl” Sharbat Gulla. THE ASSOCIATED PRESS

Afghanistan’s president on Wednesday welcomed home Sharbat Gulla, National Geographic’s famed green-eyed “Afghan Girl,” just hours after she was deported from Pakistan, the latest in the odyssey of the globally recognized refugee.

Gulla’s deportation came after a regional court in the Pakistani city of Peshawar convicted her on charges of carrying a forged Pakistani ID card and staying in the country illegally.

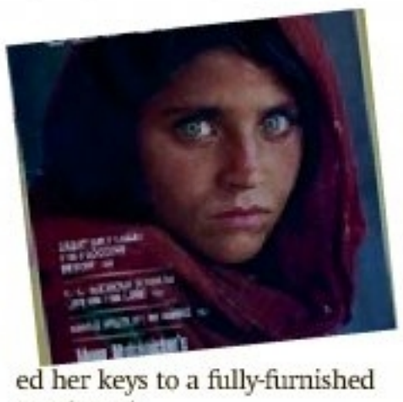
Gulla’s deportation has drawn international attention and criticism of Pakistani authorities over their perceived harsh treatment of Gulla — and other Afghans who Islamabad says will be expelled as illegal immigrants.

She gained international fame as an Afghan refugee girl in 1984, when war photographer Steve McCurry’s photograph of her, with piercing green eyes, was published on National Geographic’s cover. McCurry found her again in 2002.

In 2014, she went into hiding after authorities accused her of buying fake Pakistani documents. She was arrested in late October and the Peshawar court earlier this month ordered her deported.

Peshawar official Fayaz Khan said Gulla, a widow, and her children were taken by convoy to the border with Afghanistan before dawn Wednesday.

From there she was flown to Kabul where President Ashraf Ghani and his wife Rula hosted a reception for Gulla at the presidential palace. Ghani also handed her keys to a fully-furnished apartment.



“It is a privilege for me to welcome her. We are proud to see that she lives with dignity and with security in her homeland,” Ghani said.

She looked visibly unhappy and before crossing, turned once to look back at Pakistan, her home of many years, and murmured good wishes for the Pakistani people, according to two customs officials at the scene. The officials spoke to The Associated Press on condition of anonymity because they were not authorized to talk to the media.

After the Peshawar court sentenced Gulla to 15 days in jail and a fine of $1,000, she fell ill and was admitted to the city’s Lady Reading hospital.

The hospital staff gave Gulla a bouquet of red roses as she was taken away Wednesday, said Dr Mukhtiar Zaman, who described her as still being weak from her illness.

THE ASSOCIATED PRESS

LONDON

Seven die as tram tips

Seven people were killed and more than 50 injured when a tram derailed while rounding a tight curve in a rainstorm in south London Wednesday, police said.

The Rail Accident Investigation Branch said the tram derailed as it was negotiating a sharp curve with a speed limit of 20 km/h.

British Transport Police initially said five people had died, with several others seriously injured. The force later raised the death toll to seven.

Police arrested the 42-year-old tram driver on suspicion of manslaughter.

Emergency workers laboured for hours to free five people trapped in the wreckage of the two-carriage tram tipped over next to an underpass in the Croydon area.

The Rail Accident Investigation Branch said the tram derailed as it was negotiating a sharp curve with a speed limit of 20 km/h.

“Initial indications suggest that the tram was travelling at a significantly higher speed than is permitted,” it said in a statement.

Passenger Martin Bamford, 30, said the train speeded up and “everyone just literally went flying.”

Wednesday’s derailment is the first tram accident with onboard fatalities since the 1950s, but official figures show that 20 people were injured in 112 tram-related accidents in the year to March, including one derailment and two collisions with other trams.

Prime Minister Theresa May and London Mayor Sadiq Khan sent condolences to the injured and the families of the dead.

THE ASSOCIATED PRESS

CHOLERA

Haiti vaccinating nearly 1M

Health authorities in Haiti have begun a campaign to vaccinate 800,000 people for cholera in areas hit hardest by Hurricane Matthew.

Ministry of Health nurses are administering the oral medication in the southwestern departments of Sud and Grand’ Anse.

There have been around 3,500 suspected cases of the water-borne illness since the hurricane.

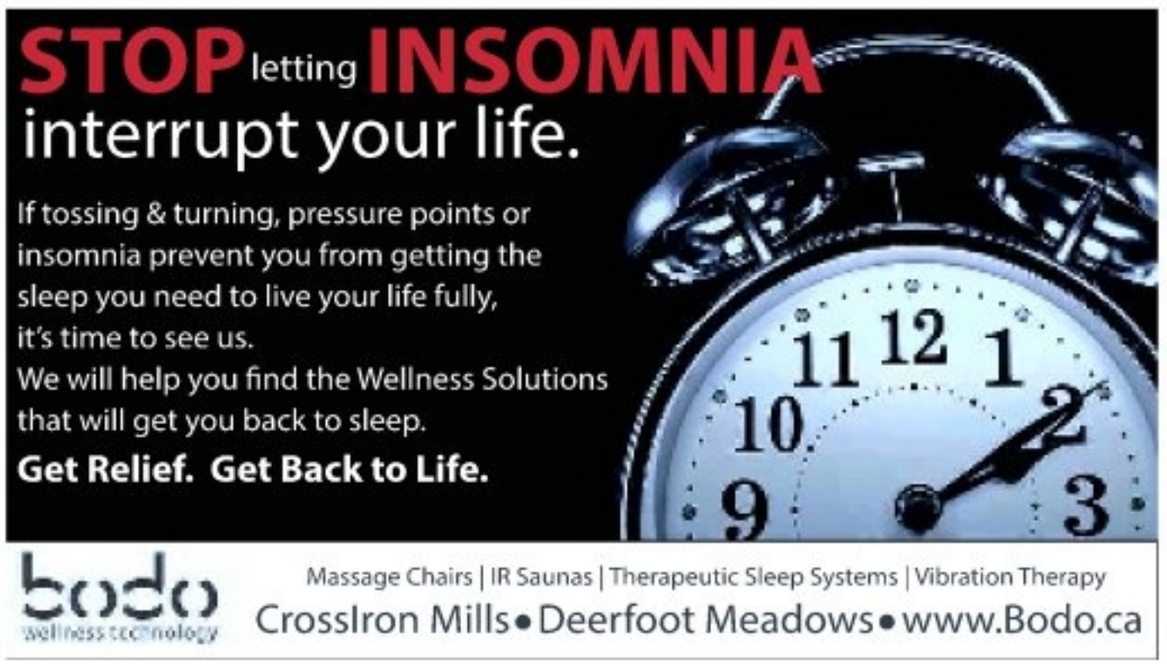
The vaccine provides about six months of protection.

The Pan American Health Organization said Wednesday that international organizations are also assisting with the distribution of clean water, sanitation and treatment for an illness that has killed 10,000 in Haiti since October 2010.

Hurricane Matthew has created ideal conditions for the spread of cholera by destroying water supplies and forcing people who lost homes to squeeze into overcrowded shelters.

The government says the storm killed 546 people.

THE ASSOCIATED PRESS



metro VIEWS
Your essential daily news
Weekend, November 10-13, 2016

JESSICA ALLEN ON THE WEIRDEST ELECTION EVER

It's not funny. It's so absurd that it's beyond the realm of satire. And I wonder, while we are laughing, if the joke is on us.

Boy, we've had some good laughs over the last 18 months. There was the hair, the tiny hands, the tan, a "bigly" or two, "nasty woman" and don't forget "lock her up."

And it wasn't just late-night talk show hosts, Saturday Night Live, and satirical websites capitalizing on the circus, but the mainstream media, too. The New York Times, for example, recently published a list of the 282 people, places and things Donald Trump has insulted.

Today, however, the day after a reality-television star was elected the 45th president of the United States of America, it's not funny. It's so absurd that it's beyond the realm of satire. And I wonder, while we are laughing, if the joke is on us.

But it was funny, wasn't it? At least in an unbelievably dark sort of way: A failed casino mogul who has franchised his name, has the backing of the world's most elite hacking unit and the world's most powerful proto-totalitarian state, ran for president with zero political experience, demanded the imprisonment of his opponent, and was endorsed by the KKK — and his name is *Trump*. Thomas Pynchon couldn't make that up.

Although Trump's rallying cry of "the system is rigged" has now been hushed since the system allowed him to win, that was funny, too, in the way a funhouse mirror is: showing you a laughable version of your face, until you notice that giant zit on your chin.

Because, whether we like the rhetoric or not, there is a good argument to be made that it's true. Not literally rigged — although African Americans in North Carolina may disagree — but how did a primary proceed in which Hillary was allegedly given debate questions ahead of time to battle Bernie? When Russian hackers forced the ouster of the DNC chairwoman when it was revealed that the party apparatus had rallied in Clinton's favour? Why do we believe the women who've accused Trump of sexual assault but not those who've accused Bill Clinton of the same?

How could an entire industry dedicated to making sense of all this have gotten it so wrong?

How did the two most disliked candidates in American history come to represent their parties in the race for the country's highest office?

Just part of the vertigo-inducing nature of this election is that one of those people (Clinton) also happened to be the most qualified candidate in the history of American politics.

But there's nothing funny about the way much of the media has framed Trump as a cause, rather than a symptom, of what's wrong with America: as this demagogic figure that emerged from a bubble and released his anti-democratic, racist and misogynistic ideas into the country.

CHANGING TIMES Presumed shoo-in Philip Roth lost the Nobel Prize in literature to Bob Dylan, the man who taught us that answers blow in the wind, so Trump's victory wasn't the first election to elicit disbelief, Jessica Allen writes.
THE ASSOCIATED PRESS/CHRIS PIZZELLO

As recently as Sunday, for example, the New York Times' Maureen Dowd posited that when historians write about this election, "The epic dark saga will unfold this way: A man filled with fear and insecurity, created a hate-mongering character and followed it out the window."

But these dark and twisted ideologies so vigorously lapped up by Trump's supporters have been brewing beneath the surface since long before he announced his candidacy. Trump just stirred the pot.

How could an entire industry dedicated to making sense of all this have gotten it so wrong? I don't know what's more puzzling: how wrong the media was or how puzzled they are over how wrong they were.

Still, it's not the first election to elicit disbelief. Philip Roth, who many thought was a shoo-in for this year's Nobel Prize in literature, which went to the man who told us the answers are blowing in the wind, was so incredulous after watching Richard Nixon in televised presidential debates that he was filled with "professional envy."

Twenty-four years later, in a 1984 interview with the Paris Review, Roth said: "Any satirist writing a futuristic novel who had imagined a President Reagan during the Eisenhower years would have been accused of perpetuating a piece of crude, contemptible, adolescent, anti-American wickedness."

I sometimes wonder how Suetonius, the ancient historian, or professional muckraker depending on who you ask, felt as he wrote The Twelve Caesars.

If they lived in our time, these leaders would be better suited to reality television — think Caesar's combover, Caligula's horse, and all that poison — than to public life. But it would hardly make a difference because there is no "real." It's all reality television now. Maybe it always has been.

"So sad."

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Think it's hard to tell kids about politics? Try talking to your parents.

Talking about politics with parents isn't easy. While my mother, a political science nerd, cannot be prevented from having a political opinion, my father, a serious statistician, would rather we all got along. Quietly. Some parents are more vocal and politically inclined than others. As a whole, however, there is a troubling silence between generations on the issues and ideas that matter.

The political intentions of young people are not a mystery to me. In this election, according to exit poll data from CNN, young people from almost every racial group voted for Clinton as expected. (The exception to that being 18-29-year-old whites, who gave 48 per cent of their vote to Trump, and that is a column for another day.)

But what are the voting concerns of people my parents' age? And how do we bridge our two political worlds?

I think more people could start over the dinner table. Politics is hard, but it's harder to yell at a relative with pasta in your mouth. Hard, but not impossible, so chewing slowly is also key.

It's a conversation even the stars will be having. TMZ reported that during her appearance at Javits Center in support of the Clinton campaign, Katy Perry said although her parents had voted for Trump, there would still be peace at her family's Thanksgiving table.

There should be peace, but there should also be a willingness to participate in the ideas we all hold. I use humour to open up a space for important conversations.

As we watched the second debate of the election over Thanksgiving dinner, I asked my dad, "Are you a feminist?" He laughed but didn't answer. Minutes later, I persisted, "But, no though, are you a feminist?"

He shrugged, "That's a big question. I don't know if I know what that means."

He continued to demur to the point that it became a running joke between us over the rest of the night. I would corner him in the kitchen and he'd laugh off the question.

Yesterday, he called me from his office in upstate New York to commiserate. He hadn't found feminism exactly, but he too was inescapably saddened by the Clinton loss.

Not everyone can joke and prod their parents into a political reckoning. For people who feel safe in their family's unconditional love, there is an immense value in asking questions, listening and learning.

The Trump campaign, and the movements that preceded it, have revealed that racism, sexism and rage are still potent political forces.

Can you still sit peaceably without knowing if your parents are taking those attitudes from the dining room and into the voting booth?

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR CALGARY
Darren Krause

ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at
www.mymetrostore.ca

metro LIFE
Your essential daily news

Your career is in your hands.
ROBERTSON COLLEGE
Massage Therapy
Program starting soon.

Why not even Bey in a pantsuit could help

Hillary Clinton's celebrity endorsements may have worked against her

DUANE PROKOP/GETTY IMAGES

Sneh Duggal
For Metro Canada

"I'm with her."

World-renowned singer Beyoncé spoke these words of support for Democratic candidate Hillary Clinton just days before Americans voted for their new leader, Donald Trump.

Clinton walked out onto a stage in Cleveland on Nov. 4 as rapper Jay Z told the crowd: "I would like to introduce to you the next president of the United States, Mrs. Hillary Clinton."

Clinton was all smiles that night, embracing Beyoncé, who wore a pantsuit for the occasion, and her husband, Jay Z.

Their message was clear: vote for Hillary Clinton.

"I want my daughter to grow up seeing a woman lead our country," Beyoncé told the crowd.

Clinton's campaign trail had a star-studded cast, with many celebrities vocalizing support for the democratic candidate, showing up or performing at events and rallies. This included singers Katy Perry and Lady Gaga, comedian Amy Schumer and actresses Lena Dunham and Meryl Streep.

But when Trump raced ahead at the polls on Nov. 8, some questioned the impact of celebrity influence.

Boyd Neil, senior digital strategist with Hill + Knowlton Strategies who teaches a course on reputation management at Ryerson University, said celebrities do not have the impact on campaigns that people might think.

"There's nothing wrong with having a celebrity on your side, (it's) better to have them on your side than against you, but does it make a fundamental difference? No it doesn't."

Neil said while people enjoy individuals as celebrities, they do not necessarily trust their judgment when it comes to politics, economics, social issues or international affairs.

He said there was also a very strong belief among especially white working class men in the United States that there was an entrenched elite in Washington and that Clinton was part of that elite.

Some who voted for Trump did so despite knowing his flaws "because he ran a campaign that said the elites in Washington are preventing America from being great, so let's make America great again by getting rid of the elites," Neil said.

"It worked in the sense that it spoke to her base, but it didn't really attract anyone on the other side of the aisle.
Clive Veroni, brand strategist and president of Leap Consulting

Meanwhile, some view celebrities as elites.

"So when elites … come out and say support Clinton, when you believe the elites in Washington are the cause of the problems in the U.S., then they have no impact on the people who vote."

Clive Veroni, a brand strategist and president of Leap Consulting, said that the celebrity endorsements were important for Clinton supporters. "It kind of reinforced their self perceptions and their perception of Clinton as a brand and made them feel better about her as a candidate," said Veroni, also author of Spin: How Politics Has the Power to Turn Marketing On Its Head.

But for the other half of the electorate, Trump supporters, many of them white males without a college education, the celebrities endorsing Clinton were "exactly who they don't want to be associated with."

"It worked in the sense that it spoke to her base, but it didn't really attract anyone on the other side of the aisle," he said.

But more than associating themselves with celebrities, Veroni said the concerts and events held were an attempt to capture data and reach out to people, particularly millennials and racial and ethnic minorities and encourage them to vote.

Exit polls show Clinton secured 55 per cent of the vote amongst those aged 18-29, while Trump won 37 per cent. But Clinton's numbers were lower than those of U.S. President Barack Obama in 2008 and 2012 (60 per cent and 66 per cent, respectively), according to the Pew Research Center.

Veroni said there probably weren't many undecided voters leading up to election day, but that celebrity endorsements wouldn't have made much difference on these individuals.

"I don't (think) anyone would have been particularly swayed in their allegiance to one political party or another based on which celebrity is going and giving a concert for them," he said.

Hands-on training to prepare me for my massage therapy career

New at Robertson College:
Massage Therapy Diploma Programs
Contact us now to learn more.

ROBERTSON COLLEGE
robertsoncollege.com
403.920.0070
Programs in Health Care, Business & IT

Political satire's brave new world

OPINION

Pop culture must get deadly serious about Trump era

Vinay Menon
Torstar News Service

Pop culture can't be all frivolous. It needs to get deadly serious about its new responsibility in the Trump era.

It was like watching footage of an asteroid hurtling straight toward your roof.

And then... boom!

Before you had time to run for cover, the U.S. election blew up real bad.

This was a flashbulb memory that will be stored in our brains forever.

I will never forget the sight of CNN's Wolf Blitzer and John King, standing in front of the Magic Wall and trying to make sense of numbers that made no sense. As the electoral map flashed red, as every poll and expert prediction was slaughtered, they looked as dizzy as toddlers on an accelerating merry-go-round.

"Make it stop, John," Blitzer's eyes screamed. "Hold me."

I will never forget the creeping horror as the sadistic New York Times' "Live Presidential Forecast" started to tremble and the needles tipped toward the unthinkable: President. Donald. Trump. As the "Chance of Winning Presidency" dread-o-meter fluttered to the right — 14, 20, 48 60, 95 per cent — it's like the dial was actually measuring my blood pressure.

People, I'm red-lining over here! Call a doctor! I can't feel my limbs!

It's strange to wake up in the splintered ruins of everything you thought you knew, in the debris of your shattered faith in humanity. It's hard to stumble through a Wednesday morning routine — getting the kids off to school, wheeling out the recycling bin, feeding the cat — while overcome with existential panic.

But after the most surreal election in modern history, the reality is it's time to shelve the fear and loathing. It didn't work for 18 months. It's even more useless now. It's time to accept the free world is led by a man who is at the same precipice as the rest of us: an unknown future.

If we are to turn back and avoid plunging into the abyss, North America will need an army of loud town criers who are willing to shout down the drooling extremists that flank President Trump. It won't be easy. This may still end very badly. But we'll need to be calm and vigilant and strategic. We'll need to be hopeful the Trump who delivered a surprisingly gracious victory speech in the wee hours of this mind-blowing tumult is the Trump who will saunter into the White House as a president for all Americans and a leader for all allies.

These town criers will need to include the entertainment industry.

One of the downsides of back-to-back terms for Barack Obama was the gradual dulling of political satire. This is likely to reverse with Trump. But before the knives are sharpened, the sketches, the late-night jokes, the stand-up sets, all of this will require new incision marks.

It's one thing to ridicule Bill Clinton's infidelities or George W. Bush's malapropisms. But if Trump actually follows through on his terrifying promises, if he starts making noises about state-run media or fires up the naval fleet for mass deportations or invades Moose Jaw or sets in motion a new world order — I can't believe I just typed those words — comedy will need a higher sense of purpose.

> **If Trump actually follows through on his terrifying promises ... comedy will need a higher sense of purpose.**

The Republicans now control all levels of government. The only real levers of persuasion left to inspire or rile the people — both the people who did and did not vote for Trump — now rest in cultural corners usually considered inconsequential.

That's the Trojan Horse. That's the only horse.

A new era of protest songs. TV shows with thought-expanding messages that appeal to viewers in all states. Literature that helps us better understand one another. Media that debunks the mushrooming hoaxes in our midst. Films that glorify the democratic ideals of a republic rumbling through an ugly personality change.

Pop culture can no longer be exclusively about the frivolous.

It now also needs to be deadly serious about what just happened.

And it's why the celebrities who threatened to leave America if Trump prevailed — Amy Schumer, Lena Dunham, Samuel L. Jackson, Chelsea Handler, Bryan Cranston, Miley Cyrus, George Lopez, Barbra Streisand, Whoopi Goldberg, Chloe Sevigny — must walk back those vows made in jest.

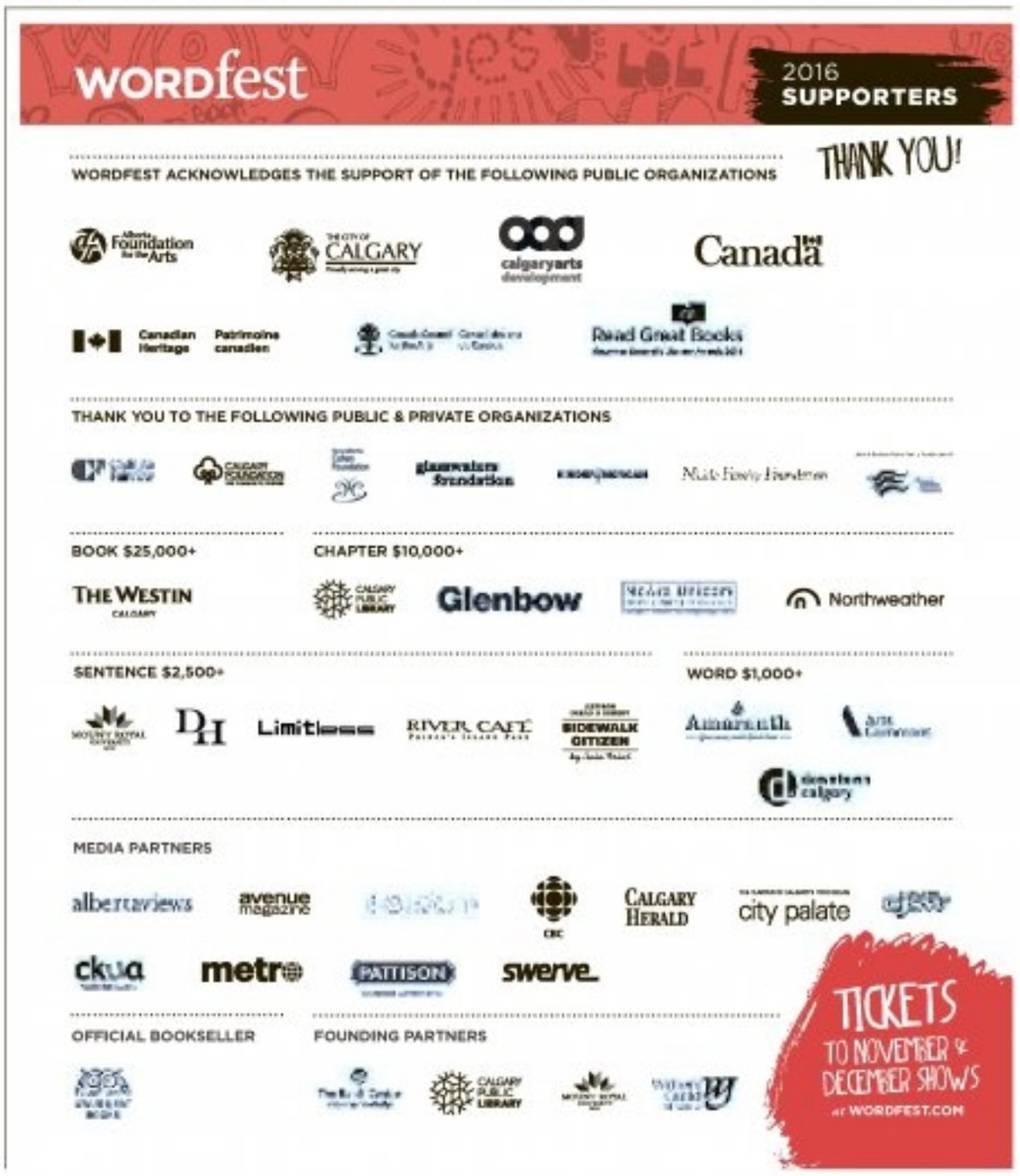
The war has just started. So helmet up and back to your Hollywood foxholes.

"I would consider getting in a rocket and going to another planet because clearly this planet's gone bonkers," Jon Stewart joked with People, about the possibility of a Trump triumph that is now a reality.

Well, Jon, the planet went bonkers this week.

And if sanity is to be restored, we'll need everyone to stay and fight.

The Fox show The Simpsons predicted a Trump presidency in a 2000 episode. CONTRIBUTED



LOWER YOUR PAYMENTS!

0%

84 MONTHS

2016 F150 XLT SUPERCREW 4x4

G-1483 • 5.0L V8 • TRAILER TOW • SPRAY-IN BEDLINER • REMOTE START

$38,658 OR PAY **$225** BIWEEKLY

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

2017 FORD EXPLORER XLT AWD

H-386 • TRAILER TOW • NAV • 20" ALLOY WHEELS

$42,844 LEASE! **$259** BIWEEKLY

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

2017 FORD ESCAPE SE 4WD

H-113 • AUTOMATIC • A/C • BACKUP CAM

$30,949 LEASE! **$159** BIWEEKLY

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

2016 FORD EDGE SEL AWD

G-1870 • PANORAMIC SUNROOF • LEATHER • NAV

$39,759 LEASE! **$228** BIWEEKLY

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

DON'T FORGET TO ASK US!

HOPE IN THE CITY LUNCHEON

THURSDAY, NOVEMBER 17TH • NOON-1:30PM • HYATT REGENCY HOTEL

IN SUPPORT OF THE CHRISTMAS KETTLE CAMPAIGN

TICKETS: https://hopeinthecitycalgary.eventbrite.ca

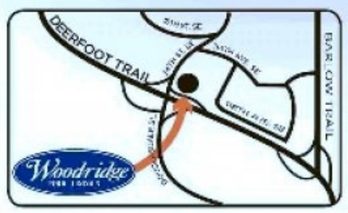
REX MURPHY
Guest Speaker

WOOD AUTOMOTIVE GROUP
Platinum Sponsor

Woodridge FORD LINCOLN

DEERFOOT & DOUGLASDALE

CALL (403) 451-6187



WE NEED YOUR TRADE! GET **THE MAX** TRADE-IN VALUE!

ALL FEES **INCLUDED!** JUST ADD THE GST!

ADVANTAGE Ford

12800 MACLEOD TRAIL SOUTH

CALL (403) 451-6205

www.WOODRIDGEFORD.com **www.ADVANTAGEFORD.ca**

*PLEASE READ- ALL OFFERS OAC. ALL REBATES TO DEALER (INCLUDING WINTER TIRE CREDIT WHERE APPLICABLE). ALL OFFERS INCLUDE AIR/TIRE TAXES, FEES AND EXCLUDE GST. F150 PAYMENT BASED ON 96 MONTH TERM @ 4.99% AND $0 DOWNPAYMENT. COB=$8,690. ESCAPE LEASE BASED ON 60 MONTH TERM @ 0.99%, 16,000 KM/YR DRIVING LIMIT AND $0 DOWNPAYMENT. LEV= $11,426. EDGE/EXPLORER LEASE BASED ON 48 MONTH TERM @ 0.99/2.99%, 16,000 KM/YR DRIVING LIMIT AND $0 DOWNPAYMENT. LEV= $17,136/$19,581. EXCESS CHARGE OF $0.16/KM MAY APPLY TO LEASES THAT EXCEED LISTED DRIVING LIMIT. PRICE AND PAYMENT OFFERS ARE NOT ELIGIBLE FOR NO CHARGE WINTER TIRE OR ACCESSORY OFFER. OTHER CONDITIONS MAY APPLY. INVENTORY ACCURATE AT TIME OF PUBLICATION. VEHICLES MAY NOT BE EXACTLY AS SHOWN. OFFERS END 11/30/16. SEE DEALER FOR FULL DETAILS.

Before and after, zits and all

BODY IMAGE

From anxiety to makeup tips: Lalonde's book covers a lot

Growing up in Waterloo, Ont. Estée Lalonde was an introverted kid who had trouble making friends.

Now, she's a 26-year-old YouTube sensation, living in London and partnering with brands like Burberry and The Body Shop.

Fittingly, Bloom is the name of her book, published by Appetite by Random House. In it, she focuses on beauty, body image and fashion, while also discussing her experience with childhood anxiety and the depression she experienced after moving to London alone at the age of 19.

The book is a physical addition to her already established online empire, including her Instagram account with 684,000 followers, her Twitter account with 241,000 followers and her YouTube channel with 1.1 million subscribers.

Why a book?
Everything I do is online. I've never really had that moment where I'm like, "Wow, I made this." You can see the views on the Internet, but it's not tangible. I wanted to challenge myself.

How did you start blogging?
When I moved to England seven years ago, I was really upset and I didn't know what to do. I was feeling down. One day I was like, "Maybe I'll get some makeup and cheer myself up." I wasn't even really into makeup at the time. I started Googling "best lipstick" and then I was like, "Oh my god, look at all these blogs!" I didn't even know what a blog was back then. I read them for a couple of months and I was like, "I'm not really doing much else, I could probably make my own." I blogged for six months before I started making videos.

What is it that makes these people want to watch you?
I think just the fact that I'll go on camera with no makeup on and you can see how many zits I have. I think people are like oh, she's not always glamorous and wearing heels. I show both sides — that's relatable.

Starting out, what was challenging?
Really, for three years, I wasn't getting paid to do this. It was a passion and it was fun, but it was a hobby. I didn't know back then, this could be a job.

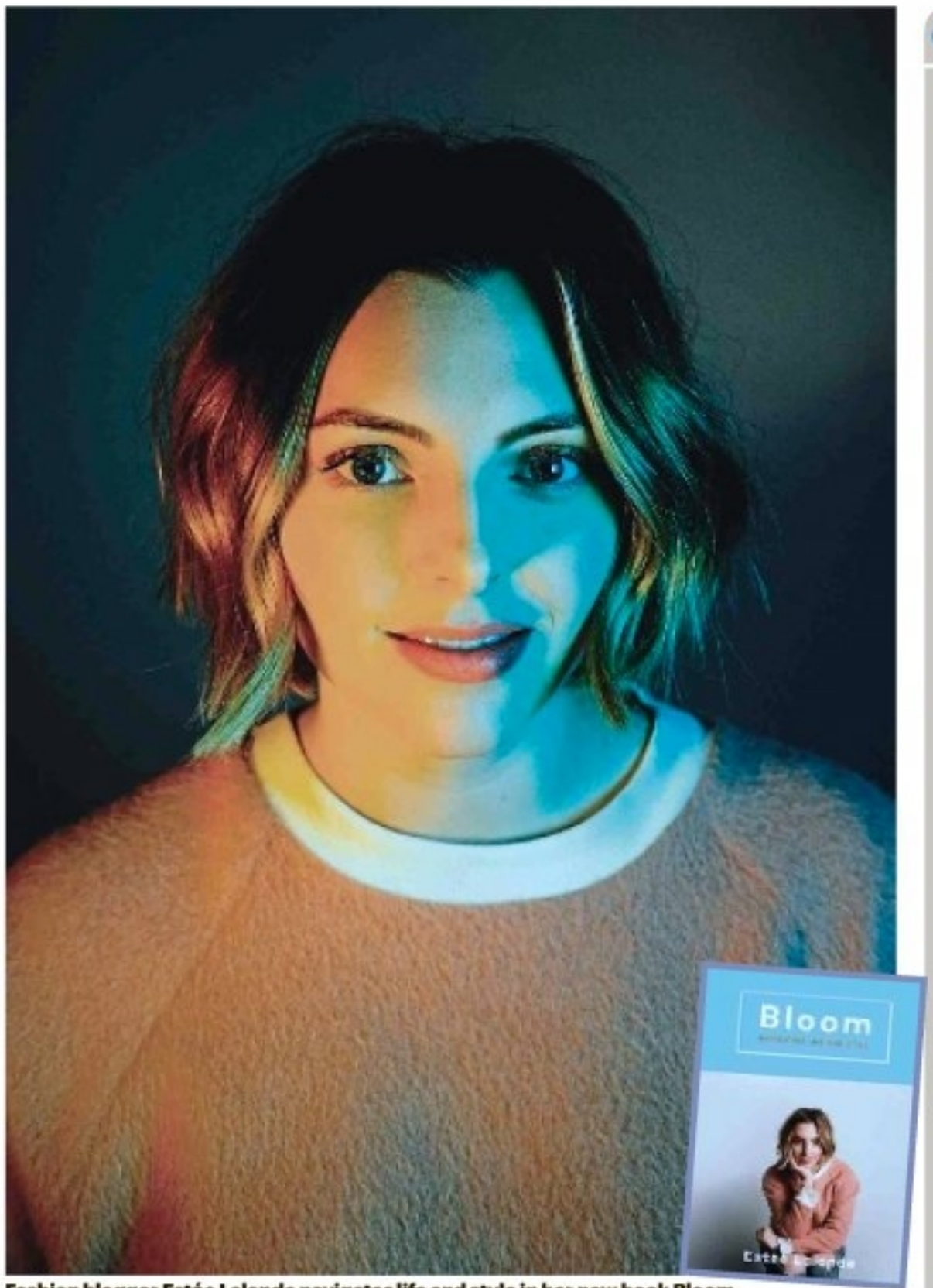
What's your best beauty tip?
I do face masks in the morning. It's some chill time before doing my hair and I really like it. I use sheet masks. I really like the Lancôme one and this one by SK-II.

How do you get paid now?
Ads that appear before videos, sponsored videos and brand partnerships. For instance, I'm working with Adidas as an ambassador for the next year. I think bigger brands are starting to be like, "OK, these people have a cool platform and how can we work together?"

How important is it to you to be transparent about partnerships and saying when you've been gifted items?
It's essential. And you have to by law. I want to do it too — I'm proud of every collaboration I do. When I say yes, it's because I love the brand.

This interview has been edited and condensed.

TORSTAR NEWS SERVICE



Fashion blogger Estée Lalonde navigates life and style in her new book Bloom.
RANDOM HOUSE/CONTRIBUTED

BOOK EXCERPT

How to be less anxious

1. Go into social settings thinking "just be yourself."
2. Don't put on any fronts or personas to impress the people around you.
3. The real party doesn't get going till you're much older. If you're still in your teens, you're not missing out now.
4. It's OK not to get along with everyone.
5. Focus on what you care about most and the real friends will come.
6. If I'm feeling really wound up I will go to the washroom, look at myself in the mirror and say, "You can do this!" That's just the mantra that works for me, but I suggest coming up with your own!
7. When I get anxious I find myself holding my breath. Take a few minutes alone to breathe in and out deeply and slowly — that always calms my nerves.
8. Find someone you feel comfortable around and focus on them until you're relaxed enough to mingle with new people.
9. Before a social situation listen to something such as music or a podcast.
10. Remember that you're not the only person who feels anxious. It's just the feeling of adrenaline rushing through your body and everything will be OK. I wish my younger self knew that there were people out there in the world who would accept me — and not only accept me, but like me! What a concept.

ESTÉE LALONDE'S NEW BOOK, BLOOM, FOCUSES ON BEAUTY AND FASHION, WHILE ALSO DISCUSSING HER EXPERIENCES WITH ANXIETY AND DEPRESSION.

Host to drop clues about sleuthing show future

Podcast Mystery Show was a breakout hit before going dark for 15 months and counting. Its creator Starlee Kine, pictured above, will preview its future at Toronto's first Hot Docs Podcast Festival Nov. 20. TORSTAR NEWS SERVICE

PODCAST

Fans wonder what happened to Starlee Kine, Mystery Show

On her podcast Mystery Show, Starlee Kine has pulled off such sleuth successes as ID-ing the owner of a long lost belt buckle, deciphering the true meaning of a licence plate that read "I Luv 911," and establishing for posterity the precise height of Jake Gyllenhaal, at least according to Jake Gyllenhaal himself.

The show became representative of our current Golden Age of podcasts, topping the iTunes charts in Canada and the U.S. Lauded by iTunes as the Best New Podcast of 2015, it lingered among the Top 100 in Canada until as recently as Oct. 9.

Yet Kine, 41, has created a mystery of her own during the show's extended hiatus. A cryptic statement she posted on Mystery Show's Facebook page and Medium.com only stoked the suspense.

"Many of you have been asking what's going on with Mystery Show, wondering when it will come back," Kine posted on Oct. 6. "This has often been phrased as 'help me solve the mystery of what happened to Mystery Show.'

"Okay (sic). I kind of left myself open for that one."

She went on to write that Gimlet, the company that produced Mystery Show, had let her go as she was in the midst of developing the show's second season, calling the podcast "unsustainable." Gimlet echoed Kine's claim in a statement of its own.

Reached over the phone on the West Coast, Kine described working on the second season as "rough." Beyond that, she wouldn't speak about any new cases. "It's hard to talk about things that you are actively working on because that can even mess something up creatively," she says.

But Kine will be providing new clues on Nov. 20, when she presents Mystery Show live at Toronto's inaugural Hot Docs Podcast Festival. Kine confirms that part of the show will be an episode that she reads live and plays interview clips from.

The mundane mysteries Kine explores are often overshadowed by the characters she meets along the way: take the 911 operator who received a call about a dog driving a car, for example. The show serves as a forum for Kine to follow her natural curiosity about people.

"If I go to a restaurant and I see someone eating by themselves, even if I've gone there by myself, I almost can't get through dinner because I am so worried about them," she admits.

She admits to a low tolerance for artifice. Though all-in on Shonda Rhimes-produced shows ("I think that Shonda Rhimes should rule the country"), particularly Scandal ("I think that Scandal has, more than anyone, most accurately predicted this presidential election cycle"), she bristles at the mention of How to Get Away With Murder.

"It's like every fake classroom scene has been written by someone who has never been in a classroom," she says. "(The writers) haven't all been in the surgery room and they haven't all been cleaning off bloodstains after murdering someone. But they've all been in a classroom and no one seems to understand what that place is like."

Kine herself struggles under the burden of her own standards. Her bar is currently set to Donald Glover heights, as she's been obsessed with his TV series Atlanta.

"I just like watching and reading and listening to things that are really committed to what they're doing. I don't mind failure if it's really trying to do something. I like vision."

That, and hard-boiled gumshoes, of course. She cites Peter Falk as her ultimate detective inspiration. "When I feel like dipping back into that feeling, I'll go watch Columbo."

TORSTAR NEWS SERVICE

"If I go to a restaurant and I see someone eating by themselves ... I almost can't get through dinner because I am so worried about them. Starlee Kine

Get on board and get up to 30,000[1] Aeroplan Miles.

Offer ends December 2, 2016. Conditions apply.

Visit tdaeroplan.com/ca or call 1-888-714-4459 to learn more

TD Banking can be this comfortable.

[1] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Amy Adams, who plays a linguist in Arrival, says as a mom in her 40s she's at a crossroads. The film, which has a significant motherhood context, helped her with this internal shift. CONTRIBUTED

Amy Adams no longer plays a princess

INTERVIEW

Actress veers away from innocence in latest films

For a time, Amy Adams, a former chorus girl from Colorado, was known for her princesses and country girls: sweet and sunny characters that helped make Adams a star.

"I call them the innocents —like Picasso, my 'innocent period,'" Adams says, chuckling. "But the naivety or anything that I brought to a role, I didn't feel trapped by it. I thought each of them saw the world in a different way. I was perplexed that people saw me in that way but I understood it. I didn't know when or how that would change, but I knew it needed to in order for me to evolve as an actress."

That evolution has been going on for some time, from the forceful restraint of her performances in Doubt and The Master to more unbridled outings in a pair of David O. Russell films, The Fighter and American Hustle. At 42, she is already a five-time Oscar nominee. But this fall, in a pair of intelligent, layered performances, Adams' expanding range and growing complexity has never been more on view.

In Denis Villeneuve's Arrival, she stars as a linguist tasked by the government with communicating with newly landed aliens whose sleek, orb-like ships are mysteriously hovering just off the ground. The movie, which

> **I feel really happy about the changes that have happened internally**
> Amy Adams

opens Friday, is thick with a Close Encounters of the Third Kind atmosphere and resonant — through Adams' performance — with deeper emotions than your average sci-fi film.

Adams also stars in Tom Ford's Nocturnal Animals (out Nov. 18), as a Manhattan gallerist trapped in an unhappy marriage. When a novel written by her first husband (Jake Gyllenhaal) arrives, she's teleported into a fictional world. The book's story, a bloody thriller, is heavy with personal subtext.

"Both of these characters come to a crossroads and I feel like I'm at a bit of a crossroads," Adams reflected in an interview in September at the Toronto International Film Festival, where both films played.

"It's being a mom and entering my 40s and looking at things in a different way, a way that has been really awesome," Adams said of her shift. "I feel really happy about the changes that have happened internally. I feel like these films helped that happen."

But those changes, she says, are mostly about finding a balance between her career and her family life. She and husband Darren Le Gallo have a six-year-old daughter. Though spelling out the connection would give too much away, motherhood was an especially powerful influence on Arrival. Adams agreed to do the film within 24 hours of being sent the script.

"Every time I start talking about my daughter in relationship to Arrival, it goes straight to tears," says Adams. "My husband saw the film before I did and he couldn't talk to me for a while."

Adams' range as an actress is a sneaky kind. There are no tales of tortured transformations. She simply keeps showing up in role after role, fully inhabiting a character with warmth and smarts while, to varying degrees, remaining herself.

Working with her acting coach, Warner Loughlin, Adams builds the essence of a character in advance of shooting so that she can be free and reactive on set. That was especially necessary in both Arrival and Nocturnal Animals because both films call on her to express much without speaking. In the latter, she's often just reading.

"I have to be active and I have to drive a sort of emotional core through the movie," says Adams, "but yet I'm very much reactive at the same time. In Nocturnal Animals, I was alone a lot."

Villeneuve, the Quebecois director of Sicario and Prisoners, says he needed a strong actress who could emote a lot while often acting against a tennis ball.

"I knew that the movie would be on her shoulders," says Villeneuve. "I wanted someone who you could read what she was going through without words. The movie is Amy Adams, to me."

THE CANADIAN PRESS

MELIÃ HOTELS INTERNATIONAL CUBA
Cuba
PARADISUS I MELIÁ I TRYP I SOL HOTELS
VARADERO Paradisus Varadero I Meliá Marina Varadero I Meliá Península Varadero I Sol Palmeras I Sol Sirenas Coral **KEYS** Meliá Cayo Santa María I Meliá Las Dunas I Meliá Jardines del Rey I Meliá Cayo Guillermo I Tryp Cayo Coco I Sol Cayo Santa María I Sol Cayo Coco I Sol Cayo Guillermo **HOLGUÍN** Sol Río de Luna y Mares
DISCOVER MELIÁ CUBA
DOWNLOAD OUR NEW APP
Download on
MELIÃCUBA.COM

From the beginning

Director Denis Villeneuve and Jeremy Renner on the set of the film Arrival. CONTRIBUTED/PARAMOUNT PICTURES

EXTRATERRESTRIALS

Villeneuve's Arrival is science fiction with a brain

Richard Crouse
For Metro Canada

In Arrival, a new humanistic sci-fi film from future Blade Runner director Denis Villeneuve, Amy Adams plays a woman who sees life on a fractured timeline, like a Tarantino movie where the beginning is the end and the end is the start.

She plays Dr. Louise Banks, a linguist recruited by the U.S. Military to communicate with giant alien heptapods — think Kang and Kodos from The Simpsons — who have landed in Montana and 11 other sites worldwide. Are the ETs scientists, tourists or warriors?

"Most science-fiction movies are about a display of technology or weaponry," says Villeneuve, "and Arrival is not that at all. It is an intimate story about a linguist who is confronted by a huge challenge. In a way, Arrival has some elements of a sci-fi movie but it is closer to a strange cultural exchange."

War of the Worlds, this is not. Based on the short story Story of Your Life by Ted Chiang, this is an alien invasion film with more in common with the heady sci-fi of Andrei Tarkovsky and the crowd-pleasing emotionalism of Steven Spielberg's Close Encounters of the Third Kind. It's more about the importance of communication — "Language is the first weapon drawn in conflict." — than alien technology or Independence Day style Martian marauding.

The story is an exploration of the unknown, exactly the thing that sparked Villeneuve's interest in the script and to the genre in general.

"The vertigo that is created by the unknown," he says, "that is what attracted me to sci-fi."

The director, who is currently putting the finishing touches on Blade Runner 2049 starring Ryan Gosling, says he was a bit of a Walter Mitty type while growing up in Quebec.

"I was really a dreamer and was surrounded by science fiction coming out of Europe. There is a moment I remember vividly. At a very young age one of my aunts came home one night and she had brought two or three big cardboard boxes filled with magazines. Those magazines were all about sci-fi. Those boxes changed my life because of the amount of the poetry and creativity among the guys that were drawing those comic strips. They were very strong storytellers. They were all like mad scientists playing with our brains. They really influenced me big time as a youngster and then came the wave of sci-fi movies coming out of the US that were so strong at the end of the seventies."

He cites a Stanley Kubrick masterpiece as a potent example of the kind of sci-fi that lit his imagination on fire.

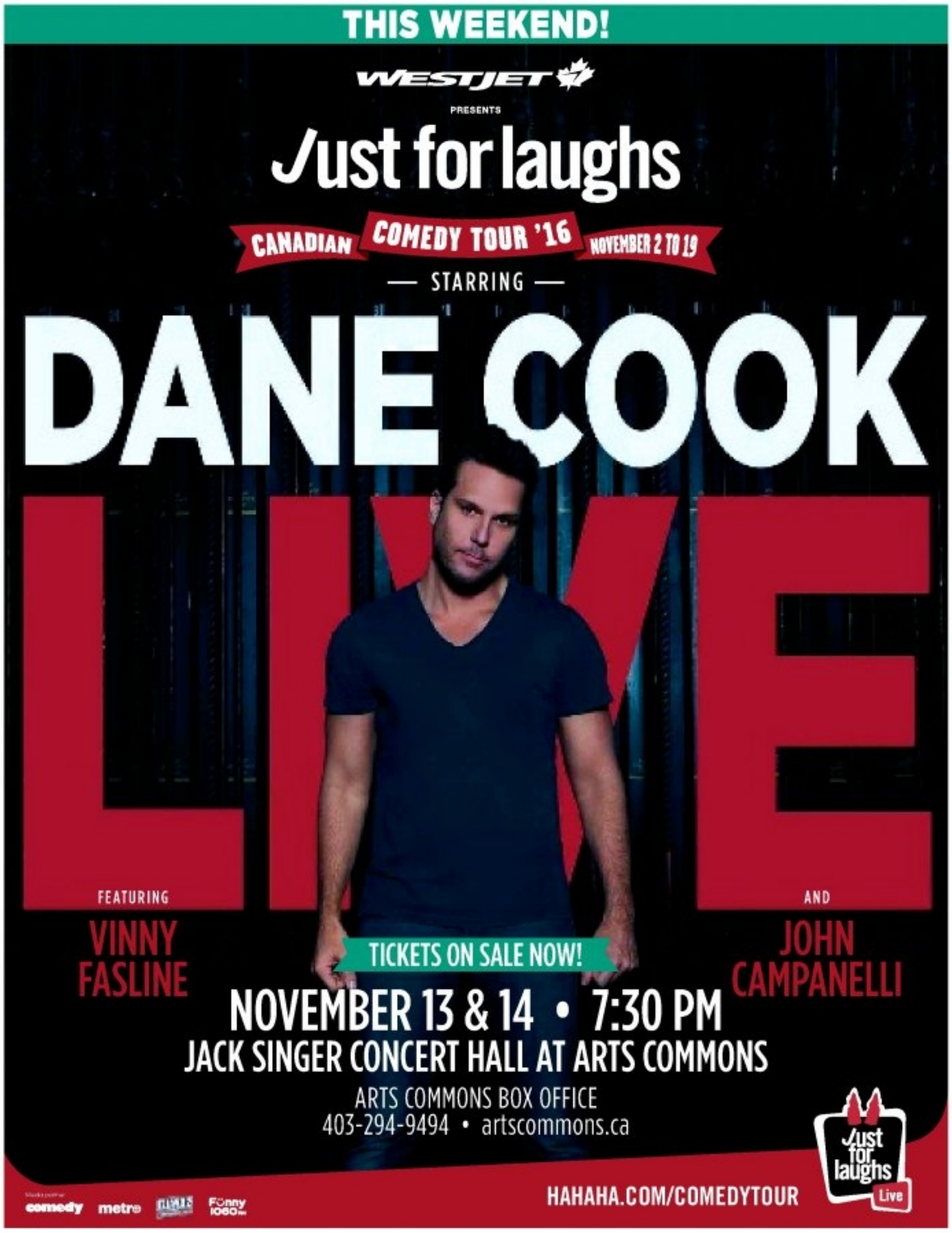
"The biggest impact was 2001: A Space Odyssey," he says. "The first time I saw it was on television. I remember vividly the vertigo that movie created. Even though I saw it on TV I still think it is one of the most significant cinematic experiences I have had."

In Arrival Villeneuve takes a page from Kubrick's playbook and by the time the end credits roll he presents the audience with a climax that is both spacey and grounded.

"It is a privilege when you can take a camera and ask people to sit for two hours in a theatre," says Villeneuve. "It is nice if you take that privilege to explore something out of our reality, to bring some poetry to it."

Even though I saw (2001: A Space Odyssey) on TV, I still think it is one of the most significant cinematic experiences I have had.

Denis Villeneuve



OVER 200 UNITS GM SHAGANAPPI GM IN STOCK!

NOVEMBER TO REMEMBER

BLACK FRIDAY

SAVE UP TO

25% OFF*

HOME OF THE $50,000 GIVEAWAY

1:1000 CHANCE!

PURCHASE ANY NEW VEHICLE & QUALIFY!

DRAW MADE JANUARY 2017

LEASE ME! FIRST 2 PAYMENTS ON US! DON'T PAY UNTIL 2017

2016 CORVETTE CONVERTIBLE

SAVE $19,000

STK 62042

3LT-Z51
7-SP MANUAL
FULLY EQUIPPED

WAS $102,350

NOW $83,540

2016 TAHOE LT AWD

STK# 85547

SAVE $15,000

WAS $70,345

NOW $55,345

2017 BUICK ENCLAVE

STK# 73382

SAVE $13,500

WAS $64,180

NOW $50,680

2016 COLORADO CREW CAB 4X4

STK# 60331

SAVE $11,200

WAS $49,625

NOW $38,425

2017 TERRAIN DENALI AWD

STK# 70301

SAVE $11,150

WAS $49,445

NOW $38,295

2016 SUBURBAN LT 4X4

STK#64635

SAVE $20,000

WAS $89,875

NOW $68,875

2016 GMC SIERRA 2500 DURAMAX!!

SLT CREW CAB 4X4

STK# 87274

SAVE $20,000

WAS $85,065

NOW $65,065

2016 GMC YUKON DENALI AWD

SAVE $20,000

STK 66960

ULTIMATE 7 PASSENGER UTILITY
FULLY EQUIPPED WITH 6.2L V8
8 SPEED AUTOMATIC
SUN & ENTERTAINMENT PACKAGE
22 INCH ALLOY WHEELS

WAS $90,275

NOW $70,275

ALL NEW 2016 PURCHASES WILL INCLUDE OUR AUTO4LIFE 10 YEAR/ 160,000 POWERTRAIN WARRANTY

REBUILD YOUR CREDIT!

GET APPROVED FAST!
DRIVE AWAY TODAY

www.Shaganappi.com

On the corner of Crowchild & Shaganappi Trail NW. Take Northland Dr. Exit off Crowhild Tr.

*TBD, vehicles may not be exactly as illustrated. All Available Programs Applied. See Dealer for Details. Taxes Extra. Vehicles Displayed Are Available At Time Of Print.

GM

SHAGANAPPI

403.288.0444

Love conquers all in civil rights drama

INTERVIEW

Co-star hopes film will spark compassion, outrage

Actress Ruth Negga sees the 50-year-old story of American interracial couple Richard and Mildred Loving revealing itself onscreen like a couple's dance in the fact-based drama Loving, opening Friday.

Richard Loving (Australian actor Joel Edgerton) begins the film by leading. "Slowly, the hand positions change and she's the one taking control. And I think that's really important," said Negga, hours before Loving had its North American premiere at the Toronto International Film Festival.

Over the nine years that Loving covers, it is a joy to watch Negga's portrayal of Mildred as she goes from shy country girl to confident woman, speaking up with gradually revealed determination against the unfairness endured by her family at a time when many voices were silenced. It's not surprising Best Actress Oscar talk began when the movie had its premiere at Cannes in May and again in September at TIFF.

"I think it's important to see a woman who's quite reserved and shy and quiet show a certain strength, because there's many kind of strengths isn't there?" said the Ethiopia-born and Ireland-raised Negga in her soft Irish lilt.

Ruth Negga (Mildred Loving) and Joel Edgerton (Richard Loving) bring to life the story of a couple who married in Virginia in 1958 when interracial unions in that state were against the law. THE CANADIAN PRESS/HO-TIFF-BEN ROTHSTEIN

The Lovings were a Virginia couple who married in 1958 and had a family at a time when interracial unions in that state and others were outlawed. Mildred Loving was African American and native American; Richard Loving was white.

The couple went to neighbouring Washington, D.C., to marry and returned home, where Mildred was jailed after their relationship was discovered. The Lovings were forced to leave Virginia permanently, raising their three children in Washington, away from family and all things familiar to them, or face imprisonment. A resigned Mildred bore it with quiet dignity until she couldn't stand the injustice any longer.

She wrote a letter to then-U. S. attorney general Robert Kennedy asking for help with their civil rights case, which was eventually taken up by the American Civil Liberties Union. They fought to the Supreme Court.

Negga, born to an Irish mother and Ethiopian father, needed to do considerable research both into that time in America and her character. She turned to Nancy Buirski's 2011 documentary The Loving Story, calling it "my Bible," not only for providing her introduction to "accidental hero" Mildred and the racial politics of the time, but also for the footage of the "bucolic beauty" of rural Virginia, where Loving was filmed.

Written and directed by Jeff Nichols (Take Shelter, Mud), the depth of feeling between the Lovings and the forced suppression of their emotions play out as profoundly genuine. The drama also benefits from careful production design and scenes often suffused with muted golden light, along with costumes that accurately convey not only the time the story is set, but the Lovings' modest means.

"It was like, have you ever been given a present or bought really lovely jasmine tea, those little balls, and then the whole tea ceremony where you put the water and it (opens) and it's really moving, quite beautiful," Negga said quietly.

"That's what reading Jeff's script is like. And even the colour, there's these tone-y colours, this great light to our film. Amber light. And there's something so warm and inviting and beautiful. Reading the script I felt that sort of energy. I felt those colours come through."

She credits her co-star Edgerton who, like her, came from a theatre background, with helping create her characterization of Mildred. That process was aided by spending two weeks in Virginia before filming began, meeting the Lovings' only surviving child, Peggy, visiting the couple's graves and seeing the cell where Mildred was jailed.

These experiences helped her form thoughts about the nature of the Lovings' relationship.

"The overwhelming thing you come away from when you watch the picture is that (they are) deeply connected . . . deeply, soulfully connected, deeply in love," she said. "And what's apparent is that love is the kindest, most gentle, most loving respectful love I've ever seen between two human beings. You could almost see it."

Playing Mildred is pushing Negga into the spotlight after more than a decade of roles in indies (Breakfast on Pluto and Toronto-shot drama The Samaritan, opposite Samuel L. Jackson) and small supporting parts (World War Z), along with more substantial roles on TV's Agents of S.H.I.E.L.D. and Preacher.

She hopes seeing Loving will get people talking about issues surrounding equality, reminding them of the stand a Virginia couple made a generation ago.

"Definitely, I think it's going to continue a conversation and generate compassion, generate empathy and . . . outrage on this couple's behalf, and then many other unknown couples and unsung heroes, hidden figures that we don't know about," said Negga.

TORSTAR NEWS SERVICE

THE FENCE STORE
AUCTION
WEDNESDAY, NOV. 23, 2016 @ 10AM
2919-49 AVENUE, S.E., CALGARY, ALBERTA
SELLING TRUCKS, TRAILERS, SKID STEER, FORKLIFT, CONSTRUCTION EQUIPMENT, SHOP EQUIPMENT & TOOLS, WOODWORKING TOOLS, NEW FENCE INVENTORY TO INCLUDE CHAIN LINK, ORNAMENTAL IRON, VINYL & WOOD FOR BOTH COMMERCIAL & RESIDENTIAL, PALLET RACKING, SHELVING, OFFICE & MISC.

AUCTIONEERS NOTE: After serving the Calgary area for many years this is a complete retirement dispersal of The Fence Store assets. This is good serviceable equipment ready to go to work for you. To see more information and pictures see www.montgomeryauctions.com
VIEWING: TUES. NOV 22 – 10AM-5PM • REMOVAL: BY SAT. NOV 26 @ 12 NOON • 10% BUYERS FEE
CASH/CREDIT CARD/BANK DRAFT/BANK LETTER OF CREDIT • SUBJECT TO ADDITIONS & DELETIONS
MONTGOMERY AUCTION SERVICES LTD.
BLACKFALDS, AB • 403-885-5149
1-800-371-6963 • www.montgomeryauctions.com

HOME OF ON THE MARK PET PRODUCTS
ON THE MARK™
Paws PET FOOD & ACCESSORIES
Boréal Dog Food 11.3kg/25lb Bag
$10 OFF ANY VARIETY
Boréal Cat Food Any size bag
$3 OFF ANY VARIETY
Greenies
The original smart treat 27oz./25lb Bag
Reg. $35.99
$27.99 ON SALE!
On The Mark
12" Braid Dog Chew
Reg. $7.99
$6.99 ON SALE!
Locations
CALGARY 8403 Elbow Dr. SW 403.640.1666
CALGARY 3204-17th Ave. SW 403.249.4944
HIGH RIVER 2003-10th Ave. SE 403.652.3300
29 YEARS
PAWSPETFOOD.CA
SALES ENDS NOVEMBER 30, 2016 or until quantities last.

BOB EDWARDS 2016 EDITION

GALA MANIA XXXIX

Presented by

TD

photos courtesy Rob McMorris Photography

Thank You! $286,000 Raised

IN SUPPORT OF EARLY LEARNING AT THE CALGARY PUBLIC LIBRARY

SINCE 2012, THE BOB EDWARDS AWARD GALA HAS RAISED MORE THAN $1.1 MILLION WWW.BOBEDWARDSAWARD.CA

CALGARY PUBLIC LIBRARY

BMO · Canoe Financial · DIALOG · Painted Pony Petroleum Ltd. · RBC · Starcraft Construction Ltd. · stuartolson · W. Brett Wilson · DATA Communications · Fairmont Palliser · metro · Willow Park Wines & Spirits

GRAPHIC NOVEL

A Santa Claus who loves beer— not milk

Klaus
By: Grant Morrison, Dan Mora
Publisher: Boom! Studios
$34.99, 208 pages

Mike Donachie
Metro | Canada

What if Santa Claus was Batman?

If that idea is blowing your mind, that's because comics superstar and Scottish uber-weirdo Grant Morrison came up with it, and it's a beauty.

In classic comic-book style, it's an origin story. Deep in the forests of non-specific historical Europe, villagers are being mistreated by a despotic overlord who is hell-bent on summoning a demon.

But out from the dark woods comes a man called Klaus, seeking a place to rest and a beer to quaff. The village of Grimsvig isn't how he remembers it, and he falls foul of the evil baron's henchmen when he points out that ruling with an iron fist should get you on the naughty list.

What's a man to do? Well, save Yuletime, of course, armed with a perfect physical form, his heroic nature, a pet wolf, and the shamanic powers of non-Christian winter tradition. He also has a sack of toys.

If ever there was a perfect comic book for Christmas gifting, it's this. It's cool, exciting and so much fun.

And it shows that Santa drinks beer, not milk.

BOOK BRIEFS

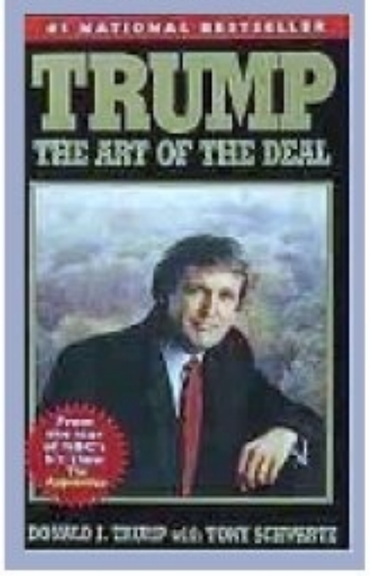
Sales for Trump books jump after election

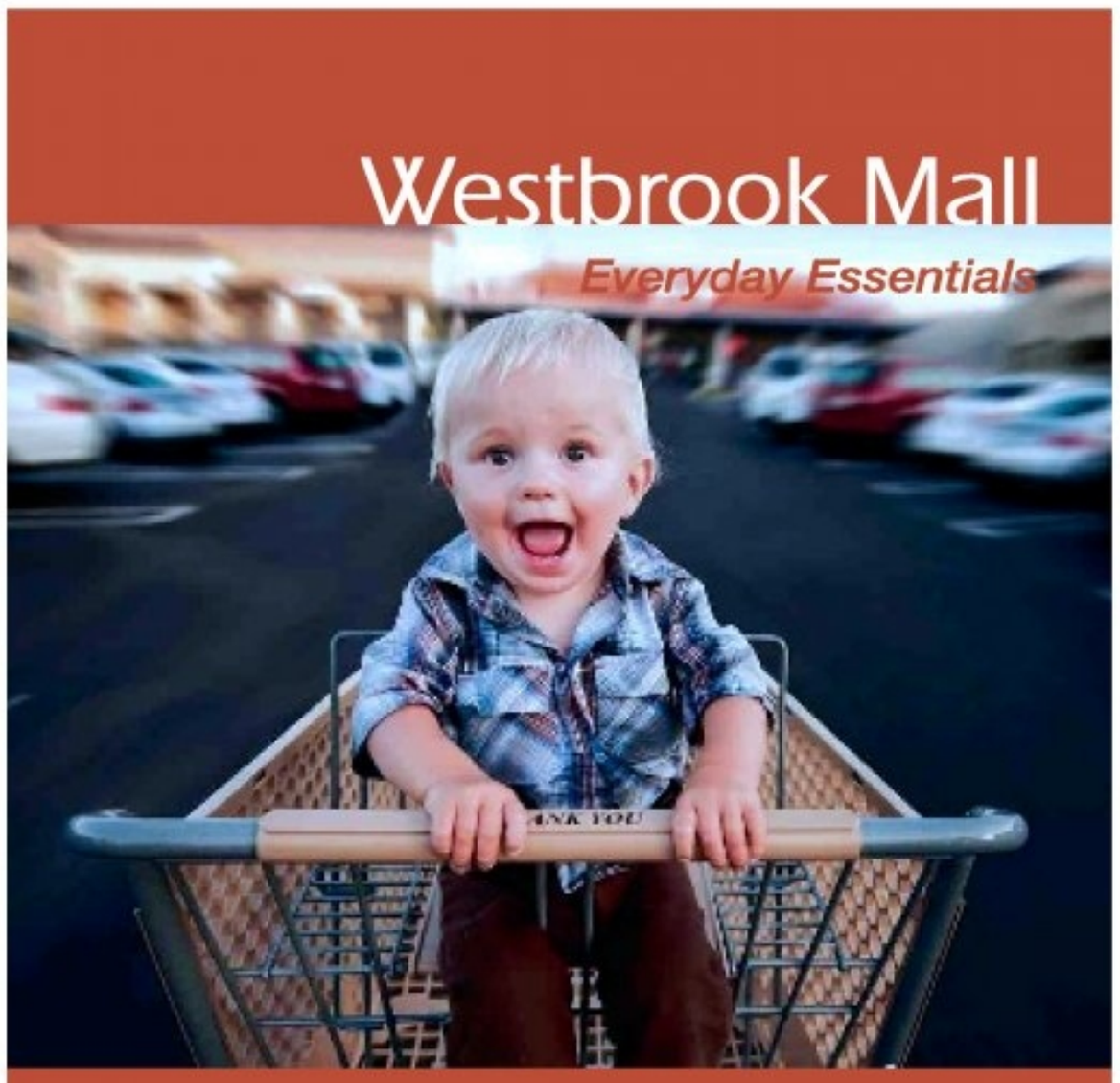
The impending presidency of Donald Trump is already helping his books sell.

Trump's breakthrough bestseller from the 1980s, The Art of the Deal, and his campaign work Great Again were on Amazon.com's "Movers & Shakers" list Wednesday of books making the biggest jumps on the bestseller list.

The Art of the Deal soared from No. 1,107 to No. 24 and Great Again from 5,340 to 172.

THE ASSOCIATED PRESS





Searching in the shadows

Award-winning author Ian Rankin says "big moral questions" drive the plot lines in his stories.
CONTRIBUTED

CRIME FICTION

A retired detective with knack for solving puzzles

Laura Boast
Metro | Toronto

Ian Rankin loves Canada.

The award-winning crime writer and his wife took a tour of the Maritimes this fall, with a plan to drop in on their friends Mary Walsh and Donald Nichol in St. John's. Yes, that Mary Walsh, a.k.a. Canada's Warrior Princess Marg Delahunty.

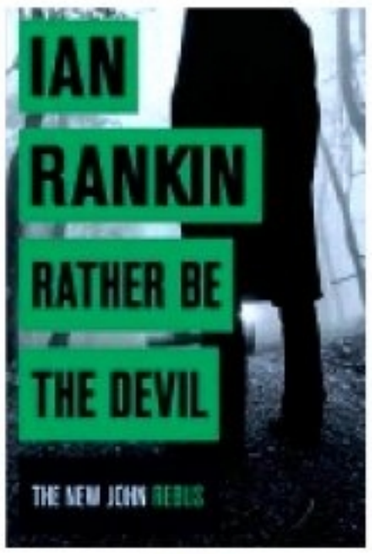
"I'm well-connected," he says with a smile.

It's easy to imagine Rankin's fictional detective, Insp. John Rebus, loving Mary Walsh and the East Coast, too. Colourful characters, acerbic wit, and a keen understanding of the human condition play large there, just as they do in Scotland.

The latest installment in the Rebus series is out this month: Rather Be The Devil. Metro sat down with Rankin at U.K.'s Crimefest to talk about Edinburgh as the setting for the Rebus series.

"It always seems to be calm and rational on the surface," he says. "It's a well-to-do city with tradition and history. It's this living museum."

But just underneath the polished surface, there's a gritty reality of drugs, gangsters, human trafficking and prostitution, along with social problems related to unemployment.



Edinburgh is like Jekyll and Hyde. It's two cities.
Ian Rankin

That contrast of polished surface and criminal underworld go way back in the Scottish capital. Rankin says the Jekyll and Hyde tale was inspired by a real-life character: William Brodie. Brodie was a respectable cabinet-maker and locksmith in Edinburgh by day. By night, he used those same skills as a burglar.

"Edinburgh is like Jekyll and Hyde," says Rankin. "It's two cities."

It's the shadowy side Rebus inhabits. But as much as the shadows go way back in Edinburgh, police work has evolved for Rebus and his real-life counterparts in Edinburgh. What used to be eight regional police divisions is now one colossal organization: Police Scotland.

Needless to say, some of the books' characters, like the younger DI Malcolm Fox, chafe against the involvement of other investigators parachuted in from outside the city.

There's also technological progress in forensics, like DNA testing. But real life is nothing like a CSI episode in Scotland's police labs, says Rankin.

"We've not got that kind of machinery," he says. "We don't have the funding for it. You could send samples to the States for analysis, but that would take time."

It all means that Rebus, who prefers old-style, instinct-driven detective work, does well in his new role in the series as a consulting detective to his old colleagues DI Siobhan Clarke and DI Fox.

Rebus had to retire from the force at 67, but as a consulting detective he can keep his hands in things. It's similar for Rankin, whose police contacts have retired.

Even as crime and forensics evolve, the roots are still the same.

"The motivations are still the seven deadly sins," says Rankin. "The same question pertains: Why do humans keep doing things, bad things to each other? I'm fascinated by big moral questions and puzzle solving."

Maybe that's why his character is named Rebus — a type of puzzle. The fictional detective has plenty of life behind him, and plenty of life still in him, to solve the mysteries in Edinburgh's shadows.

Lil Wayne's life on the inside

BOOKS

Instead of penning raps, this time it's a prison diary

As soon as Lil Wayne knew he was going to jail for gun possession, he mapped out his plan to survive.

"There was, 'OK, let's get a plan together ... from when you go in ... and when you get out,'" the rapper said of his eight-month stint in New York City's Rikers Island in 2010.

What wasn't intended was his book detailing his experience. The recently released Gone 'Til November is based on his diary from his time inside prison. He writes about disillusionment, disputes between inmates and a time when he officiated at a gay marriage.

The 34-year-old was skeptical that people would be interested in his diaries.

Then "my best friend Cortez (Bryant) told me: 'You know, people want to know what you did every single day.'"

Sean "Diddy" Combs and Kanye West visited you in jail. What did that mean to you?

When I was there, actually talking to them during the visitation, they made it so real. ... They threw all the 'Who's in this room' out of there. That was thrown out the window. They were like, 'How you feeling? What are you going through? Do you need anything, like do you really need anything? Do your parents need anything?' And then, I said the moment it hit me was going back up to the cell.

How did you get through it?

It was due to the people around (me). When I say the people around me, I mean the prisoners, the guards. ... They took all the cliché (out) of whatever I thought it was gonna be, they took that and threw it right out the window. They made me feel like, for lack of a better word, to say like I was at home. And it was everybody. ... Nobody wants to be there, not even the guards. So when you come through there, for everybody to treat you the same. ... Whatever it was, it worked.

How did you keep your seizures under control? (He suffers from epilepsy.)

I was on my medicine. I had to take my medicine every single day, not that I don't take my medicine. I guess I was just praying, and I guess God was with me, I don't know.

What did it feel like to perform again after you were released?

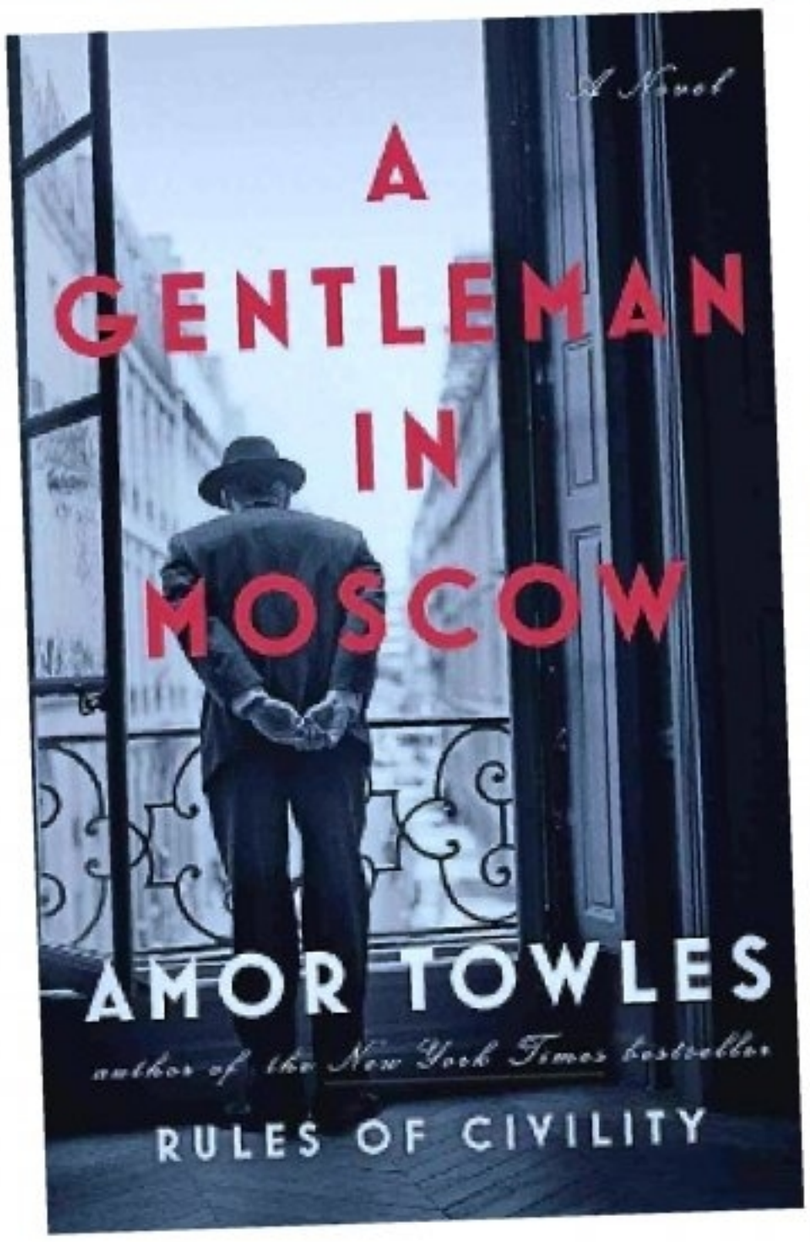
I'd say it was like, uh, being in an accident and losing ... feeling in your legs and they're telling you (that) you'll never walk again. And coming back eight months and running up. ... That's how that felt.

THE ASSOCIATED PRESS

Recording artist Lil Wayne released a memoir titled, Gone 'Til November, about his 2010 jail stint for gun possession.

JORDAN STRAUSS/INVISION/THE ASSOCIATED PRESS FILE

WE PAY CASH FOR YOUR CAR!
CERTIFIED PRE-OWNED
THE ADVANTAGES:
• 150+ Point Inspection
• Manufacturer's Warranty
• 24hr Roadside Assistance
• Exchange Privilege
ALL TRADES WELCOME!
GET APPROVED TODAY!
2015 CADILLAC CTS 2.0L TURBO AWD — WAS $39,995 — SAVE $2,107 — NOW $37,888
2015 CADILLAC SRX AWD — WAS $47,995 — SAVE $4,107 — NOW $43,888
2011 CADILLAC ESCALADE PLATINUM EDITION — WAS $41,995 — SAVE $2,107 — NOW $39,888
2013 CADILLAC ESCALADE PLATINUM EDITION — WAS $55,555 — SAVE $3,000 — NOW $52,555
2011 CHEVY 1500 AVALANCHE LTZ 4X4 — LOADED WAS $35,995 — NOW $33,488
2015 CHEVY TRAX AWD — WAS $22,995 — NOW $18,888
2013 CHEV SILVERADO 3500 LTZ CREW CAB 4X4 DURAMAX — WAS $59,995 — NOW $47,888
2012 SCION TC — WAS $14,998 — NOW $12,888
2015 JEEP GRAND CHEROKEE LIMITED — WAS $42,995 — NOW $39,888
2011 GMC YUKON SLT 4X4 — WAS $31,995 — NOW $29,888
2010 CHEVROLET CAMARO SS — WAS $26,995 — NOW $23,888
2016 CHEVROLET CRUZE — WAS $18,995 — NOW $16,888
2012 FORD FOCUS SEL — WAS $13,995 — NOW $12,888
2013 CHEVROLET SILVERADO 1500 LT SPECIAL EDITION CREW 4X4 — WAS $31,995 — NOW $30,888
2014 RAM 2500 LONGHORN MEGA CAB 4X4 CUMMINS DIESEL — WAS $55,995 — NOW $51,888
2012 CHEV SONIC — WAS $15,995 — NOW $11,988
2014 JEEP CHEROKEE NORTH — WAS $25,899 — NOW $24,888
2010 JEEP WRANGLER UNLIMITED SAHARA 4X4 — WAS $24,995 — NOW $22,888
2015 RAM 1500 SLT CREW CAB ECODIESEL 4X4 — WAS $43,995 — NOW $39,888
2016 CHEVROLET TAHOE LTZ 4X4 — WAS $69,995 — NOW $64,888
SHAGANAPPI GM DRIVE IN & CA$H OUT
WE CAN HAVE YOU CASH IN LESS THAN 24HR
SHAGANAPPI HAS A HUGE NEED
FOR PRE-OWNED VEHICLES, TOP DOLLAR PAID FOR 2012 OR NEWER!
NO HASSLE, EASY & QUICK TRANSACTION
REBUILD YOUR CREDIT!
GET APPROVED FAST!
DRIVE AWAY TODAY
shaganappi.com
On the corner of Crowchild & Shaganappi Trail NW. Take Northland Dr. Exit off Crowhild Tr.
SHAGANAPPI
403.536.3431



A carefully crafted story

BOOKS

Towles spent years drafting a novel about a trapped man

Sue Carter
For Metro Canada

It's no surprise that Amor Towles looks completely at ease sitting inside the lobby of Toronto's posh King Edward Hotel.

For more than two decades, the New York author travelled the world as an investment professional; hotels from Paris to San Francisco became his temporary home. During one of those trips in 2009, as Towles was checking into Le Richemond in Geneva for the eighth year in a row, he recognized a few people in the luxury hotel's lobby from previous stays.

"It was as if they never left," he says.

Towles realized he had an interesting premise for a book: what if a character was trapped in a hotel and forced to live there? He went to his room, and began sketching out a brief outline on the hotel's stationary. The idea grew into Towles' new novel, A Gentleman in Moscow, the follow-up to his best-selling debut, Rules of Civility.

Set in 1920s Russia, the story follows Count Alexander Rostov, one of the country's dwindling aristocratic class, who is sentenced to house arrest at the infamous Metropol hotel after writing a poem considered to be a call for revolt against the Bolsheviks. Rostov is forced to give up his luxurious suite and surroundings for an attic room.

But what he loses in wealth and prestige, he gains in new relationships with the hotel's other residents and workers, including a precocious young girl named Nina.

Though one would expect a book set in the era to be steeped in Soviet politics, Towles was more interested in developing the characters and their cloistered world.

He took four years to carefully outline the story, and didn't seriously begin writing until 2013, a year after retiring from the investment industry to become a full-time author. Towles also avoided pursuing too much research until late in the process, despite the fact that "virtually anyone famous who visited Moscow drank at, ate at, or slept at the Metropol," including John Steinbeck and E. E. Cummings, who both wrote about their experiences there.

"For hundreds of years narratives were written and read in the spirit of trying to get a glimpse of the human condition through three-dimensional characters. It has nothing to do with what kind of nails are hammered in the floor," Towles says. "I'm not sloppy or lazy about it, but rather than pick a project and research all about it, I pick projects that are already within my personal fascinations."

> **. . . I pick projects that are already within my personal fascinations.**
> Amor Towles

With Rules of Civility, about a young woman exposed to Manhattan's elite social class during the 1930s, Towles relied on his love of the era, and the movies, music and nostalgic locations of long-ago New York. For A Gentleman in Moscow, he brought in his fascination with Russian literature and early 20th-century history. Towles also knew he wanted to showcase the rich culture outside of the preconceptions about Cold War ideology.

"The American citizens' view of Russian life in the '20s, '30s and '40s is pretty narrow: bread lines and shortages, political oppression, possible arrest and execution, all of which were aspects of that time, no question," Towles says. "But the reality was that the vast majority of Russians continued to fall in love, get married, have kids, to appreciate music and art, to practise their religion, though perhaps in private. The book, to some degree, is an exploration of showing that dimension of human life."

SHOP NORTH
2015 KIA PLATINUM PRESTIGE WINNER
EASTSIDE KIA
CALGARY'S KIA SUPERSTORE!
TOP VOLUME KIA DEALER IN SOUTHERN ALBERTA SINCE 2012
WE WILL NOT BE UNDERSOLD!!!

STK# 196901
2017 SORENTO LX AWD
CASH PURCHASE $28,985* MSRP $31,735 SAVE <$2,750> + UP TO $1500 CASHBACK
FINANCE $175/BW SAVE <$750> + UP TO $1,500 CASHBACK (FINANCE PRICE $30,985)
LEASE $171/BW SAVE <$500> + UP TO $1,500 CASHBACK (LEASE PRICE $31,235)

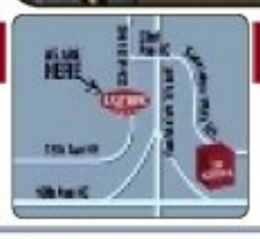
STK# 008783
2017 FORTE LX MT
CASH PURCHASE $15,505* MSRP $17,255 SAVE <$1,750> + UP TO $1500 CASHBACK
FINANCE $92/BW SAVE <$1,000> + UP TO $1500 CASHBACK (FINANCE PRICE $16,255)
LEASE $92/BW + UP TO $1,500 CASHBACK (LEASE PRICE $16,255)

STK# 349753
2016 SOUL LX AT
CASH PURCHASE $19,735* MSRP $21,735 SAVE <$2,000> + UP TO $1500 CASHBACK
FINANCE $119/BW + UP TO $1,500 CASHBACK (FINANCE PRICE $21,735)
LEASE $105/BW + UP TO $1,500 CASHBACK (LEASE PRICE $21,735)

CONGRATULATIONS TO MANETTE JONES
EASTSIDE KIA SALESPERSON OF THE MONTH
OCTOBER 2016

PICK YOUR PRESENT!
EASTSIDE KIA IS GIVING AWAY $5000 IN PRIZES
EXCLUSIVE TO EASTSIDE KIA

UNWRAP A DEAL
0% + UNWRAP UP TO A $1,500 HOLIDAYS BONUS ON ALL MODELS



Check us out at www.eastsidekia.ca
2256 23rd St NE • www.eastsidekia.ca
403-250-2502
CONTACT US TODAY FOR CREDIT APPROVAL
EASTSIDE KIA

VEHICLE MAY NOT BE EXACTLY AS ILLUSTRATED. VEHICLE PRICES AND PAYMENTS INCLUDE ALL FEES AND DEALER ADDED ACCESSORIES BUT GST. EVERY NEW AND USED VEHICLE PURSCHASED WILL RECIVE A GIFT WITH PURSCHASE, TOTAL VALUE OFF ALL GIFTS UP TO $5000.00 . ALL LEASE PAYMENTS ARE BASED ON 60 MONTHS LEASE WITH A 16,000KM ALLOWANCE PER YEAR – ADDITIONAL KMS MAY BE PURCHASED AT 0.08 PER KM. LEASE INTEREST RATE ON 16 SOUL AND 17 FORTE IS 0.9%. AND 17 SORENTO IS 2.90%. PURCHASE INTEREST ON 16 SOUL IS 0% , 17 FORTE AND 17 SORENTO IS 0.90%. EXAMPLE OF COST OF BORROWING ON 17 SORENTO WOULD BE $1003.32. HOLIDAY BONUS UP TO $1,500 DEPENDS ON THE QUALIFICATION. ALL PROMOTIONS EXPIRE AT END OF WEEK OF PUBLICATION OF ADVERTISEMENT. SEE DEALER FOR DETAILS.

Ayesha Curry is an all-star in the kitchen

Ayesha Curry recounts her early childhood years growing up in Markham, Ont. in her new cookbook, The Seasoned Life. MICHELLE SIU/THE CANADIAN PRESS

COOKBOOK

NBA husband has come a long way as a cook, Curry says

Ayesha Curry and her NBA superstar husband Stephen Curry call California home, but her exposure to ethnically diverse foods while growing up in Canada helped fuel her lifelong love of cooking.

In her new cookbook, The Seasoned Life (Little, Brown and Company), Curry recounts her early childhood years in Markham, Ont., just north of Toronto, where she would watch her babysitter make Trinidadian curry and roti for clients in her mom's basement salon.

As a child of Jamaican, Chinese, Polish and African-American heritage — referred to as "The United Nations" by her classmates — Curry felt right at home with the expansive array of culinary options on her doorstep, including neighbourhood eateries featuring Indian, Ethiopian and Greek cuisines.

"I lived here until I was 14 years old, and then moved to North Carolina, and that was a big culture shock for me," she said in a recent interview at a downtown Toronto bookstore.

"I was just starting high school, and the lifestyle is very, very different there, so I was able to see different worlds. But growing up here, it's such a melting pot of people and culture and food, and even the style of how food is made here is different. I feel like having both worlds let me see the difference and let me see what I wanted to pick and choose from each place."

The mash-up of culinary influences is threaded throughout The Seasoned Life. In addition to light-hearted stories and photos, the book showcases recipes influenced by Curry's cultural upbringing, from her Jamaican grandmother's escovitch fish dish with sweet and sour sauce, to a twist on chicken soup featuring fried dumplings.

The Seasoned Life also features a five-ingredient pasta recipe including bell peppers and pancetta from Curry's husband Stephen, the reigning NBA MVP and star point guard for the Golden State Warriors. (Curry made waves Tuesday night when he dropped 13 three-pointers against the New Orleans Pelicans, finishing the game with 46 points. He also owns the record for most threes in a single season, having dropped 402 treys last season). While Stephen is much more adventurous now in his culinary choices, he has had a few kitchen misadventures.

She shares a few fun anecdotes about the basketball star, including trying to pass off store-bought chai lattes as homemade, and serving her over-salted Cream of Wheat with a burned bagel and eggs scrambled to a crisp.

"I don't want to give him too much credit, but he can cook a nice meal these days, which is awesome," said Curry, adding that he has prepared the steak dish and bananas Foster dessert recipe from her book.

"Just as a matter of broadening his palate, he's surpassed that. He'll try anything and it's really cool that he's done that. He's definitely done it for me, because if it was up to him, I don't think he would have had anything other than, like, pizza and chicken Parmesan."

THE CANADIAN PRESS

SOUTH TRAIL KIA
CANADA'S LARGEST KIA DEALERSHIP
1 YEAR ANNIVERSARY!
SHOP SOUTH

STK# H6071267
2017 RIO LX M/T
CASH PURCHASE $15,355* MSRP $16,355 <$1,000> TRADING DOLLARS + UP TO $1500 CASHBACK FOR HOLIDAY BONUS!
FINANCE $93/BW* UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (FINANCE PRICE $16,355)
LEASE $100/BW* UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (LEASE PRICE $16,355)

STK# HE053237
2017 FORTE LX AUTO
CASH PURCHASE $18,605* MSRP $20,355 <$1,750> TRADING DOLLARS + UP TO $1500 CASHBACK FOR HOLIDAY BONUS!
FINANCE $110/BW* SAVE <$1,000> UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (FINANCE PRICE $19,355)
LEASE $108/BW* UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (LEASE PRICE $20,355)

STK# G6217567
2016 SEDONA L AUTO
CASH PURCHASE $27,935* MSRP $29,935 <$2,000> TRADING DOLLARS + UP TO $1500 CASHBACK FOR HOLIDAY BONUS!
FINANCE $170/BW* UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (FINANCE PRICE $29,935)
LEASE $186/BW* UP TO $1,500 CASHBACK FOR HOLIDAY BONUS! (LEASE PRICE $29,935)

KIA PROTECT
Job Loss Protection
Kia will pay the cost of Job Loss Insurance that will cover up to 6 months of your first year's lease or finance payments - to a maximum of $3,000 - in the even that you lose your job. Conditions apply. See your retailer for complete details.

NO CHARGE WINTER TIRES WITH EVERY PURCHASE

UNWRAP A DEAL 0%+ UNWRAP UP TO A $1,500 HOLIDAYS BONUS ON ALL MODELS

Check us out at www.southtrailkia.com
6203 130th Avenue S.E. (Just East of 52nd Street)
587-349-7500
CONTACT US TODAY FOR CREDIT APPROVAL
SOUTH TRAIL KIA

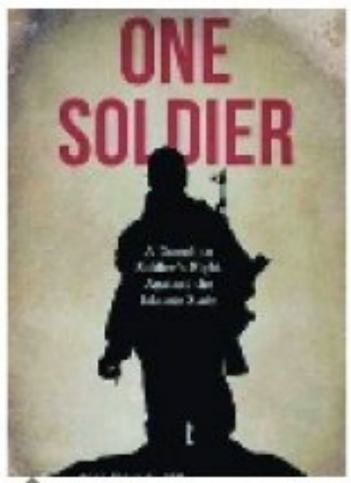
VEHICLE MAY NOT BE EXACTLY AS ILLUSTRATED. VEHICLE PRICES AND PAYMENTS INCLUDE ALL FEES AND DEALER ADDED ACCESSORIES BUT GST. VEHICLE PRICE MAY BE NEGOTIATED IN LIEU OF NO CHARGE WINTER TIRES. ALL LEASE PAYMENTS ARE BASED ON 60 MONTHS LEASE WITH A 16,000KM ALLOWANCE PER YEAR – ADDITIONAL KMS MAY BE PURCHASED, 12 CENTS PER KM. LEASE INTEREST RATE ON 17 FORTE IS 0.90%, 16 SEDONA IS 3.90%, AND 17 RIO IS 1.90%. PURCHASE INTEREST ON 17 RIO, 17 FORTE AND 16 SEDONA IS 0.90%. EXAMPLE OF COST OF BORROWING ON 17 RIO WOULD BE $529.14. HOLIDAY BONUS UP TO $1,500 DEPENDS ON THE QUALIFICATION. ALL PROMOTIONS EXPIRE AT END OF WEEK OF PUBLICATION OF ADVERTISEMENT. SEE DEALER FOR DETAILS.

5 REMEMBRANCE DAY READS TO REFLECT ON

These five new books explore three conflicts over the past century, including two world wars and the current conflict against Daesh. They also serve to remind us just what the red poppy is all about. TORSTAR NEWS SERVICE

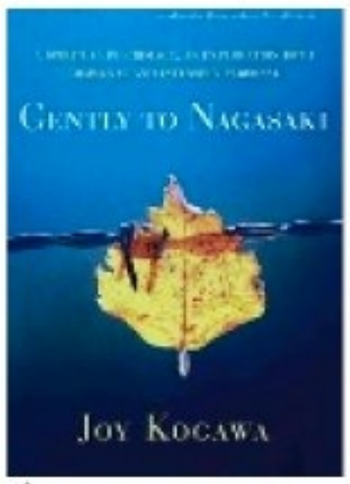
1 The Somme: A Visual History

From July 1 to Nov. 18, 1916, more than one million soldiers were wounded or died on either side of the Somme River in France. This splendid visual history recounts that gruelling battle through the wealth of documents, photographs, artifacts and images housed at Britain's Imperial War Museum. It is often a first-person account of a terrible time: Anthony Richards, the IWM's head of documents and sound section, drew on diaries, letters, memoirs and recorded interviews with men who were there



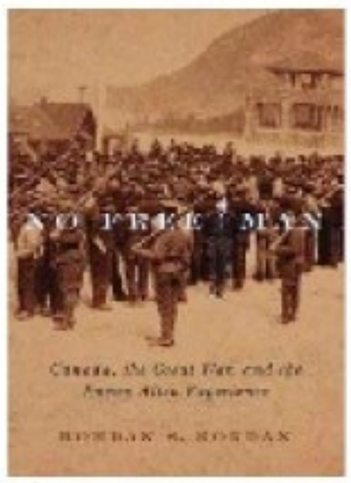
2 One Soldier

In 2013, a year after a tour in Afghanistan with the Canadian Forces, Cpl. Dillon Hillier flew to northern Iraq on a one-man mission to fight Daesh with the Kurdish Army — the first Canadian to volunteer to fight the terror organization in Iraq. This is his story of the two months he lived in one of the most dangerous places on Earth, fighting (and killing) jihadi forces.



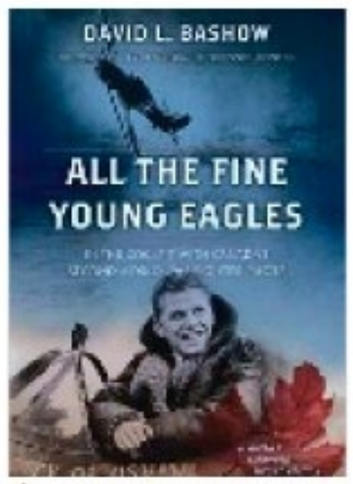
3 Gently on Nagasaki

Among the defining events of novelist Joy Kogawa's life was the internment of 22,000 Japanese Canadians, including her family, after Japan bombed Pearl Harbour in 1941. Later, the bombing of Hiroshima and Nagasaki in 1945 came to haunt the Vancouver-Toronto writer. This intelligent and heartfelt book is a meditation on faith and family.



4 No Free Man

When Canadians think of internment camps, it's usually related to the shameful detention of Japanese Canadians. But in WWI, more than 8,000 "enemy aliens," most of German and Austro-Hungarian background, were interned (a further 85,000 were compelled to register). Bohdan Kordan looks at this experience in shaping immigrant Canadians' sense of belonging.



5 All the Fine Young Eagles

The contribution made by Canadians in the RAF and RCAF has been documented in military histories. David Bashow offers today's readers a more intimate look at the fighter pilots through first-hand accounts from wartime diaries and oral histories. This book was a bestseller in 1996, sparking additional recollections, some in this new edition.

FEST
MARDA LOOP
JUSTICE
FILM
FEST
NOVEMBER
15 - 20
2016
6 DAYS - 4 VENUES - 25 FILMS
WITH SPECIAL GUESTS
11TH ANNUAL FESTIVAL

FREE
ADMISSION
Good Films Do Good.
@justicefilm
CHECK SCHEDULE AT:
www.justicefilmfestival.ca
facebook.com/justicefilmfestival
WATCH TRAILERS ON:
youtube.com/user/JusticeFestivalFilm

We have it.
Receive 10% back in Marlborough Mall Gift Cards FREE!!

With the Purchase of $100 or more in Marlborough Mall Gift Cards from November 14 - 27
marlboroughmall
Memorial Drive & 36th St NE ~ 403.272.9233

KIA CITY

CALGARY TOP PRE-OWNED DEALER

YOU'RE GOING TO LIKE IT HERE

2014 **TOYOTA 4RUNNER**
LIMITED
$40,495 OR FINANCE FOR ONLY **$261.87/BW** O.A.C

STK #70057A

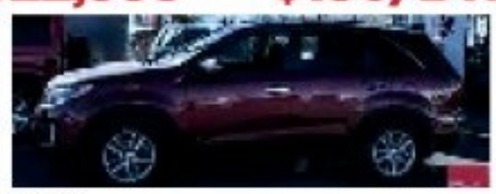
2013 **FORD TAURUS LIMITED**
AWD
$16,995 OR FINANCE FOR ONLY **$124.98/BW** O.A.C

STK #2173A

2014 **VW TIGUAN TRENDLINE**
4 MOTION, ONLY 25,000KMS
$20,995 OR FINANCE FOR ONLY **$137/BW** O.A.C

STK #2131A

2015 **KIA SORENTO LX AWD**
$22,995 OR FINANCE FOR ONLY **$150/BW** O.A.C



STK #2152

2011 **KIA KOUP SX**
AUTOMATIC
$9,995 OR FINANCE FOR ONLY **$99/BW** O.A.C

STK #60416A

2014 **HYUNDAI TUCSON GL**
AWD
$18,995 OR FINANCE FOR ONLY **$125/BW** O.A.C

STK #2177

2014 **KIA RONDO LX**
ONLY 20,000KMS
$14,995 OR FINANCE FOR ONLY **$99.70/BW** O.A.C

STK #70001B

2013 **KIA OPTIMA LX**
$12,995 OR FINANCE FOR ONLY **$96.70/BW** O.A.C

STK #1963B

2013 **KIA SOUL LUXURY**
$15,995 OR FINANCE FOR ONLY **$117.93/BW** O.A.C

STK #70060A

2008 **HONDA FIT SPORT M/T**
$8,495 OR FINANCE FOR ONLY **$135/BW** O.A.C

STK #70090A

2006 **TOYOTA COROLLA CE AUTO**
ONLY 100,000 KMS, WINTER TIRES INCLUDED, REMOTE START!
$6,995

STK #70151A

2010 **KIA SPORTAGE LX**
V6 AWD, ONLY 83,650 KMS
$11,995 OR FINANCE FOR ONLY **$118/BW** O.A.C

STK #70092B

APPLY ONLINE @ KIACITY.CA

5 YEAR - 100,000 KM FULL COVERAGE WARRANTY

MAP

100 GLENDEER CIRCLE
(403)-243-9997
KIACITY.CA

+ POWERTRAIN
+ COMPREHENSIVE
+ ROADSIDE ASSISTANCE
+ 100% TRANSFERABLE

CERTIFIED PRE-OWNED

Cash purchase price does not include GST. $0 Down is at 6.99% up to 96 months OAC. Forte giveaway is for a 2015 Kia Forte (Stock #50518) and the draw date is March 31, 2017. Financing includes price, fees, taxes. Cost of borrowing for Stock #1963B would be $4,889.26 @6.99% for 96 mo. Vehicles may not be exactly as shown, see dealer for all details.

The Power to Surprise

#YYC INDEX

The Kit Compact—Canada's fave beauty and fashion brand—brings you the best of Calgary's style scene

Melanie Morais (@bornlippystyle), snapped in the Eau Claire neighbourhood. PHOTOGRAPHY BY DAVID HAICH

H&M JACKET, DRESS, BAG, SHOES, H&M

STREET STYLE

LOCAL HERO

Social media star Melanie Morais shares her Calgary hot spots

NEIGHBOURHOOD WATCH

Can't-miss boutique
"I love all the unique pieces you can find at Purr (601 17 Ave. S.W.). My favourite is the jewellery!"

Go-to nail bar
"I love Victoria Nails in Kensington (305 10 St. N.W.). You'll always see me there on a day off."

Trusted hair salon
"I see the ultimate queen of hair: Farhana at Hedkandi Salon at Hotel Arts (146 13 Ave. S.W.). She is the best in the city."

Fave cocktail
"I'm half Mexican, so naturally, margaritas (shaken, not frozen) are my favourite. I love the ones at Native Tongues (235 12 Ave. S.W.)."

Essential resto meal
"Nothing beats the tapas at Ox and Angela (528 17 Ave. S.W.)."

Shop to keep on repeat
"The staff at Blackbyrd Myoozik (1126 17 Ave. S.W.) are passionate about music."

HAPPENING NOW:
PEST CONTROL

Creepy-crawlies swarmed Thomas Tait and Alexander McQueen's collections, spawning a flurry of insect-flecked accessories. Best part is, they don't bite!

1. **DELFINA DELETTREZ** RING, $9,740, ARCHIVES, TORONTO.
2. **SELIMA OPTIQUE** SUNGLASSES, $980, SELIMAOPTIQUE.COM.
3. **OLIVIA BURTON** WATCH, $300, HOLTRENFREW.COM.
4. **AQUAZZURA** SHOES, $1,970, NET-A-PORTER.COM.

CONNECT WITH US Get the latest style news delivered to your inbox. Visit thekit.ca/sign-up

FROM THE EDITORS OF THE KIT compact

thekitca
@thekitca
@thekit

In Paul Gross's Hyena Road, three conflicts stand at the intersection of modern warfare, a murky world of fluid morality in which all is not as it seems. CONTRIBUTED

Gripping films that pay tribute to soldiers

REAL STORIES

War movies that serve as a Remembrance Day backdrop

Richard Crouse
For Metro Canada

The Hill is one of Sean Connery's best performances. HANDOUT

William Shakespeare wrote, "Praising what is lost makes the remembrance dear," a fitting sentiment for the most solemn day on the calendar.

Every November 11 we pay respect to "the men and women who have served, and continue to serve our country during times of war, conflict and peace." In observation, here's a list of movies to serve as a backdrop on this sombre day.

The Best Years Of Our Lives is 70 years old, but the story of servicemen struggling to rebuild their lives after the Second World War is timely and relevant.

Perhaps it feels so authentic because the crew were all Second World War veterans and the main character, who faces discrimination after losing both hands in combat, was played by real-life Nova Scotia-born disabled vet Harold Russell.

The actor, who lost both his hands while training paratroopers, won two Oscars for his work, a best supporting award and another for being an inspiration to all returning veterans, making him the only performer to win twice for the same role.

The Hill, a little known British film that features one of Sean Connery's best performances, shows war from a different point of view. Set during the WWII in North Africa, it's the story of a stockade run by Brits to punish deserters. Writer Ray Rigby based the screenplay on his two terms in military prison. Connery wedged it in between Goldfinger and Thunderball and it is a stark contrast to the glamorous work he was doing in the Bond films.

We can't talk about war films on Remembrance Day without paying tribute to Canadian soldiers. A pair of films from Paul Gross, **Passchendaele** and **Hyena Road**, are the best-known homegrown explorations of Canadians in battle, but they are very different films.

Passchendaele is a hybrid of romance and war movie based around the 1917 battle for Passchendaele that lasted four months and claimed 600,000 causalities on both sides. The story sprung from a conversation Gross had with his grandfather who told him about bayonetting a young German, killing him during a battle. Years later as his granddad lay dying in a hospital bed he asked for forgiveness over and over. Only Gross knew he was speaking to the young German he had killed in the First World War.

Gross based the screenplay for Hyena Road on another personal experience, conversations he had with Canadian troops in Afghanistan. It's a complicated part of the world, but this isn't a complicated movie. It's a film that clearly and concisely states its thesis that this conflict isn't a matter of winners or losers, but of uncertainty that will eventually lead to an end state.

In that way it's more Zero Dark Thirty than American Sniper.

"Passchendaele was partly the way it was because it was the bridge between the romantic period and the modern era," says Gross. "I think Hyena Road is post-modern in that the nature of warfare contains almost no romanticism anymore. It's very complicated."

Hollywood has never shied away from depicting fighting Canadians. Christopher Plummer plays Canadian fighter pilot Colin Harvey in **Battle of Britain**. Lloyd Bridges was Canadian Commando Major Jamie Wilson in **Attack on the Iron Coast** and the **Devil's Brigade** saw a special forces unit created from Canadian Army troops and a motley group of U.S. Army misfits.

War snipers' harrowing tales told in docu-drama

They suffered more casualties than any other Canadian regiment on the allied Western front during the World War II. Their stories are told in Black Watch Snipers, premiering this Remembrance Day, on History. THE CANADIAN PRESS/HO-CORUS ENTERTAINMENT INC.

REMEMBRANCE DAY

Filming was 'powerful, moving,' says director

They suffered more casualties than any other Canadian regiment on the Allied Western Front during the Second World War.

Now, their stories are being told in the docu-drama Black Watch Snipers, premiering this Remembrance Day on History.

The film profiles Canada's Black Watch regiment through the true stories of five snipers who worked side by side to help defeat the Nazis in the 10 months following D-Day on June 6, 1944.

Four of them, all in their 90s, were alive during the making of the film and appear on camera to describe their harrowing experiences.

"It's a long and storied regiment," says Robin Bicknell, the film's director/producer.

"They had three or four Victoria Crosses in (the First) World War . . . and so I think it was in and of itself a story that needed to be told.

"For example, their first battle at Verrieres Ridge, the first big battle, 97 per cent of the kids who went up that hill didn't come back."

The snipers who recount their tales in the doc are Jimmy Bennett, Jim (Hook) Wilkinson, Russell (Sandy) Sanderson and Mike Brunner.

"Some of them have told their stories, even to their families or whatever, but certainly Jim Bennett . . . it was like I had turned a faucet on and it all just came pouring out and he said, 'I've never told anyone this — not my family, not my wife. No one,"' says Bicknell.

The film is narrated through the story of Ontario-born Dale Sharpe, who died in battle and was said to be the hero of the group's platoon.

Bicknell says she tracked down the Sharpe family and interviewed them for the film after hearing the other veterans talk about him.

The film has been "life-altering" for the family.

"They didn't really know anything about what had happened to their dad after he had gone over," she says.

"They knew some vague thing and they have the telegram that said what happened to him. They didn't know the impact he had on all of these men."

Bicknell says when she started the project, there were only about 20 veterans left out of about 5,000 that served in the Black Watch regiment, and of those, there were maybe 10 or 12 that could actually sit for an interview.

When she started production, she realized that four of the interviewees were not only personally close, but they were part of the same platoon and had saved each other's lives.

"Then on top of it, all four of them, separately, spoke about this Dale Sharpe character with such great reverence and sadness and honour, so I really felt like he had to be part of that film as well," she says.

Bicknell retraced the steps the regiment took in 1944. She also hired actors for re-enactment shoots in Elora, Ont.

"It was moving, it was powerful, they laughed, they cried," she says of the first-person accounts they filmed.

"It's almost like we time-travelled a little bit and it felt like they were right back there and could describe it in such visceral detail. It was astounding, actually. My memory is not that good!"

Two of the real-life snipers who appear in the film — Sanderson and Wilkinson — have since died.

Bicknell was able to bring them and Brunner together during shooting (Bennett was unable to fly), and their reunion is captured at the end of the film.

"I took them to a gun range and gave them their old sniper rifles and sure enough, they could still hit those targets, honest to God," she says.

"The muscle memory just kicked it. It was amazing to watch."

THE CANADIAN PRESS

Connecting with LGBTQ community

MUSICIAN

YouTube star Troye Sivan talks about coming out

Australian singer and YouTube personality Troye Sivan is learning that he's a pretty big fan of Canadian pop stars.

"I'll start talking about artists I know and then I'm like, oh ... they're Canadian," the 21-year-old musician says, pointing to Drake and Carly Rae Jepsen as favourites.

All flattery aside, Sivan knows a thing or two about picking a hit. At only 12 years old he took the Internet by storm with covers of famous pop tracks by performers like Jason Mraz, Foster the People and Katy Perry.

And before long, he'd amassed a major fanbase, which now sits at nearly 4.4 million YouTube followers, and grabbed the attention of record executives.

So it was a surprise when Sivan chose that pivotal career moment, at 18 years old, to publicly come out as gay through a video he posted online.

It set his career on a pathway that even he didn't expect, launching him into the mainstream as one of the few LGBTQ teen heartthrobs before the release of his 2015 album Blue Neighbourhood.

Sivan, who plays a show in Montreal on Thursday, talked to The Canadian Press about being openly gay, the lessons of fame and his friendship with Toronto-raised pop singer Alessia Cara.

So we heard you dropped Alessia's name with Canadian border security guards several days ago while trying to get into the country.

Sivan: I did — I didn't think they were going to let me in otherwise. I was at customs and the guy was asking me what I do. I said, "I'm a singer," and he said, "Do you have any songs I'd know?" I said, "Maybe, a song called Youth?" He was blank, no expression. So I said, "I had a song with Alessia Cara," and he just stamped me in.

You guys are both social media pros, first with YouTube, and now all over Instagram and Twitter, so it wasn't surprising when she appeared on a remix of your single Wild. How did that duet come about?

Sivan: We had met at a couple of events. I covered (Cara's single) Here on the radio, and she covered Youth. I was texting her making jokes like, 'I'm going to one-up you and cover Scars to Your Beautiful.' She told me Wild was her favourite song (of mine) so she went into the studio in Europe, wrote this verse, recorded and sent it to me. And I was like, 'This is so good we have to put it out.'"

Singer-songwriter Troye Sivan discusses loving Canadian pop music, his fanbase and fame. THE CANADIAN PRESS

You've been pretty upfront about your sexuality, particularly in music videos where you've portrayed yourself in gay relationships — sometimes even making them the arc of a video's storyline. What fuelled that approach?

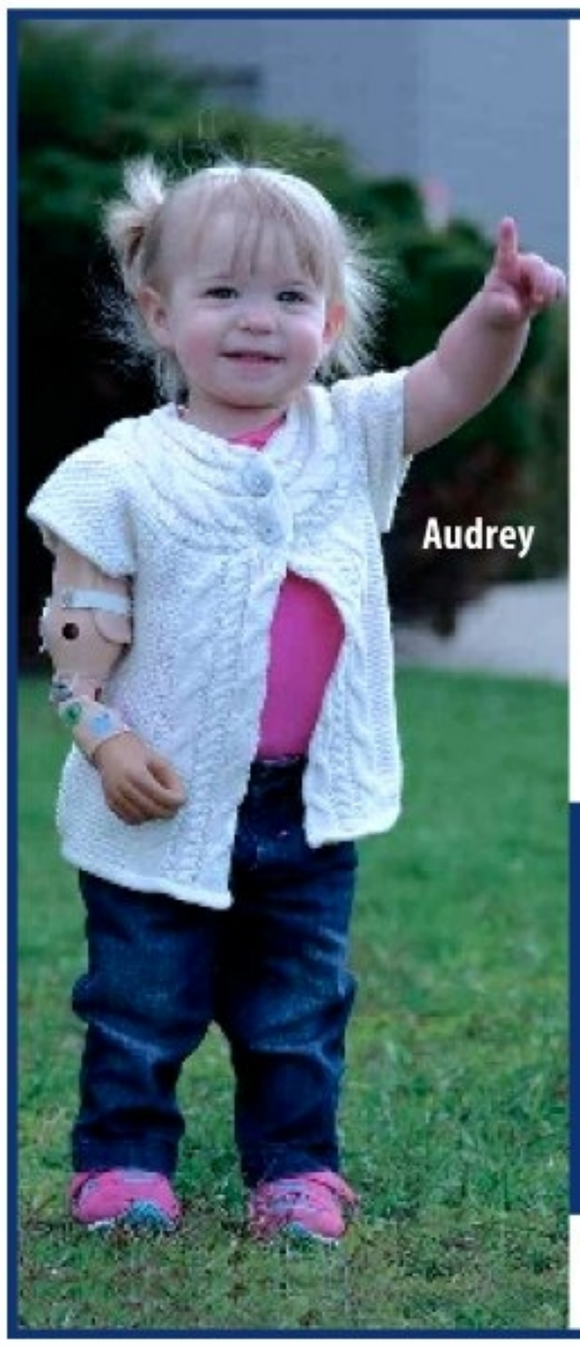
Sivan: I realized the importance really early on. Being a gay guy myself, I have such vivid memories of the few times I saw any type of LGBTQ relationship on TV or in music videos. I also didn't really have a choice because it's like, I'm out and I'm not going to put a girl in my video — it's a love song. But that's sort of underplaying it a little (too). I did see an opportunity to try and make change.

Your fanbase is unique in that many openly identify as LGBTQ or at least support the community — even though they're still teenagers. A few years ago that would've been unheard of and many of them probably would've been closeted. Can you talk about your fans?

Sivan: (They) tend to be anywhere from like 15 to 22 and they're the coolest most open-minded, smart, funny people. I'm so lucky to have them in my life. We did a show in Oklahoma City and went out afterwards to the one "gay-ish" bar there. A bunch of people came from the show and we all just hung out. I felt like I was with a bunch of friends.

This interview has been edited and condensed.

THE CANADIAN PRESS



The War Amps

Leave a Lasting Gift

You can continue the legacy of "amputees helping amputees" with a charitable bequest or gift in your will. With your help, The War Amps will continue to meet its commitments to children like Audrey – and all amputees – long into the future.

For information about leaving a gift in your will, please contact us.

The War Amps
1 800 363-4067
plannedgiving@waramps.ca
waramps.ca

The War Amps does not receive government grants.
Charitable Registration No.: 13196 9628 RR0001

SPONSORED CONTENT — CHARITY GIFT GIVING

Sharing a lasting legacy

People often can't help but smile when they see Kamryn Bond, 6, lay a wreath with her friend, Shannon Krasowski, 40, at their local Remembrance Day ceremony. Although an unlikely pair, they are both amputees and are part of a legacy that goes back nearly 100 years.

Kamryn is a member, and Shannon a graduate, of The War Amps Child Amputee (CHAMP) Program, which provides financial and emotional assistance to child amputees across Canada. It was war amputee veterans who created The War Amps in 1918, and later its Key Tag Service, through which the association raises its funds.

Kamryn and Shannon lay a wreath each year on behalf of The War Amps Operation Legacy as a tribute to war amputee veterans. Shannon says: "They passed this legacy to us younger amputees and now it's our turn to share their stories, so that we never forget their sacrifices."

With the public's support of the Key Tag Service, which is this year celebrating its 70th anniversary, The War Amps is able to help amputees across Canada live full and active lives.

Kamryn Bond, left, and Shannon Krasowski pay tribute to the war amputee veterans by laying a wreath on behalf of The War Amps. CONTRIBUTED

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Eloquent plea for a little grace

THE SHOW: U.S. election coverage, Nov. 8 (CNN, YouTube)
THE MOMENT: Van Jones' plea

CNN's Van Jones had a deeply emotional reaction to Donald Trump's win. CONTRIBUTED

Sometime after midnight, when it became clear that Donald Trump was going to become the next U.S. president, CNN correspondent Van Jones congratulated Trump supporters. Then he delivered the two most eloquent minutes of this brutal campaign.

"People talked about a miracle," he said. "I'm hearing about a nightmare. People are putting their children to bed, afraid of breakfast. Muslim friends are texting me, asking should I leave the country. Families of immigrants are terrified tonight.

"This was a rebellion against the elites, true," he continued. "But it was also something else. This was a whitelash. A whitelash against a changing country, against a black president. . . . Donald Trump has a responsibility tonight to reassure people that he is going to be the president of all the people he insulted and offended and brushed aside. . . . This is a deeply painful moment."

At the bitter, limping end, what was remarkable was how quiet it was. Pundits on both sides were stunned. On ABC, George Stephanopoulos strained to stay neutral, aging before our eyes. On CNN, Anderson Cooper asked Trump's surrogates, "What do you think, will he build the wall now? Will he lock up Hillary Clinton?" No one even tried to answer.

As he was throughout the campaign, Jones was a steady voice of reason. When Corey Lewandowski, Trump's ex-campaign manager, tried his trademark indignant sputter when Clinton didn't address the nation, Jones told him to knock it off. "You won," he said. "Now is the time for a little grace."

Here's hoping that's not an impossible dream.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

SPACE TRAVEL

Series a reminder Mother Earth won't support us forever

The brave Daedalus crew of six is travelling to Mars.

Their trip will take months. But once they land, their plan isn't to grab some rocks and hurry back to Earth. They aim to make Mars home.

Such is the saga of Mars, an innovative hybrid of drama and documentary premiering Monday at 9 p.m. EST on the National Geographic channel (with the first of its six weekly hours now available for free streaming).

The voyage takes place in 2033, but don't take this saga as futuristic pie-in-the-sky. It's worth noting that 2033 is just 17 years away and that, for many viewers, 1999 — just 17 years ago — seems pretty recent.

Besides, this sci-fi odyssey is grounded in hard facts and scientific rigour, as reflected in the unscripted documentary sections clearly labelled "2016."

"Getting to Mars will be risky, dangerous, uncomfortable, but it'll be the greatest adventure ever in human history," says SpaceX CEO Elon Musk, among many farsighted "big thinkers" heard from in the series who thinks there's money as well as glory to be found in Mars colonization.

Mars' series brought together scientific consultants, director Everardo Gout, producer Justin Wilkes as showrunner, and executive producers Ron Howard and Brian Grazer. ROBERT VIGLASKY/NATIONAL GEOGRAPHIC CHANNELS VIA THE ASSOCIATED PRESS

But this is more than manifest destiny.

Andy Weir, whose novel The Martian inspired the 2015 film of the same name, voices an even more compelling motivation: hedging earthly bets. "We need to go to Mars because it protects us from extinction," he declares.

Mars has brought together a number of collaborators. Besides its scientific consultants, the series claims director Everardo Gout, Justin Wilkes as showrunner and, among his fellow executive producers, Oscar-winning Ron Howard and Brian Grazer.

How in the world did the project come together? Initially, from conversations between various parties who each proposed "Let's do Mars," according to Grazer, "though at first we didn't really know what we were doing. Mars implies so much: It ignited some dream in each of us."

"The series was a balancing act," says Howard. "It had a documentary component, which is always a question mark at the beginning. Then came fully scripting and shooting the drama, which was meant to take the ideas we were learning and personalizing them. We wanted to be as cinematic and propulsive as we could be, but verisimilitude was a grounding principle and an obligation."

Cut to 2033.

"Some of us, if not all of us, will almost certainly die on this mission," Ben Sawyer, Daedalus mission commander, reminds his crew.

This may sound gloomy, but Ben Cotton, who plays Sawyer, hails astronauts as inherently upbeat.

"It was interesting to jump into that perspective," he says, "because as an actor you get trained to go toward the turmoil, the darker end of things. It was cool to be in that positive space."

"Astronauts are passionate, but they're not crazy," adds series consultant Mae C. Jemison, a former NASA astronaut who flew on the Space Shuttle Endeavour in 1992. "They're dreamers and have great imaginations, but at the same time they're very practical."

Wilkes reiterates a series message: Mother Earth won't support us forever.

"In terms of the long game," Wilkes says, "it seems like a pretty good bet that we should try to become interplanetary. But in the process maybe we'll also find a way to get along with each other to do what we need to do on this planet."

Cynics might say that humans, well on our way to trashing Earth, simply mean to ditch it for a new world to waste. This series begs to differ.

"It's not that we're just trying to escape our problems here," says Wilkes. "We're trying to use a Mars mission as a way of fixing our interrelationships on Earth." THE ASSOCIATED PRESS

metro HOME
Your essential daily news

Ellen DeGeneres to launch three new homes collections for 2017

MEET THE CONDO

A community for neighbours

CONTRIBUTED

Project overview

The official launch takes place on Saturday Nov. 12 between 12 p.m. and 4 p.m. These condos offer high-end interiors including quartz countertops, maple cabinets, stainless appliances, tile backsplashes and three colour boards to choose from.

Housing amenities

There is secured, underground heated parking and above ground stalls, as well as an outdoor dog wash in the large courtyard area. There is also a bocce ball court for summer fun and each condo comes with a balcony complete with a gas line for a barbecue.

Location and transit

Located near Stoney Trail and Deerfoot Trail with access to Auburn Bay and its lake and beach, homebuyers are joining an established community where they can meet their neighbours. They are also located across from Auburn Station where there will be a future Green Line LRT.

In the neighbourhood

Perfectly located near the Seton Urban District, there is access to the South Seton Hospital, restaurants, coffee shops and professional services. A central gathering place called Auburn House is planned for the community, featuring a 13,390 square foot contemporary lodge featuring a gymnasium as well as picnic shelters for rent.

KRISTA SYLVESTER/FOR METRO

NEED TO KNOW

What: Regatta
Builder: Brookfield Residential
Architect: NORR Architects
Location: Auburn Bay
Building: Three apartment-style buildings, 168 units total
Sizes: 552 to 1000+ sq. ft.
Pricing: One bed from upper $100s / Two beds in mid $200s
Suites: Nine floor plans, one and two bedroom suites
Status: Launching Nov. 12
Sales Centre: 109 Auburn Meadows Drive S.E.
Hours: Mon. to Thurs. to 8 p.m., Sat., Sun. and holidays 12 to 5 p.m.
Email: regatta@brookfieldrp.com
Phone: 403-462-3792
Website: RegattaAuburnBay.ca

A hail storm has hit your area. It is vital that you have your home inspected and repaired by an accredited and reputable company.
WE CAN HANDLE THE ENTIRE PROCESS FOR YOU.
PROUDLY SERVING ALBERTA FOR OVER 17 YEARS
GOT HAIL? CALL BIG TOP ROOFING & EXTERIORS 403-922-9226 www.bigtoproofing.com
Step #1 Inspection — Contact us for a FREE Inspection and Estimate by our Industry Certified Inspectors. Already had an inspection? Get a second opinion.
Step #2 Estimating — We will provide a detailed estimate and report using the same procedures and estimating software used by insurance companies.
Step #3 Professional Representation — We work with all insurance providers and understand the process and terminology. LET US BE YOUR 3RD PARTY REPRESENTATION.
Step #4 Professional Contracting — We are members of the Alberta Allied Roofing Association, The Siding Contractors Association or Alberta and hold an A+ rating with the BBB.
METRO CALGARY COMMUNITY CHOICE 2016 WINNER
AARA ROOFING
WE WILL PAY YOUR DEDUCTIBLE some conditions apply
403-922-9226 • www.BigTopRoofing.com

DIY pet beds should be both cosy and safe

Kelly Mindell of StudioDIY.com transformed a large, plain yellow pillow with iron-on fabric pieces cut into shapes to make up the emoji face. JEFF MINDELL/STUDIODIY.COM VIA ASSOCIATED PRESS

DO-IT-YOURSELF

Customize to reflect style of home, owner personality

There are as many ideas for do-it-yourself pet beds as there are kinds of pets. Projects range from simple sewing patterns to complex woodwork.

But the goal is a safe, customized bed that suits the pet, so that "your furry family members have a cosy place to curl up," says Camille Smith, website managing editor for the home design channel HGTV.

On the fancier side, some old vintage items lend themselves to eye-catching pet beds. Search your attic for a bulky old television from the pre-flat-screen era, for instance, or a boxy computer monitor once used for accessing MySpace. Remove the screen and gut the inside. Line the box with fabric and add a pillow so your cat or small dog can snuggle up inside.

VINTAGE DIGS
Old TVs or computer monitors (pre-flat-screen era) can be gutted and used as a place for pets to snuggle in.

Most pet-bed projects, however, don't require you to track down hard-to-get items.

Many online tutorials suggest reclaiming a vintage dresser drawer and filling it with a cushion. Woodworker Scott Lavigne came up with a plan to build a custom drawer from scratch for his dog.

"I'm a builder just by nature," says Lavigne, founder of the blog sawsonskates.com. Creating a sleep space for his lhasa apso was a labour of love.

Making a pet bed can be a practical alternative to buying one. JEFF MINDELL/STUDIODIY.COM VIA ASSOCIATED PRESS

"It's essentially just building a simple box," he says; even those inexperienced at woodworking could likely accomplish it in a weekend. By changing the size of the pieces of wood used, his drawer project can easily be adapted for large dogs. Detailed instructions are on his blog.

Design blogger Kelly Mindell, creator of StudioDIY.com, customized and revitalized an old dog bed by ironing on emoji shapes that she cut out of iron-on fabric.

"A huge part of the DIY movement is the ability to adapt and customize an idea to reflect your own personality or needs," Mindell says.

"Since emojis are all made of simple shapes like circles, half-moons and hearts, it's easy to take the concept and change it as desired."

Homemade pet beds can be practical alternatives to store-bought ones.

"Dog beds are not inexpensive," says Lavigne, who designed his project to fit a standard bed pillow, which can be tossed in the washing machine when necessary.

A DIY pet bed also can be made to match the style of your home.

"For small dogs and cats, you can even upcycle an existing piece of furniture to create a side table that does double duty as a snug spot for curling up," says Smith.

Lavigne's project can be adapted by using different paint or stain colours, or choosing to distress the wood for a "shabby chic" look.

Safety, of course, is more important than how the bed looks.

"Be sure to make your pet's comfort and safety the top priority," Smith says. "Ensure your finished bed is extra cozy with no protruding nails or splintered wood."

Also, make sure before you begin that it's right for your particular pet, keeping the animal's health in mind.

"For instance, an arthritic older dog may benefit from a memory foam mattress while a padded window perch may be the best cat-nap spot for a curious kitten," says Smith.

THE ASSOCIATED PRESS

REAL ESTATE

What's hot on the market

1 NOW SELLING

Scollen House by 320 Mission Developments: Located in trendy Mission, this five-storey, 52-unit complex offers smart floor plans, sleek finishes and an enviable location. Check out the Sales Centre 320 25th Ave. S.W.

2 STILL SELLING

Avli on Atlantic by RED Management: AVLI offers plans that come in many different shapes and sizes to give you an original condo right in the heart of historic Inglewood. Check out the Inglewood Presentation Centre at 1201 — 10th Ave. S.E.

3 SALES CENTRE NOW OPEN

Vogue by La Caille: Nestled in West Village; location is everything at Vogue by La Caille as the project is just one block from the 8th Street LRT station. Visit the Sales Centre located at 912 5th Avenue S.W.

KRISTA SYLVESTER/FOR METRO

Sheer brilliance: acrylic provides polish, durability

TRENDS

Material has beauty of glass without the fragility

Glen Peloso
For Torstar News Service

Clearly, the time for acrylic has come. With the luxe look of glass, but none of the fragility issues, acrylic has found its way into many forms and uses, both inside and outside the home.

If you love the look of open-concept, airy design, then the acrylic esthetic is for you. Improved production processes have made it far more useful and attainable.

The "Marilyn" chair is a reproduction of an antique, with a nod to the detail of days gone by. Impractical to reproduce in glass, acrylic achieves a sturdy and durable chair, with the accent on the silhouette instead of the detail.

This chair could be used in either a modern or more traditional setting. It's a wonderful choice for a small space because it has the function of seating without adding "weight" in the room. It's also wonderful in front of a window with a view.

Sometimes you need the function of a hall table or console, but don't want the heavy look that is often associated with wood and laminate pieces of furniture.

Artistic qualities, such as carvings and polishing, are a challenge (if not impossible) to achieve with tempered glass, but possible with acrylic, because of its properties. Julia Buckingham's collection for home décor wholesale company Global Views includes a console called Ice and it's not only a functional piece, but an artistic sculpture in and of itself.

An acrylic cover is a great way to showcase and give a treasure from your travels a place of honour in your home. Pieces are both protected and elevated to the status of a museum piece with the addition of the cover.

"An acrylic cover is a great way to showcase and give a treasure from your travels a place of honour in your home.

You can do this with anything you may want to display in your home, regardless of its real material value. We love this idea for personal collections. The acrylic weighs less than glass, making it easier and safer to hang.

The transparency of acrylic legs on a piece of furniture make it appear to float, as well as making the whole space seem more airy.

The jewel-like look of the legs makes this kind of chair perfect for a glass dining table, a makeup table or a corner of a bedroom.

It's also great in a small space because the more floor space you can see in a small space, the larger the room appears to be. Acrylic legs are also sturdier than wooden legs.

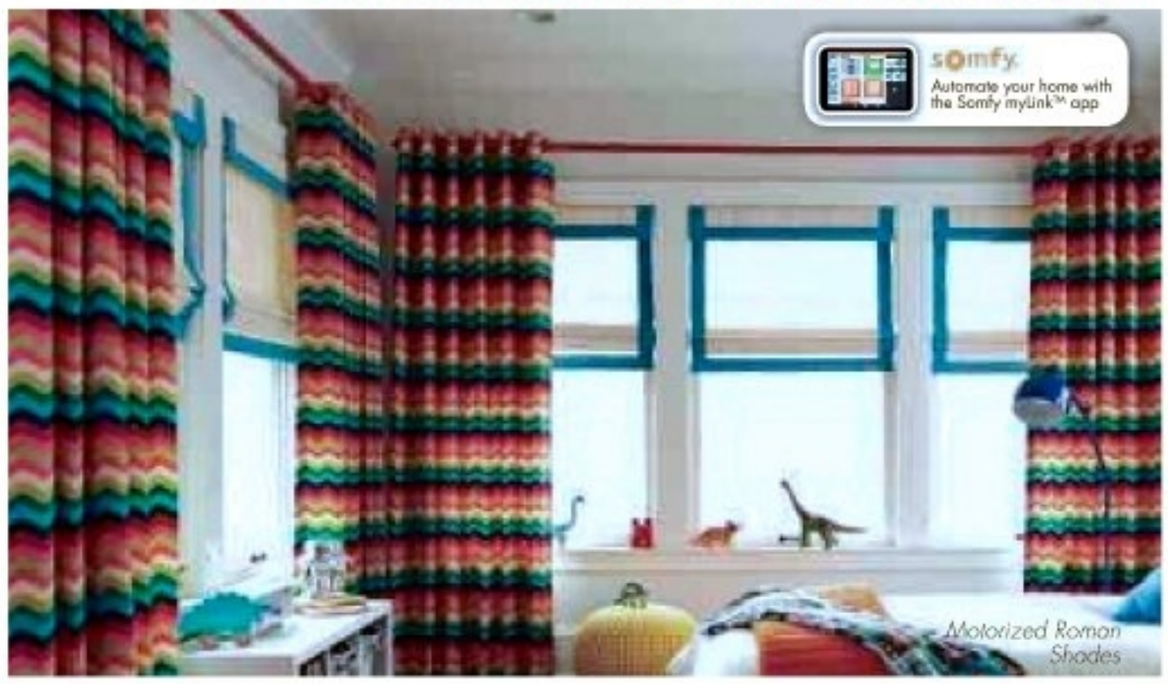
Coloured acrylic pieces, such as a black frame on a picture or mirror, provides a high-gloss lacquer polish that is unparalleled in other material.

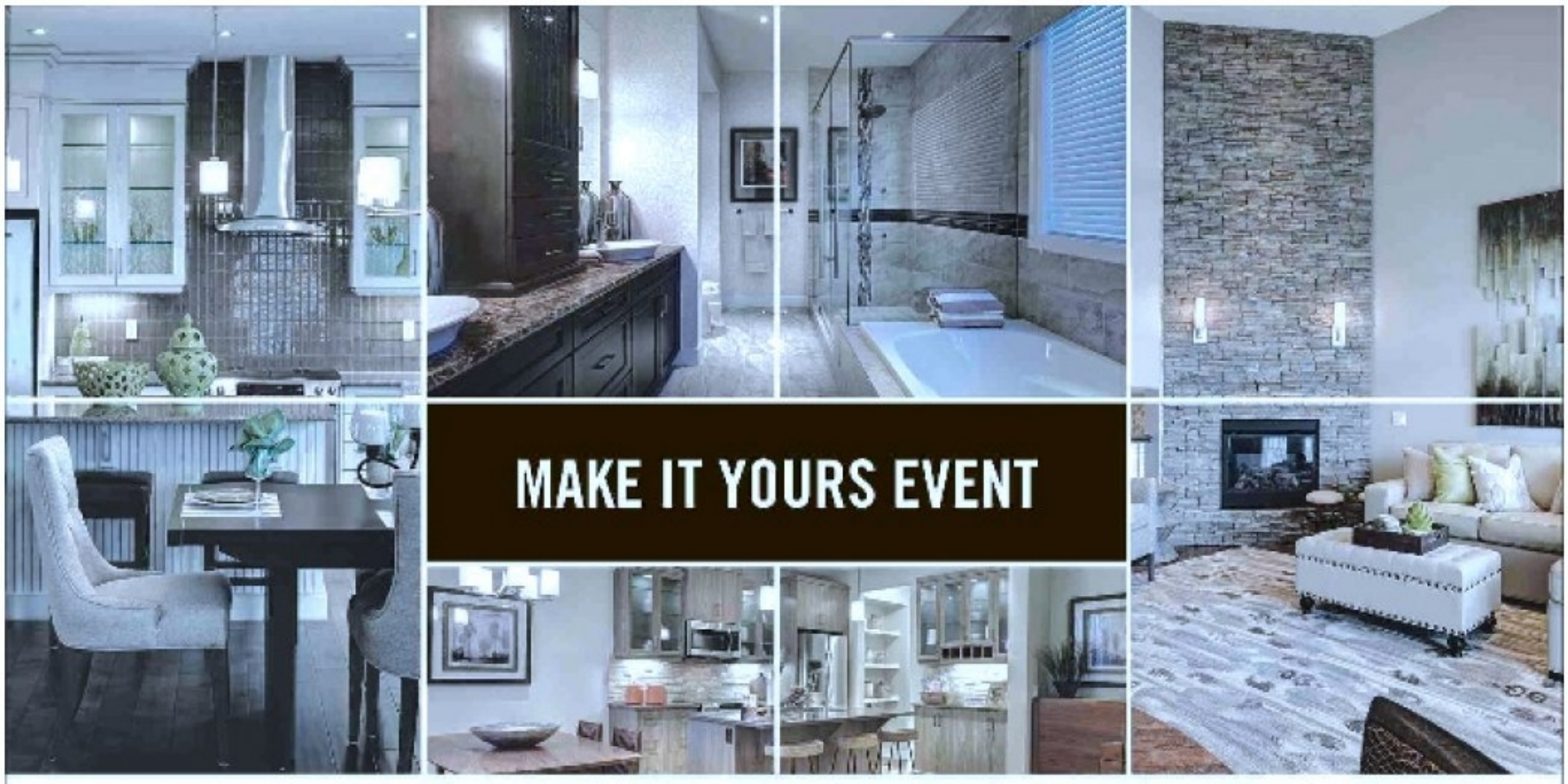
Such acrylic takes hundreds of hours to produce. With acrylic, you are not only able to obtain this level of polish, but a finish that is easier to repair, too.

Abbott provides this polish in a picture frame, but you can add the same gloss in functional furniture all the way to complete kitchens, providing incredible shine and durability.

Glen Peloso is principal designer of Peloso Alexander Interiors, national design editor of Canadian Home Trends magazine and a design expert on the Marilyn Denis Show on CTV.

Acrylics can look very modern and are functional without adding a lot of aesthetic bulk to a room. DREAMTIME





MAKE IT YOURS EVENT

mattamyHOMES

GET UP TO $25,000 TO SPEND AT OUR DESIGN STUDIO WITH YOUR NEW HOME PURCHASE.

At Mattamy, we want to make it more rewarding than ever for you to personalize your new home and move in sooner. That's why we've created the Make It Yours event. Not only will you get to pick from an amazing selection of interior design options to make your brand new home your own, our Design Studio will give you a gift of up to $25,000. Visit us today.

AIRDRIE

THE GATES AT HILLCREST

Manor Townhomes
Starting From $319,990

SALES CENTRE
907 Windsong Drive 403-980-8765

AIRDRIE

Southwinds

Double Car Garage Homes on Walkout Lot
Starting From $444,990

SALES CENTRE
907 Windsong Drive 403-980-8765

CALGARY

CITYSCAPE

Single Car Garage Homes
Starting From $419,990

Double Car Garage Homes
Starting From $447,990

SALES CENTRE
10520 Métis Trail NE 587-755-1061

SALES CENTRE HOURS Monday - Thursday 1pm-8pm; Friday 1pm-6pm; Saturday, Sunday and Holidays 11am-6pm

MATTAMYHOMES.COM/CALGARY

All illustrations are artist's concept. All dimensions are approximate. Prices, specifications, terms and conditions subject to change without notice. E.&O.E.

A manifesto for a beautiful home

Tiffany Pratt says she's always looking for "the weird, the old and the ugly" to create beautiful things out of. TARA MCMULLEN

INTERVIEW

DIY guide has a no-rules approach to design

Tiffany Pratt breezes into the small bakery carrying a vintage art book under her arm.

"I just picked this up off the sidewalk, someone left it there so I had to rescue it, " says Pratt, her signature orange hair glowing in the late morning sunlight.

Pratt is a Toronto-based designer, stylist, artist and TV personality — you might recognize her from her roles on HGTV's Home to Win and Buy It, Fix It, Sell It. She's adding published author to the list with the release of her DIY book, This Can Be Beautiful.

It's full of colourful projects presented with a no-rules approach to creating and a promise to redesign your life.

Your book is a kind of manifesto for embracing creativity. How did you come to this place in your life where you have the courage and confidence to do what you love?

My father passed when I was seven and my mom raised me and my sisters by herself. She encouraged us to tap into who we were. So I think it was through my upbringing with my mom and art. Over the years and through my 20s, I did a lot of self exploration. I had this amazing opportunity to work in fashion in New York and I really got heartbroken. I thought it was supposed to be creative and I thought everyone was supposed to be so eccentric and interesting and it really wasn't. And so I needed to carve my path and find out who I was and who my people were and where that was.

You're in a business where you have to be creative every day. Do you always wake up full of energy? What do you do when you don't?

This is going to sound all Hocus Pocus; somewhere inside of me is this burning thing that no matter what has happened, and even if the pilot light got so low that I thought it was going to go out, somewhere inside of me is this thing that even when I think I've got nothing it just resurrects. I just have to remember it and call on it ... So I cut the crap. I tune out the noise. And I get back to the things that I know got me to where I am.

How do you feel about places such as Pinterest? I find that going there when you are looking for inspiration can almost create a fog, a creative fog. Where do you go for inspiration?

I was at one point years ago going to create a T-shirt line that said "F— Pinterest." I thought that Pinterest really shut down everyone's ability to trust themselves and their taste. Truthfully, I don't do Internet stuff ... I believe there is an energetic suck when you get on your computer. Comparison — that's the death of creativity.

What are some favourite spots to go to find crafting treasures?

Garage sales and yard sales because people get rid of stuff in mass quantities and that's what I'm always looking for when I'm making things — bags of old beads, bags of old jewelry, weird old Christmas decorations. I'm always looking for the weird, the old and the ugly. I shop local as much as possible. For me, life is like a scavenger hunt.

What are three things you recommend people do to add beauty to their home?

The first thing anyone can do is paint. It's cheap, accessible and really transformational and I tell people this all the time. It's amazing what a fresh coat of paint can do. Second, get rid of anything you don't love. Cull your space. I don't believe in keeping things that don't bring you joy. Third, make old and new interact. People feel that if they want to redo their home or make it feel special they have to get rid of everything and start again. I don't believe in that. I believe in keeping the things that have soul and things that are something to treasure and sprinkling in new amongst that.

You're a big fan of bold, beautiful colours. What are your tips for adding colour to your home?

The concept of finding the colours that bring you joy is similar to the way I recommend people acquire or keep what brings you joy. Noticing what colours you are drawn to and add colour in small little places.

What is your recipe for success and happiness?

The biggest piece for me is to keep your passion and your heart and your well-being at the forefront and know that everything else filters through that. You have to work for what you want and what you love. Keep your head down, don't look at other people, don't compare yourself. Just keep truckin'.

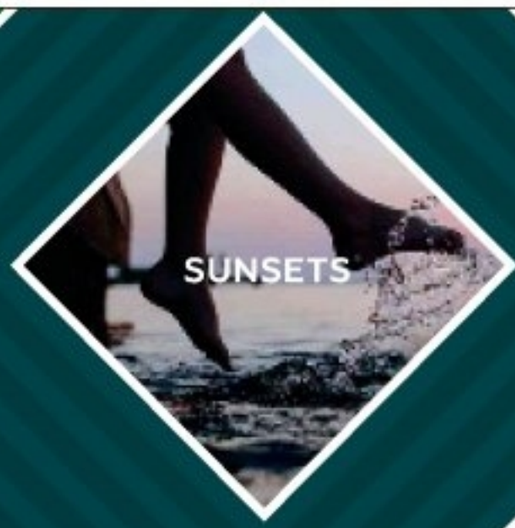
What's next for you?

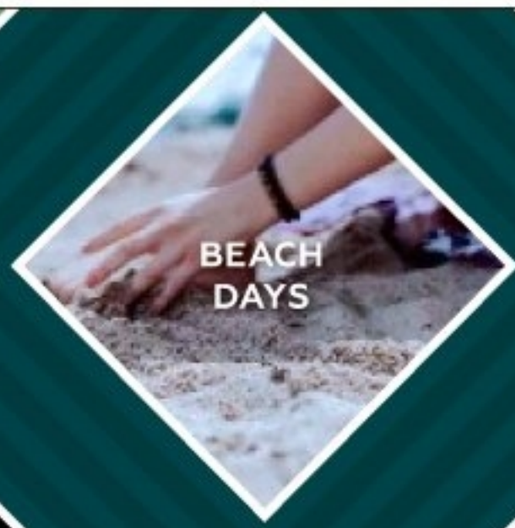
I feel like I'm going into a new phase in my life.
I feel like I'm doing a lot of soul working with others that was never expected and I think that my career in creativity is larger than just doing homes and making things beautiful. I think it's working now from the inside out. Doing motivational talks is becoming a huge thing for me — I'm getting people to really look at their lives differently. The biggest piece for me is showing people that it's not about one thing — it's about everything.

TORSTAR NEWS SERVICE

WESTMAN VILLAGE
in MAHOGANY

Get more out your door.





▸ ESTATE BUNGALOWS ▸ CONDOMINIUMS ▸ ACTIVE LIVING ▸ CHOICE RENTALS

URBAN LIVING IN A SUBURBAN COMMUNITY – a new master planned community with housing for every stage of life.

Discover how much more there is to life at Westman Village, where convenience, comfort and accessibility are woven into a walkable community in a premier lakeside setting. Get a sense of how our suburban village concept brings people together and closer to what matters the most.

View our show suites at the PRESENTATION CENTRE:
1955 Mahogany Boulevard SE, Calgary
Mon-Thurs: 2pm-8pm | Friday closed | Sat & Sun: noon-5pm
Phone: 587-350-0237

View our show suites at the DISCOVERY CENTRE:
3132 118 Ave SE, Calgary (in the Jayman BUILT Centre)
Mon-Thurs: 2pm-8pm | Friday closed | Sat & Sun: noon-5pm
Phone: 403-723-8411

lyric — CHOICE RENTALS

CALLIGRAPHY — CONDOMINIUMS

THE JOURNEY CLUB — ADULT LIVING

REFLECTION — ESTATE BUNGALOWS

Get more details and register at **WESTMANVILLAGE.com**

Jayman BUILT

Manage light for flavour, tenderness

THE BAD, THE CONFUSING AND WHEN YOU DON'T WANT TO BLANCH

Bad blanching
Plants that are hungry for magnesium also blanche. The air pollutant sulfur dioxide blanches leaves, as do certain viruses. These types of blanching indicate unhealthy plants.

Not to be confused with
Blanching by excluding light is not to be confused with blanching in cooking, which is the brief scalding of, say, a vegetable in boiling water or steam before freezing it.

What not to blanche
Blanching isn't for all vegetables — only those whose stems or leaves we eat. Blanche a pepper plant and you'll end up with pale leaves and tasteless fruits.

Not helping
And some leafy or stalky vegetables aren't improved by blanching. Blanche lettuce and it will be tasteless. Blanche arugula and it will lack the zip for which we grow it.

Planted close together, endives' outer leaves fold up to keep light from inner leaves, making them sweet and tender.
LEE REICH/THE ASSOCIATED PRESS

GARDENING

Autumn is a great time to consider blanching

To make a vegetable more tender and less bitter, consider blanching. Plants blanche when they lose chlorophyll, which gives them their green colour. Depriving plants of light for some period reduces their chlorophyll.

Other things that make plants blanche: If leaves can't get their fill of iron, they show it by turning yellow, at first only the youngest leaves and in the spaces between the veins.

A few methods can be used to keep light off all or part of a vegetable to make it blanche. You can blanch some leafy heads of endive by simply inverting clay flower pots over them. You can also plant some so close together that their outer leaves were pushed up and over the inner ones, which then blanches.

Celery and leek stalks can be blanches by piling soil against them, and cauliflower heads by tying together their outer leaves, or just snapping down one leaf to lie over the head. Dig endive roots in the fall and plant them in boxes and then bring them down to the basement, where the roots will push out pale, new sprouts. You can make cardboard collars to wrap around and keep light from cardoon stalks.

Cauliflower and celery are rarely blanched nowadays because self-blanching varieties — Golden celery and Snowball cauliflower — have been developed. Even conventional celery is rarely blanched anymore because most of us prefer the more robust flavour and texture of unblanched celery. White asparagus is now rare for the same reason.

It's all a matter of taste (and texture).

Even vegetables that are improved by blanching cannot be blanched willy-nilly. That chlorophyll is what harvests sunlight, converting it to energy for plant growth. Young vegetables need to grow, so can't afford to give up their sunlight.

Also, tender stems and leaves that result from blanching are more prone to rot and insect attack, whether the plant is young or old. And fully grown plants need some energy just to stay alive.

All these caveats to blanching make autumn a good time of year to consider it. Leafy and stalky vegetables should be fully grown by now, so more growth is not needed. Cold weather has slowed down life processes, so blanched vegetables can stay that way for weeks without expiring. And this same cold weather slows down insects and diseases so that they pose little threat to succulent, pale stems and leaves.
THE ASSOCIATED PRESS

Design cribbed from modernism

TRENDS

Pieces that can be repurposed popular with today's parents

These days, nurseries tend to look as polished as the rest of the house. DEBRA NORTON/FOR TORSTAR NEWS SERVICE

> **We're seeing a growing interest in multifunctional furniture.**
> Jill Fehrenbacher, Inhabitot

Once upon a time, baby's room had a style all its own. But today's parents want the nursery to blend with other rooms, reflecting a modern esthetic.

Furniture designers and retailers have responded with lots of interesting options.

Jonathan Adler recently launched a collection of nursery furnishings for Fisher-Price. The New York-based designer's line includes a chic sleep-and-play rocker with a high-contrast, black and white graphic textile, and walnut and steel legs with a midcentury modern vibe. A convertible crib features Adler's signature honeycomb motif, and Ming-inspired feet capped in polished nickel.

"I wanted to incorporate some of my favourite motifs and materials, to elevate the Fisher-Price design esthetic," Adler says. "The collection has a whisper of Italian Modernism and a twinkle of design panache."

Walmart's Baby Mod Olivia crib, offered in an on-trend white and amber combo, is also a convertible model, which can be reconfigured into a daybed and toddler bed as your child grows.

Convertibles are a trend, according to Jill Fehrenbacher, founder of the design site Inhabitat and its offspring, Inhabitots.

"We're seeing a growing interest in multifunctional furniture," she says, "and this is especially true of new parents who are anxious about buying a storeful of baby gear. The idea that a crib could convert to a changing table or toddler bed is one with inherent appeal because it extends the value of what's typically a large purchase."

Fehrenbacher herself is a fan of the Oeuf, created by New Yorkers Michael Ryan and Sophie Derenge.

"Awesome functionality, safety and clean modern looks," she says. "I bought this crib for my son and we're still using it now as a toddler bed for my four-year-old. It's moved through two different homes, from the Atlantic Coast to the Pacific, and has weathered it all beautifully."

Other affordable cribs can be found at Ikea, where the trim, contemporary Sniglar, Sundvik, Gulliver and Hensvik models sell for around $100. For just under $200, the Stuva includes under-crib storage drawers in several colours.

Babyletto's Hudson crib has midcentury lines, sustainable New Zealand pinewood construction and a range of colours — several neutrals, as well as two-toned versions. The company's new Bingo crib incorporates handy storage cubbies and comes in a right-this-minute white/ash/cool mint colour scheme.

P'kolino's Belle crib has a lattice-patterned headboard that contrasts nicely with a deep grey, shell pink or pale blue base.

The Geo version puts a gender-neutral geometric layer on backgrounds of coral, grey or navy. P'kolino's website offers customizing, too; you can design your own headboard from an array of images, colours and fonts.

If budget's not an issue, consider Ubabub's futuristic Pod crib. Curved plywood forms the front and back of the crib, while clear acrylic, laser-cut with tiny stars, makes up the side panels.

Choose a kiwi, honeysuckle, tangerine or aqua translucent end panel for Spot on Square's Alto crib.

Nurseryworks is always pushing the proverbial envelope on baby furnishings. One of their signature pieces, the solid acrylic Vetro crib, seems to float in space, letting other nursery elements provide colour and pattern. Another crib — the Gradient, designed by Matthew Grayson and Eric Lin — has undulating 3-D forms that create an asymmetrical silhouette.

"The goal, and challenge to ourselves, is to create something that doesn't conform to the standard perception of what a crib is supposed to look like," says Lin.

Grayson's Highlight crib can be turned into an adult-size desk once baby's done with it; the mattress support becomes a shelf and the waterfall slats stow power cords.

A burnished, 24-karat-gold square base holds the Lydian's solid black walnut frame; the drama of mixed materials turns a simple crib into a modernist, sculptural piece of art.

And finally, for the high-tech parent, Swiss designer Yves Behar has introduced the charmingly named SNOO. Produced in collaboration with its inventor, pediatrician Dr. Harvey Karp, the SNOO sleeper's smart-technology mattress responds to a baby's fussiness with soothing motion and white noise. Parents can also control things remotely. A swaddling outfit secures baby inside the bed, which features sturdy white mesh sides in a walnut frame, with white hairpin-style steel legs.

THE ASSOCIATED PRESS

Metro Custom Publishing Directory Calgary | metro

Marketplace

The Calgary Marketplace is a vibrant and ever-changing landscape. Everything from fashion and shopping to self improvement and education is right outside the door. Call 403.444.0136 for more info.

Christmas Market

More fuel-efficient, more attractive and more powerful

Introducing the new upgraded 2017 Nissan Titan

CONTRIBUTED

For the second year in a row, Nissan is making its mark in the very competitive truck industry with the 2017 Titan and its heavy duty counterpart, the Titan XD. Car and Truck magazine describes the advantages of the redesign as a "more powerful engine, more fuel efficient, improved payload and tow ratings [and] thoughtful cargo-bed features."

Chad Swirsky, sales and leasing consultant at Brasso Nissan, says that the 2017 Titan is showing that it has a place amongst American competitors thanks to a more fuel-efficient direct fuel injection system which delivers more power.

This updated model, Titan Endurance, introduces a variation on the 5.6-litre V8 gas engine that produces 390 horsepower, an improvement over the 317 horsepower in the previous version. The new technology in the Endurance also boasts over 394 foot-pounds of torque. It's rated to carry a payload of up to 1,590 pounds with a tow rating of 9,390 pounds.

"The biggest benefit that Titan owners can attest to is much, much better gas mileage than they used to have," says Swirsky, adding that the 2017 models are also more attractive thanks to a streamlined exterior.

The interior has NASA-inspired, zero-gravity seats to prevent fatigue on long road trips, plus an option for air conditioned leather seats. It comes with all new standard safety technology like blind-spot warning, all-around view camera and an improved navigation system. There are more storage points, especially in the rear seat with a whole slat system for boxes or a hunting rifle with a lock for safety.

The Titan XD has a 3/4-ton capability with a half-ton size. This bigger, more powerful version owes that power to the Cummins engine, long revered by domestic truck loyalists and introduced by Nissan last year in its 5.0-litre turbo-diesel V8 model.

In 2016, Nissan paired their domestic trucks with an Indiana-based engine supplier that was better known for providing diesel engines for semis. Swirsky says that there were impressive sales, despite the downturn in Calgary's economy.

This gas-powered Titan XD delivers better acceleration — going from zero to 60 mph in 7.4 seconds (1.8 seconds quicker) and running the quarter-mile in 15.8 seconds (1.2 seconds quicker) when tested — than the diesel engine introduced last year, due partly to the fact that it's over 650 pounds lighter.

Featuring "Canada's Best Truck Warranty" as part of Nissan's "Year of the Truck," the 2017 Titan and Titan XD full-size pickups come with bumper-to-bumper coverage for five years or 160,000-kilometres, whichever comes first. Test drive a Titan at Brasso Nissan in November, and the dealership will donate $20 to the Veteran's Food Bank on your behalf.

metro SPORTS

MLB has opted to destroy Cleveland World Series title merchandise instead of donating it to the needy like it has with past runners-up

CFL

Mitchell among 9 Stamps all-stars

Quarterback Bo Levi Mitchell was one of nine Calgary Stampeders selected to the West Division all-star squad Wednesday.

Mitchell helped guide Calgary (15-2-1) to the CFL's best regular-season record. He threw for 5,385 yards and a league-high 32 touchdown passes.

Bo Levi Mitchell
GETTY IMAGES

CFL rushing leader Jerome Messam (1,198 yards), tackle Derek Dennis, guard Spencer Wilson, defensive linemen Micah Johnson and Charleston Hughes (CFL-high 16 sacks), cornerbacks Tommie Campbell and Ciante Evans and defensive back Jamar Wall were the other Stampeders selected to the team.

Voting was conducted by the Football Reporters of Canada and the eight CFL head coaches.

The B.C. Lions had the second most players named to the team with eight, including receivers Emmanuel Arceneaux (105 catches, 1,566 yards, 13 TDs) and Bryan Burnman (69 catches, 1,392 yards, three TDs).

Quarterback Trevor Harris and receivers Chris Williams, Ernest Jackson and Greg Ellingson were among the 11 Ottawa Redblacks voted to the East Division squad. Harris was the conference passing leader with 3,301 yards while Ellingson (76 catches, 1,260 yards, four TDs), Williams (77 catches, 1,246 yards, 10 TDs) and Jackson (88 catches, 1,225 yards, 10 TDs) all cracking the 1,000-yard plateau. THE CANADIAN PRESS

Alvarez calm going into eye of the storm

UFC

Lightweight champ sees McGregor as another victim

Eddie Alvarez waited to feel the magnitude of the moment as he stood eye-to-eye with Conor McGregor on a Madison Square Garden stage.

Alvarez, hyping the biggest fight of his career, wondered if nervousness would kick in as he stared down McGregor. Maybe anger. An adrenalin rush, something, that would sound the emotional bell inside his body that he shared space with one of UFC's top fighters.

He had listened to McGregor yap and boast with all of the theatrics reserved for a daytime talk show, and when the time hit in September for the UFC 205 headliners to finally face off, Alvarez felt nothing.

"My heart rate didn't go up not two beats," Alvarez said. "I was standing in front of that man and I didn't feel anything. I don't know what was going on. Maybe I was just off that day. But this guy made me feel nothing."

> **A lot of people are going to show up to watch me beat this guy up.**
> Eddie Alvarez

Trash talk? Perhaps, but the 32-year-old Alvarez insisted he had a detached demeanour because he viewed McGregor as just another victim on his roll call of champions that he will beat down for a win.

"I don't get caught up in names," Alvarez said. "I just fight."

His most pressure-packed fight yet — the one that could help launch Alvarez into McGregor-type paydays — is ahead.

Alvarez makes his first UFC lightweight title defence against McGregor on Saturday night at MSG in the promotion's return to New York for the first time since the state lifted the mixed martial arts ban earlier this year. McGregor, the Irish fighter with the brash public persona that made him one of UFC's top draws, is also the featherweight champion and has vowed to walk out of the cage with both championship belts draped over his shoulders.

Alvarez won the 155-pound title with a dramatic first-round stoppage of Rafael Dos Anjos in July on a UFC Fight Night card. McGregor is coming off a decision victory against Nate Diaz in a welterweight bout in August at UFC 202.

"A lot of people are going to show up to watch me beat this guy up," Alvarez said.

McGregor said this week he would "retire" Alvarez in the fight.

"It's over for you. You will not fight again after this," McGregor crowed. "You will not look the same. You will not think the same, and that's it."

Alvarez laughed off the threat — and made one of his own.

"We're about to take out arguably the biggest name in MMA," he said. THE ASSOCIATED PRESS

Eddie Alvarez will make his first title defence at UFC 205 in New York on Saturday.
JULIO CORTEZ/ THE ASSOCIATED PRESS

IN BRIEF

Laycock earns victory over Edin at the wire

Saskatoon's Steve Laycock defeated Sweden's Niklas Edin 9-6 on Wednesday at the Grand Slam of Curling Tour Challenge in Cranbrook, B.C.

Laycock scored three in the final end for the victory at Western Financial Place.

Three more draws were scheduled for later Wednesday. Round-robin play continues through Friday and the finals take place Sunday.
THE CANADIAN PRESS

Fernandez named NL comeback player of year

Miami Marlins pitcher Jose Fernandez, who died in a boating accident in September, was voted the NL comeback player of the year by his peers in the annual Players Choice Awards of the Major League Baseball Players Association.

Fernandez was the 2013 NL Rookie of the Year, had Tommy John surgery the following year, returned in July 2015 and was 16-8 with a 2.86 ERA this season.
THE ASSOCIATED PRESS

Chicago's win streak grows to seven in St. Louis

NHL

Red-hot Hawks have earned points in nine games in a row

Artemi Panarin scored 25 seconds into overtime and Corey Crawford made 27 saves, leading the Chicago Blackhawks over the St. Louis Blues 2-1 on Wednesday night for their seventh straight win.

Crawford won his sixth consecutive game and got his third shutout this season while improving to 15-5-5 against the Blues. Chicago has earned a point in nine straight games.

Panarin scored on a wrist shot from the slot for his sixth goal of the season.

St. Louis' Alex Pietrangelo tied it with 2:11 left in the third on a drive from the point that squeezed past Crawford, who got a piece of the shot.

Early in the second period, Marian Hossa pounced on the rebound of a shot by Gustav Forsling and shot it in for a 1-0 lead. It was his seventh goal of the season and sixth in the last seven games.

Chicago has outscored opponents 30-15 during this nine-game run.

Jake Allen made 28 saves for the Blues. He has lost three of his last four and fell to 5-4-2.

This is the Blackhawks longest winning streak since they won 12 in a row from Dec. 29, 2015 to Jan. 19, 2016.

The Blues and Blackhawks meet on Dec. 17 before the much-hyped outdoor Winter Classic set for Jan. 2 in St. Louis.

THE ASSOCIATED PRESS

WEDNESDAY In St. Louis

2	1
BLACKHAWKS	BLUES

MORE SCORES

Senators 2, Sabres 1 (SO)
Bobby Ryan and Kyle Turris scored during a shootout, helping the Ottawa Senators beat the Sabres in Buffalo.

Jackets 3, Ducks 2 (OT)
Zach Werenski scored 1:21 into overtime after Columbus blew a two-goal lead, helping the host Blue Jackets escape with win over Anaheim.

11

Chicago defenceman Duncan Keith has 11 assists, tops among all defencemen.

Jonathan Toews' Blackhawks held firm atop the Central Division on Wednesday night. DILIP VISHWANAT/GETTY IMAGES

TWITTER

Don Cherry shuns 'kook' Americans

Americans threatening to move to Canada in the wake of Donald Trump's presidential victory are not welcome north of the border, according to outspoken hockey commentator Don Cherry.

The co-star of CBC's Coach's Corner took to Twitter on Wednesday to discourage any left-leaning U.S. citizens upset at the prospect of a Trump presidency from seeking refuge in Canada.

In a two-part tweet, Cherry said: "The left wing kook entertainers and the left wing weirdo's (sic) in the media in the US have said if Trump wins the presidency they will move to Canada. Please, we have enough of these type here now."

Don Cherry GETTY IMAGES

Cherry has made no secret of his right-leaning politics in the past. THE CANADIAN PRESS

IN BRIEF

HBO doc to showcases Subban's move to Preds
P.K. Subban will take to centre ice as the featured subject of a new HBO Canada documentary.

P.K. Subban Skate Past The Noise: The Off-Season promises a look at the life of the Nashville defenceman and "unparalleled access to his inner circle."

The film follows the NHL all-star during the recent off-season while Subban was at home in Toronto preparing for his move to the U.S.

THE CANADIAN PRESS

Ware like to return for Chiefs
Chiefs running back Spencer Ware passed the NFL's concussion protocol and returned to practice Wednesday, and he should be available for Sunday's game at Carolina.

Ware was hurt in Indianapolis and missed last week's game against Jacksonville.

Chiefs linebacker Justin Houston is also expected to be added to the roster, though coach Andy Reid said the move had not yet been made. THE ASSOCIATED PRESS

NFL

Friendship spurred letter, Belichick says

New England Patriots coach Bill Belichick said Wednesday the letter he wrote to Donald Trump before Election Day was done out of a friendship that goes back many years and was not politically motivated, while Tom Brady said he preferred to focus on football and wouldn't elaborate on his relationship with the president-elect.

Belichick addressed the letter during a regularly scheduled news conference held hours after the billionaire businessman was elected president and two days after he read it aloud at a campaign rally in New Hampshire.

Bill Belichick GETTY IMAGES

The letter congratulated Trump on his campaign and praised him for overcoming "slanted and negative media" to "come out beautifully."

THE ASSOCIATED PRESS

IN BRIEF

Carrasco salvages draw for Belgium vs. Holland

Yannick Carrasco scored a late equalizer and teammate Romelu Lukaku squandered two good chances as Belgium came from behind to draw 1-1 with the Netherlands in the 126th Low Countries derby on Wednesday.

Ajax captain Davy Klaassen had given the Netherlands the lead from the penalty spot in the 38th minute as the neighbours played a friendly to prepare for their World Cup qualifiers on Sunday.

THE ASSOCIATED PRESS

Kiwis drop Guptill for tests

Struggling opening batsman Martin Guptill is among five players to be dropped from the New Zealand cricket team for the two-test home series against Pakistan beginning at Christchurch next week.

Guptill underperformed on the recent tour to India, where it was whitewashed in a three-test series.

THE ASSOCIATED PRESS

Canada's rugby women drawn into tough WC group

Canada will be tested early at next year's Women's Rugby World Cup, placed in Pool A with New Zealand, Wales and a qualifier.

The 12-team World Cup runs Aug. 9-26, with the pool stages in Dublin and the semifinal and final in Belfast. The Canadian women are currently ranked second in the world.

THE CANADIAN PRESS

Russia aiming to have athletes back competing soon after doping ban

A year after the release of a damning report into widespread doping, Russian track and field is hopeful of a way back into the global fold.

On November 9, 2015, the World Anti-Doping Agency's report set in motion a year of turmoil and legal battles for Russia, which had more than 100 athletes in various sports barred from the Rio de Janeiro Olympics.

Despite being under the heaviest sanctions in track and field history, Russian officials insist they are making progress on anti-doping reforms and plan to send athletes to major competitions in the coming months. THE ASSOCIATED PRESS

DeRozan steals Thunder on road

NBA

Form Raptor scored 37 as Lowry chips in with fine game

DeMar DeRozan scored 37 points to help the Toronto Raptors beat the Oklahoma City Thunder 112-102 on Wednesday night.

DeRozan, the NBA's leading scorer, made 13 of 22 field goals and 11 of 15 free throws. Kyle Lowry added 19 points, 13 assists and nine rebounds and Patrick Patterson had 13 points for the Raptors.

Toronto, which shot 51.8 per cent from the field, has won four of five.

The Thunder entered the night with the NBA's best record, but they couldn't get their offence going.

Russell Westbrook led the way with 36 points, seven rebounds and seven assists, but he made just 9 of 26 shots and committed eight turnovers.

Victor Oladipo scored 18 points and Steven Adams added 14 points and 12 rebounds for Oklahoma City.

The Raptors led 62-55 at halftime behind DeRozan's 22 points. Toronto scored 16 points off 11 Oklahoma City turnovers in the first half.

A bounce pass by Lowry led to a jam by DeMarre Carroll that gave Toronto a 68-59 lead, and a basket by Pascal Siakam bumped the lead to 11 and led to a timeout by the Thunder.

DeRozan's mid-range jumper in the closing seconds of the third quarter gave the Raptors an 88-75 lead.

DeMar DeRozan, centre, of the Toronto Raptors goes to the basket against the Thunder. LAYNE MURDOCH/NBAE VIA GETTY IMAGES

WEDNESDAY in Oklahoma

112	102
RAPTORS	THUNDER

DEMAR STAT

DeRozan scored 11 points on 5-for-9 shooting in the first quarter.

The Thunder opened the fourth quarter with a 9-1 run to cut the deficit to 89-84.

Oklahoma City eventually cut the deficit to four, but the Raptors rallied, and Lowry's 3-pointer bumped Toronto's lead back to 10 with 3:32 to play.

THE ASSOCIATED PRESS

NBA

Cavs, Trump to visit White House

LeBron James and his Cleveland Cavaliers teammates will be at the White House on Thursday.

An unexpected guest will be there, too.

The visit by the reigning NBA champions will coincide with president-elect Donald Trump's meeting with President Barack Obama to discuss the handover of power and transition following a shocking election that left James — and millions of Americans — wondering about the future.

Gov. John Kasich, a onetime Republican presidential rival who refused to endorse Trump and boycotted the Republican National Convention in Cleveland, also was to visit the White House on Thursday.

LeBron James GETTY IMAGES

James had supported Hillary Clinton, appearing on stage with the former secretary of state at a campaign rally Sunday to urge Cleveland residents to vote.

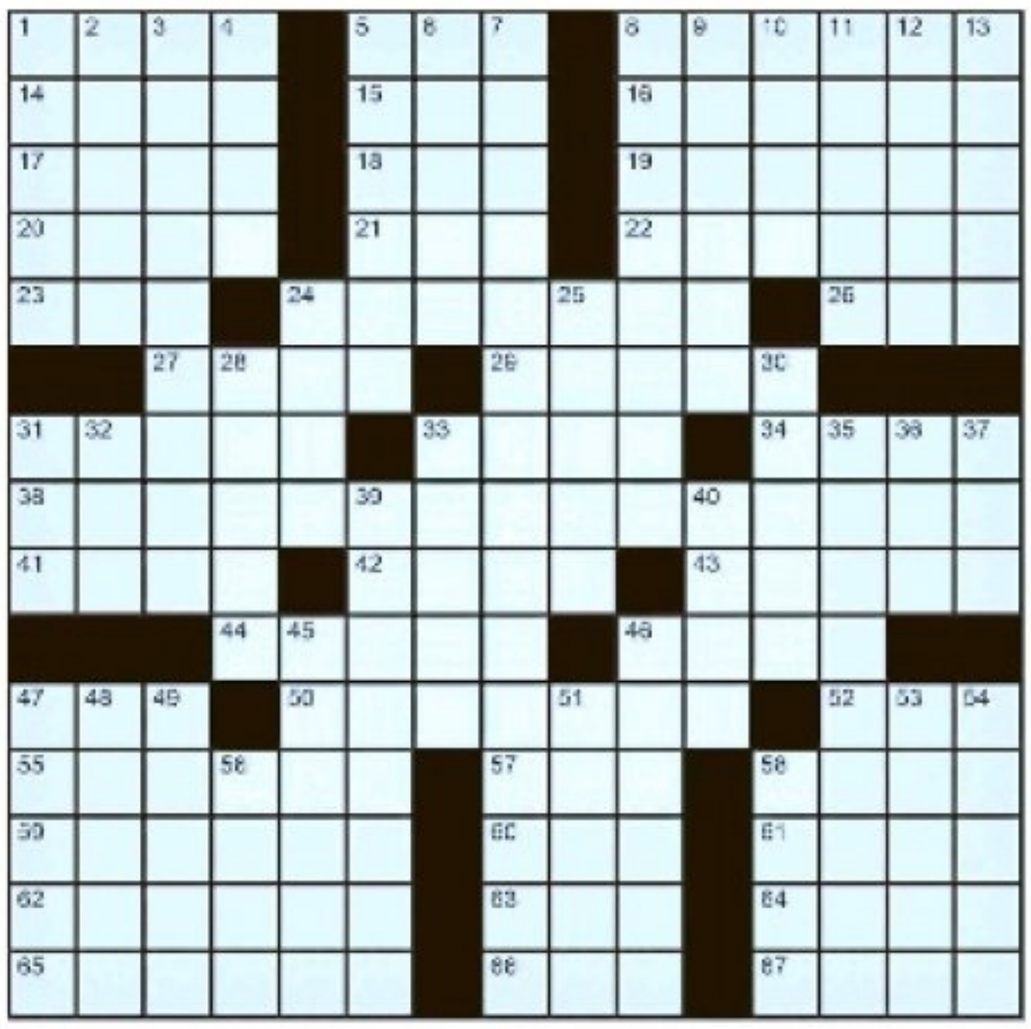
On Wednesday, just hours after Clinton had conceded the election to Trump, James posted on his Instagram account that he woke up "looking and searching for answers on what has happened."

James wrote: "Parents and leaders of our children please let them know they can still change the world for the better! Don't lose a bit of faith! They're our future and we must remain stronger than ever!! Yes we all wanna lace up the boots, put on the hard hats and strike but that's not the answer. Love, genuine LOVE and FAITH will be the only thing that can get us through this."

THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Beaming
5. Humanities degs.
8. Stave off
14. Lasso
15. Bronze __
16. Faith __
17. Long-gone soldier's stat.
18. Driveway cover
19. Captivate an audience
20. Hawk
21. Unfairly fix things
22. King Minos, for example
23. For
24. Most moistureless: 2 wds.
26. Long ago time
27. Ms. Paltrow, to pals
29. Happened to happen
31. Burning
33. Frigid fluff
34. Jazz improvisation
38. Kitchen nook, for example: 3 wds.
41. Squirrel's place for fun
42. ...cinq, six, __, huit...
43. __. Assistant (Office job)
44. Measuring stick
46. On __ (Without a contract)
47. Legume
50. Slab of artistic plaint blobs
52. "__ in Cleveland"
55. Not yet hatched
57. On: French
58. Not decorated
59. Pale
60. Three, in Tuscany
61. Vex
62. "Relax soldier!": 2 wds.
63. Eggs, in a laboratory
64. "The Desert Babbler" by __ & Wine
65. Waiter
66. 'Pseudo' suffix
67. Spot

DOWN

1. 'Get'
2. Decrease
3. Say "I'm sorry."
4. Big name in computers
5. __-of-honour
6. Another time
7. 1950s American TV adventure series about a Canadian Mountie, "__ __ of the Yukon"
8. That which Loyalists were loyal to: 2 wds.
9. Canadian camera store
10. Hourly pay
11. Winged
12. Kingly
13. What's 'in' now
24. Farewells
25. Legal right
28. More humorously ironic
30. Dodge
31. Set of scenes
32. "__ Your Eyes Only" by Sheena Easton
33. Superman, Man of __
35. Living room pieces
36. "Help __ _ think I'm falling..." - Joni Mitchell
37. Criticize
39. New York hockey player
40. Bewildered stare
45. Revolt
46. Current
47. Transformation-stage insects
48. Related maternally
49. Can do the task better
51. Topsy-__
53. Low ship deck
54. Super small
56. Norwegian king
58. Soft cheese

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Please remember that partnerships and close friendships are where your good fortune lies during the next 12 months. The year ahead is a great time for Aries to get married.

Taurus April 21 - May 21
During the next 12 months, you can improve your job or get a better job. (It's your best chance in over a decade!) Believe this and make the most of this opportunity!

Gemini May 22 - June 21
Grab every opportunity in the year ahead to enjoy a vacation. Your theme for the next 12 months is about pleasure, romance and socializing with others!

Cancer June 22 - July 23
Explore every opportunity to enhance your real-estate situation in the next 12 months. Figure out how you can have a better, happier home.

Leo July 24 - Aug. 23
In the year ahead, you will have more belief in your future and in the power of what you can achieve on a day-to-day basis than you have had in over a decade. You realize now that it's all about attitude.

Virgo Aug. 24 - Sept. 23
In the next 12 months, you can boost your earnings. Believe in this. Look for ways that you can do this.

Libra Sept. 24 - Oct. 23
Once every 12 years, lucky Jupiter is in your sign. This time has arrived and will continue until next November. Enjoy your good fortune!

Scorpio Oct. 24 - Nov. 22
This is a strong month for you because the Sun is in your sign. However, the entire year is a very spiritual time for you because of Jupiter.

Sagittarius Nov. 23 - Dec. 21
It's important to know that in the next 12 months, your interactions with others will benefit you. Make friends. Join clubs and associations. Others will help you!

Capricorn Dec. 22 - Jan. 20
Look for ways to make a name for yourself in the next 12 months, because you can do this. You have a chance to impress people in power like never before.

Aquarius Jan. 21 - Feb. 19
Take every chance to travel in the next 12 months, because this is what you really want to do. You want adventure and a chance to broaden your horizons!

Pisces
Feb. 20 - March 20
You can benefit from the wealth and resources of others in the next 12 months. This also is an excellent time to get a loan or mortgage.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			2		9			
	9					5		
2		1				7		8
3			8		6			1
5			4		7			9
7		6				2		3
		2				1		
			1		5			

EXAMINE YOURSELF

A true believer is one in whom Christ lives which is evidenced by a changed life that bears the precious fruits of the spirit. Moreover, "The Spirit itself beareth witness with our spirit, that we are the children of God." (*Romans 8:16*). Therefore, let the life of Jesus rather than the world be your standard.

For prayers and counseling call the pastor at 587-579-0454

RCCG CHRIST EMBASSY CHURCH
4315 26th Ave SE, Calgary, AB
EMAIL pastor@rccgchristembassy.org
WEBSITE rccgchristembassy.org

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

9	5	3	6	4	1	8	2	7
2	1	7	3	5	8	6	4	9
8	4	6	7	2	9	1	3	5
7	2	1	8	3	6	9	5	4
3	9	4	2	1	5	7	6	8
6	8	5	9	7	4	3	1	2
4	7	8	5	6	3	2	9	1
5	3	9	1	8	2	4	7	6
1	6	2	4	9	7	5	8	3

metro
THE HANDY POCKET VERSION!
Get the news as it happens
Download the Metro News App today at metronews.ca/mobile

TAKE THE BITTER OUT

Add delight.

INTERNATIONAL DELIGHT is a registered trademark owned by WhiteWave Services, Inc.
Manufactured under license in Canada by Saputo Dairy Products Canada G.P. and certain of its affiliates.

BIG4 NOBODY BEATS A BIG4 DEAL.

2016 RAM 1500 SXT QUAD CAB 4X4 16T590

AUTOMATIC • A/C • POWER WINDOWS AND LOCKS
BLUETOOTH CONNECTIVITY AND MUCH MORE!

MSRP: $46,235

UNBEATABLE BIG4 PRICE! **$29,998**

UPGRADE!

2016 RAM 1500 SPORT 4X4 16T599

HEATED SEATS • HEATED STEERING WHEEL • 8.4" TOUCHSCREEN
PERFORMANCE HOOD • REMOTE START AND MUCH MORE!

MSRP: $59,690

UNBEATABLE BIG4 PRICE! **$42,998**

MASSIVE WRANGLER BLOWOUT!

0% FINANCING FOR UP TO **72** MONTHS

ON ALL 2016 WRANGLERS

2016 JEEP CHEROKEE SPORT 4X4 16J175

ALL CHEROKEES ARE AT FINAL CLEAROUT PRICING
DO NOT WAIT... THE 2016'S ARE GOING FAST

MSRP: $31,114

UNBEATABLE BIG4 PRICE! **$27,998**

UPGRADE!

2016 JEEP CHEROKEE LIMITED 4X4 16J133

LOADED WITH:
LEATHER • PANORANIC ROOF • NAV • POWER LIFTGATE & MORE!

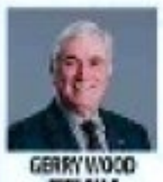
MSRP: $42,644

UNBEATABLE BIG4 PRICE! **$35,998**

CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

7330 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

(403) 451-6193 www.BIG4MOTORS.com



GERRY WOOD
PRESIDENT
WOOD AUTO GROUP

ROB COLEMAN
DEALER PRINCIPAL
21 YEARS

DARCY SCHIMKOUR — SALES MANAGER — 28 YEARS
MARTIN VENNERI — SALES MANAGER — 10 YEARS
SCOTT CLAY — 4 YEARS
JOHAN DEBEUCO — 11 YEARS
HAN KIM — 3 YEARS
JOE CHIARELLO — 4 YEARS
AARON SHORE — 2 YEARS
MICHAEL CYBULSKI — 1 YEARS
PHIL LAWRENCE — 28 YEARS
JOHN QUINLAN — 14 YEARS
BILLY VANSOUR — 3 YEARS
SCOTT SCHIMKOUR — 6 YEARS
TODD CLAYTON — 8 YEARS
JUN HARFASON — FLEET MANAGER — 28 YEARS
CALLUM WOOD — SALES MANAGER — 10 YEARS

*AMVIC LICENSED. ALL OFFERS O.A.C. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. BIWEEKLY PAYMENTS BASED ON 60 MONTHS @ 0% (CHEROKEE LIMITED), AND 96 MONTHS @ 3.49% (CHEROKEE SPORT, RAM) WITH $0 DOWNPAYMENT. COB=$6,449 (RAM SPORT). ALL REBATES TO DEALER (INCLUDING ALL RAM/JEEP LOYALTY/CONQUEST CASH. MUST HAVE A RAM/JEEP OR COMPETITIVE SUV TO QUALIFY AND JEEP CHEROKEE 60 MONTHS FINANCE CASH). VEHICLES MAY NOT BE EXACTLY AS SHOWN. INVENTORY ACCURATE AT TIME OF PUBLICATION. LIMITED TIME OFFERS. SEE DEALER FOR DETAILS.

THE SALVATION ARMY

HOPE IN THE CITY LUNCHEON

THURSDAY, NOVEMBER 17TH • NOON-1:30PM • HYATT REGENCY HOTEL
IN SUPPORT OF THE CHRISTMAS KETTLE CAMPAIGN
TICKETS: https://hopeinthecitycalgary.eventbrite.ca

REX MURPHY
Guest Speaker

WOOD AUTOMOTIVE GROUP
Platinum Sponsor